



# Newsletter



Vol. 2015, No. 4

July 2015

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# From the Editor:



Scott Farquhar

First let me thank our new newsletter “reporters”, April Whicker and Jessica Cunningham. Well ok they didn’t sign on for a long term assignment, but I do appreciate their contributions this month. I also want to thank State CMC Staff member Sarah Gorecki for her contribution and Joe Grim for allowing me to copy a bit of his presentation on mountain weather. All of you will need to remind me to present you with your Ellie Adventure Awards (see From the Editor: January 2015)

Next I would like to welcome the 12 new members that have joined the Fort Collins Group since February (see the next page for a listing). If you need any help in taking advantage of the resources the club has to offer don’t hesitate to contact me or Chris Haugen, our Membership Director. Also see page 21 for how to use the “Quick Trip Search” to find Fort Collins Group sponsored activities on the State Web page. For all of you existing members remember to extend a hearty welcome to any new members you see.

See ya on the trail ..... Scott

# Welcome New Members!

May	June
Matthew McCullough	John Elder
Adele Tschirley	Richard Gonet
Travis Kline	Dawn Hanna
Norman, William Matlin & Lisa Thompson-Matlin	Lee Vuu
Nicole Tobin	Manoj Shrestha

# Message from the Chair:



Ward Whicker on the summit  
of Borah Peak, Idaho's  
highest

The persistently snow-covered peaks of a late spring are finally showing significant areas of bare ground, and the raging creeks and rivers have been dropping toward more seasonal flows. And, spectacular wildflower displays are emerging in a matter of days after the snowpack melts. This means it is time for us to get up into our great alpine areas, even those who seldom venture high when significant snow cover exists. Although I usually manage to get well-above tree line at all seasons, right now is, in my opinion, the most enthralling time of all. Now, one can take close-up photos of a bed of fresh grasses and new alpine flowers, step over a small snowmelt stream, and be on several feet of snow, all in the distance of a few paces. The more distant views have the contrasts of white snow patches, dark rock, green meadows, and blue sky. A simply dazzling time to be up there!

We have many leaders in our Group who have the skills to lead trips into such gorgeous alpine settings at this time of year. . They have the knowledge to offer rewarding and safe travel for those who might lack the experience to tackle off-trail settings riddled with steep snowfields, drifts of soft snow that won't support your weight, snow bridges over foaming creeks, wet snow avalanches, boggy meadows, muddy hillsides, downed trees and hungry mosquitoes. So if you are hesitant because of such potential obstacles and dangers, try to join the hikes of our well-seasoned leaders and you will be amazed at the beauty of early summer in the alpine.



# Message from the Chair: (cont.)

In terms of trip leadership and safety in our Group, several people are in the process of becoming trip leaders, which we hope will lead to more trip offerings to the membership. For example, Kim Cunningham, who is in the process of completing both the Mountain Hiking School and the Alpine Scrambling Course (ASC), recently became an official leader in the CMC under the mentorship of Scott Farquhar. Peter Gill, who is currently a Senior Instructor in the ASC, will do his Leader-in-Training requirement with a snow climb of North and South Diamond Peaks under the mentorship of Kevin Willey and myself. Several others hope to complete leadership requirements this summer & fall. As to safety, the Fort Collins Group plans to purchase a high quality personal locator beacon that trip leaders can check out for adventurous off-trail trips. These devices can lead to prompt rescues when required.

I am very proud of our CMC Group. We have a terrific slate of officers who form our Council and work hard to serve members. We offer many and varied trips as well as several high-quality courses and workshops, and our monthly programs are excellent and well-attended. Alan Arnette, who has climbed some of the highest peaks in the world, will present a talk at our Annual Meeting in the fall. He is a very captivating and entertaining speaker. Finally, I keep hearing from the CMC leadership at the State level, that our Fort Collins Group appears to function as well or better than most if not all other Groups across the State. Somehow, I'm not surprised to hear this.

Ward Whicker

# New Trip Leader

By Scott Farquhar



I am happy to congratulate Kim Cunningham on becoming a new leader for the Fort Collins Group. Kim completed her leader-in-training (LIT) hike to Bridal Veil Falls on June 14. Kim has always been interested in the outdoors, but just recently she decided it was time to “kick it up a notch” and get out more. She and her family joined CMC just last October and she quickly got involved in the Fort Collins Group by signing up for the Mountain Hiking School. To further expand her comfort level Kim is also participating in the Alpine Scrambling Course. Originally Kim’s intent in taking these courses was to gain knowledge

necessary to better lead her family in the outdoors, but she quickly “caught the bug” and decided she wanted to also become a Fort Collins Group Leader. She completed her Leadership Training, Wilderness First Aid and CPR courses earlier this year and was ready to start planning the LIT in late May. Her original LIT hike was to be from Bear Lake to the Fern Lake trailhead. However, after a review of conditions with RMNP personnel she determined that this hike, while still doable, would be much harder than advertised and probably not an enjoyable experience for all the participates. Kim quickly changed the trip to Bridal Veil Falls which turned out to be a rousing success (see the Trip Report her daughter Jessica has graciously written in another section of this newsletter).

Now that she is a Trip Leader, Kim plans to lead as many trips as her family business allows. At this time Kim mostly plans to lead A and B trips, but you never know what will happen as she gains confidence. She already has another trip on the schedule in early July! Next time you see Kim make sure to congratulate her.



# It's Lightning Season!

By Scott Farquhar

It's baaacckkkkk! Yes, the 2015 "Lightening Season" is upon us so it is time to be aware of the hazard that lightening presents when hiking in the summer. Since I am not an expert on the subject I have ~~stolen~~ leveraged (boy that is a "corporate term I have not used in a while) five slides from the presentation Joe Grim gave during the May Program at the Senior Center. Note if you did not make the program I highly recommend that you access the entire presentation at [http://joeandfrede.com/wx/wx\\_bookmarks.html](http://joeandfrede.com/wx/wx_bookmarks.html) , the presentation is the file called "Weather Preparedness While Hiking in the Mountains".

Thank you Joe for allowing me to share this information



# Excerpt from “Weather Preparedness While Hiking in the Mountains”

By Joe Grim

**Keep an eye on the weather during your hike**

**In thunderstorm season,  
what should you look for?**

- ◆ **Watch cloud development**
- ◆ **Note wind direction**

## Excerpt from “Weather Preparedness While Hiking in the Mountains” (cont.)

### How to recognize potential thunderstorm clouds

- 1. If you have seen lightning or heard thunder in past 30 minutes, expect any cloud of decent size to be capable of producing lightning**
- 2. Look for rain streaks coming from bottom of cloud**
- 3. Look for vertical development**
- 4. When the clouds get very tall, look for the formation of a wispy “anvil” at the top**

An “anvil” indicates that the top of the storm is very high in the atmosphere where ice is present – a key ingredient for lightning

- 5. Look for cauliflower cloud sides and/or tops**
- 6. Look for dark cloud bases**

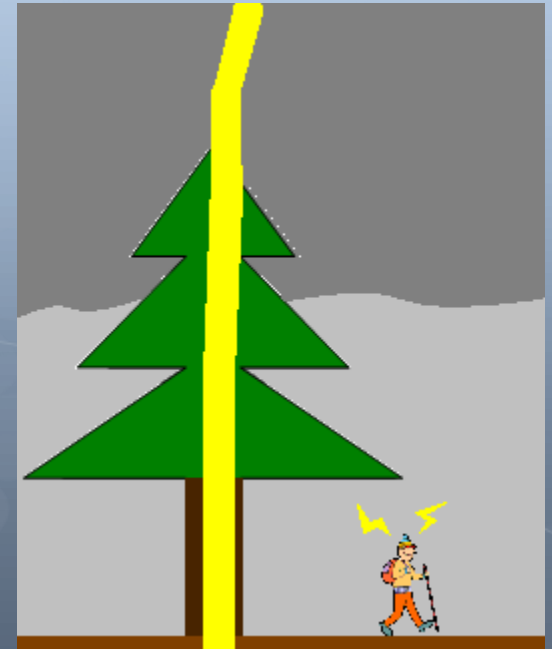
lightning can strike at any time if any of these conditions are matched, but the more of these characteristics you see, the more likely it is for there to be lightning

## Excerpt from “Weather Preparedness While Hiking in the Mountains” (cont.)

# Thunderstorms and Lightning

- ◆ **No place outside is *entirely* safe!**
- ◆ **There are some places that are more dangerous than others**
  - **On summits and ridges**
  - **By or below lone or tall trees**
  - **Anywhere in the open**
  - **In or on the water**

The average lightning flash would light a 100 watt light bulb for 3 months!



Excerpt from “Weather Preparedness While Hiking in the Mountains” (cont.)

**What should you do if you think lightning is about to strike?  
e.g., your hair stands on end?**

**◆ DO NOT PANIC**

**- Head to a safer area at a brisk but SAFE pace**

**◆ You'll go a lot slower if you twist an ankle!**

**◆ If possible, get out of the open and away from any tall objects ASAP**

**◆ If with a group, spread out >15 ft., but don't get separated**

**◆ If not possible**

**- crouch down in a low spot with only your feet touching the ground**

**- avoid touching metal objects (e.g., hiking poles)**



Excerpt from “Weather Preparedness While Hiking in the Mountains” (cont.)

## **What to be aware of while on your hike**

◆ **Get back below timberline before storms form – not once they do!**

- **A significant minority of strike victims are struck by the first bolt from a storm**

◆ **Even if a nearby storm appears to be moving away, don’t push your luck**

- **Movement of clouds within a storm is often different than the movement of the entire storm**
- **The complex flow within the mountains can make for erratic storm motions and winds**
- **Ongoing storms can quickly trigger new storms nearby**

# Fort Collins Group Annual BBQ June 24th

By April Whicker

The sun finally poked through the clouds just in time on June 24 for the start of our annual Fort Collins CMC BBQ! The evening was beautiful and the food and the people were even better. About 50 people attended the potluck held at Rolland Moore Park.

Photos by April Whicker





# Fort Collins Group Annual BBQ (cont.)

Photos by April Whicker



New members and old members mixed, mingled and traded stories of hiking, travel, and injuries over dinner. Burgers, veggie burgers, and brats were cooked by master grillers Bob Dietz (Program Director) and Ken Dunnington. Excellent salads, side dishes, and yummy desserts were brought by CMC members to complete the menu. Bob Dietz, Linda Brisbane and Laurie Falladori planned the picnic, setup it up, prepared the food, cleaned up and generally worked hard to make it all happen. We appreciate them and thank them for all their efforts. If you didn't make it to the BBQ this year, be sure to put in on your calendar for next year! Be sure to check out the full set of photos on our Facebook page, <https://www.facebook.com/groups/fortcollinscmcgroup/>

# Larimer Co. Search and Rescue

By Jill Reynolds

*Editors Note: The following article was provided by Jill Reynolds who is associated with the Larimer County Search and Rescue (LCSAR) organization. She asked if I could share this article and help get the word out on their upcoming Open House/Fund Raiser on July 18th. Although this newsletter is generally dedicated to our own activities, I was happy to "stretch the rules" a bit in this case due to the great work that LCSAR does for all of us that spend a lot of time in the woods. We depend on LCSAR to be there when things go terribly wrong and we need to be there for them. See page 20 for details related to the open house.*



There are 96, identical, small, black Motorola pagers scattered throughout Larimer County. They are in Red Feather Lakes, Fort Collins, Estes Park, Loveland, Livermore, Windsor, LaPorte, Wellington, and Timnath. They are carried in pockets, purses, backpacks, cars, bicycle bags, and briefcases. The folks who have them are teachers, students, authors, computer programmers, retirees, managers, retailers, engineers, massage therapists, artists, and attorneys. Some are in their 20's. Some in their 70's....and everywhere in between.

As diverse as these people are, there is one thing they all have in common. When the small, black pagers go off, a simple message is concisely communicated to all.

Someone needs help.

# Larimer Co. Search and Rescue (cont.)

It could be a lost hiker, a missing child, a runaway teenager, or an Alzheimer's patient. Maybe someone is stuck out on a high, rocky, ledge with no way up or down. It could be a fallen climber. Hunters might be caught in an unexpected blizzard. Perhaps a horse returned to the trailhead parking lot without its rider! It could be stuck snowmobilers, mountain bikers who went over the handlebars, mushroom hunters, geocachers, snowshoers, skiers, fishermen, campers. Sometimes there are darker scenarios... drunks, drug addicts...or a cancer patient who has simply had enough.

It's large events like floods and fires. It's small events like moving traffic or relaying radio messages. It's providing food and clothing as well as hugs and reassurances. No matter what the weather, season, time of day or night, members of Larimer County Search and Rescue go, when people need help. What's more....they love it!

LCSAR President, John Lee tries his best to explain it. "Basically you have a group of very good hearted people who put themselves in harm's way for complete strangers." He says. "Team members give up time with their families to give to others....to be helpful. They are often in extremely challenging situations both physically, mentally and emotionally. It takes a toll."



# Larimer Co. Search and Rescue (cont.)

LCSAR members may devote up to two hundred hours a year as volunteers. If not on missions, it might be specialty trainings related to technical rescue, certifying SAR dogs, tracking, or improving their backcountry medical ratings. You'll find them doing safety talks in schools, and working with scouts to learn backcountry skills. They have committee meetings, board meetings, search manager meetings, new member meetings, and fundraising meetings.

Fundraising? You bet. While LCSAR works under the direction of the Sheriff's Office, they are a separate 5013C responsible for raising their own operational funds. This comes in the form of donations, memorials, special events, and grants. Members even pay dues to support the team.

As volunteers, they use their own transportation, and pay their own way on gas, food, all outdoor gear and equipment, training expenses, and tuition for classes and conferences. They are not reimbursed. Lee has several other things he wants the public to know about Larimer County Search and Rescue. "Number one, we never charge for search and rescue. This is a free service. Secondly, don't delay calling us if something seems wrong. The sooner we are called, the quicker the resolution. And finally, remember that for all the things we go through to train and prepare, we love doing this! It is our great pleasure to be of service." Ask John Lee what is most special to him about this work, and he'll say without hesitation, "Seeing families reunited."

Well done!

# LCSAR Open House

## You're Invited !

You and your family can support LCSAR by attending a pancake breakfast and open house on Saturday, July 18 from 8:00 a.m. to noon at 1303 N. Shields. In addition to a fantastic breakfast prepared by the Fort Collins Lion's Club, you'll be able to see search and rescue dogs, tracking demonstrations, rescue rigging, first aid skills, and wilderness safety skills. Please bring your friends, neighbors, co-workers, and out of town visitors!

See ya there!

# Did you Know?

## Quick Trip Search

Well you learn something new everyday! (Well, at my age you also forget something everyday too, but that is another story). A quick way to check on trips is to go to [cmc.org](http://cmc.org) and click on “Quick Trip Search” near the top of the page in the middle. You can do a variety of searches, but I usually type in the date range of interest then in the “Group box” pick Fort Collins and hit the “Apply” button. You quickly get all the Fort Collins Group activities.

Hmm, wonder what I will learn tomorrow?

**COLORADO  
MOUNTAIN CLUB**  
— Since 1912 —

# Did you Know?

## More Links from Members

Thank you Jeff Bisko for providing the following links.

A site where you can get information and weather forecasts for mountains all over the world! You just use the pull down menus to select your location of interest. Who knows when you will need the weather for the Siberia Range (oh, you can also get the Rockies)

<http://www.mountain-forecast.com/peaks/Mount-Evans/metar>

An interactive site which gives information on snow depth, snow water equivalent, precipitation, and other water related information. Ok, maybe it might not help on a trip, but it lets you know if you will be able to drink water this summer! Just an interesting site

<http://www.wcc.nrcs.usda.gov/webmap>

# Did you Know?

## Maps for your GPS

While planning a trip to Washington State I asked around about Garmin compatible maps available for free on-line for my GPS. Thanks to Jim Larkey And Steve Martin here is what I found. I am sure others can provide more information, so feel free to contact me and I will share what you know in future news letters.

The site they recommended is called GPSFileDepot at

<http://www.gpsfiledepot.com/maps/state/all>

On this site there are topo maps available for all over the United States. In the table of maps available for downloading it indicates what information is available on those maps (a portion of the table is shown on the next page). Notice that all of the maps may not contain the information you are looking for. Also note that some of the maps are free and others are not. In my case I had to download topographical maps of Washington and Idaho that did not include trails and a trails map for the Northwest did not contain topographical information. I downloaded these to Basecamp, the Garmin software that came with the Southwest Garmin Maps I had purchased. Once in Base camp I was able to add waypoints to them then upload the information to my GPS. All of the information shows up. The only problem I have is I can not pull up all three files on my computer in Basecamp to print a map. Oh well you can only learn so much at once.



# Did you Know?

## Maps for your GPS (cont.)

**GPSFileDepot**

Search

[Home](#) [Custom Maps](#) [Tutorials](#) [Image Hosting](#) [Tools](#) [Forums](#) User:  Pass:  [Login](#) | [Register](#)

### All U.S. Garmin Compatible Maps

Welcome to the list of Garmin compatible maps for the United State of America. Click on a row for more info about a given map or filter the list to get exactly what you want.

Narrow maps to a U.S. state:

**Filter Results:**  
You can limit the list below to just maps containing the features you want by checking or unchecking these boxes and hitting Filter:

☐ Topo Data ☐ Road ☐ Trails ☐ POIs ☐ Marine Features ☐ Transparent Map ☐ Raster Map  
☐ Routable ☐ Garmin Custom (CO, OR, DA) ☐ Editor's Choice

Map Name	Topo	Roads	Trails	POIs	Marine	Transparent	Raster	Routable	Garmin Custom Map	PC	Mac	EZ Install	Free	Editor's Choice
<a href="#">Gila National Forest trails/roads</a>	-	✓	✓	-	-	✓	-	-	-	✓	-	✓	✓	-
<a href="#">Acadia National Park - Mt Desert Island, Maine</a>	✓	✓	✓	-	-	-	✓	-	✓	✓	✓	-	✓	-
<a href="#">Adirondacks High Peaks</a>	✓	✓	✓	-	-	-	-	-	✓	✓	✓	-	✓	-
<a href="#">Alabama Topo</a>	✓	✓	-	✓	-	-	-	-	-	✓	✓	✓	✓	★
<a href="#">Alabama Topo with Public Lands and Land Owner Names</a>	✓	✓	✓	✓	-	-	-	-	-	-	-	-	-	-
<a href="#">Alabama Wildernesses</a>	-	-	-	-	-	✓	-	-	-	-	-	-	✓	-
<a href="#">Alaska GMU's - BIG GAME MANAGEMENT UNITS Transparent Map</a>	-	-	-	-	-	✓	-	-	-	-	-	-	✓	-
<a href="#">Alaska Topo</a>	✓	✓	-	✓	-	-	-	-	-	✓	✓	✓	✓	★

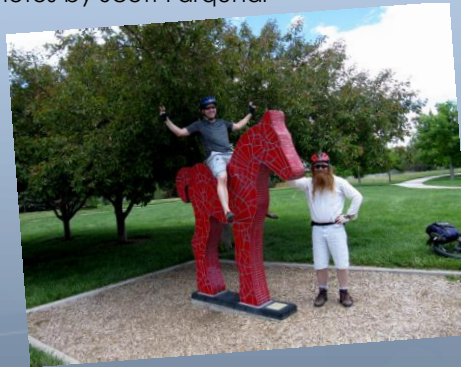
# Trip Report – Art in Public Places

## 6/7/15

By Scott Farquhar

York led another great Art in Public Place Bike ride! I think it has been four years in a row ... .but who is counting. This year we saw art in the Creekside Park, Gardens on Spring Creek, the Senior Center, Spring Creek Trail, Cottonwood Glen Park, Spring Canyon Park, Mason Trail, the South MAX Transit Center, Fossil Creek Trail, Ridgeview Park, Fossil Creek Park, Homestead Park, Council Tree, the Power Trail, Edora . ..... ok, I have to admit I don't remember it all. However, I do remember it was once again GREAT.

Photos by Scott Farquhar



If you have not been on this trip you should beg York to do it again next and sign up.

For more information the background on Fort Collins Art in Public Places go to <http://www.fcgov.com/artspublic/app-overview.php>

For a printable map of Art in Public Places <http://www.fcgov.com/artspublic/pdf/app-map-2015.pdf>

For a printable map of Downtown Transformer murals

<http://www.fcgov.com/artspublic/pdf/artinthealleysmap15-downtown.pdf>

For a printable map of Pedestrian Pavers

<http://www.fcgov.com/artspublic/pdf/paver-map-2010.pdf>

# Trip Reports – Bridal Veil Falls 6/14/15

By Jessica Cunningham

This was Kim Cunningham's Leader In Training (LIT) hike, and was co-lead by Scott Farquhar. Including leaders we had nine in attendance. We met some new faces from the Denver group and an out-of-stater here for school, they were wonderful additions to the group.

We arrived at the trail head at the perfect time, taking the last two parking spaces available. We had our introductions and then started our hike right on time: 8am! The trail started off on the up-hill, passing historical McGraw Ranch and a restroom before we headed off on our adventure. It continued uphill, though not too drastically, for awhile before it leveled off and then going up in segments, going up and leveling off repeatedly. We passed the Rabbit Ears campsite, a truly unique rock formation that looks like a rabbit head! A bit further down the trail Scott pointed out Dark Mountain in front of us.

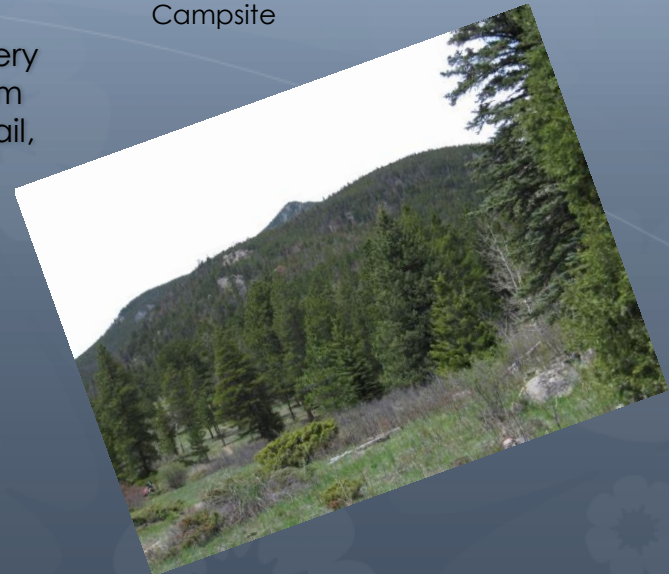
Chipmunks and ground squirrels were to be seen scurrying about at every turn and bend in the trail. The river that led to the falls was never far from sight or sound. Everyone was excited to see some Primrose along the trail, along with countless other lovely wildflowers.

Photos by Scott Farquhar

Dark Mountain



Rock formation near Rabbit Ears Campsite





# Trip Reports – Bridal Veil Falls (cont.)

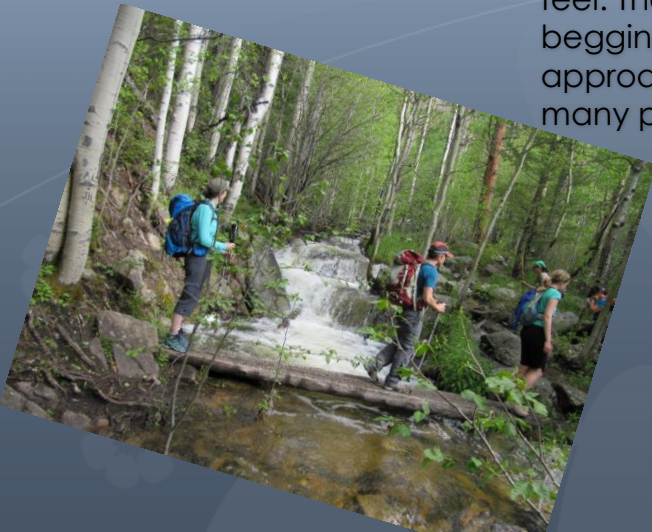


“Bonus” falls along Cow Creek

At just past the halfway mark we entered an aspen forest, and reveled in the shade and moist cool the trees and nearby river provided. There were several points where we crossed the river over solid, sturdy wooden bridges. As the river was quite full and boisterous, it was spilling over its usual banks in places.

As we neared the top of the falls we did a small amount of scrambling, only to find the trail again on the other side and prepared to begin the rock staircase. Passing a few smaller falls along the way to keep us motivated as we ascended the stairs, but the top was worth the perseverance. The falls were beautiful! And as full and boisterous as the river below, it encompassed a larger area of rock than it usually does, making scrambling around the falls, as many do during this time of year, not as safe. It was covered in water and slick water moss.

We had our lunch right next to the falls, we couldn't get any closer unless we wanted to sit inside it. This gave our picnic lunch a more intimate with nature feel. The Ground squirrels and chipmunks were camping out up here with us, begging for crumbs and trying to steal our lunches from us, they dared to approach within inches of us. They were absolutely adorable, I know I took many pictures of the little rascals.



Crossing Cow Creek

Photo by Kim Cunningham



The Lunch Bunch

# Trip Reports – Bridal Veil Falls (cont.)



Bridal Veil Falls

We quickly took a group shot and then began our descent. Going down, especially the steep stone stairs and the small portion of scrambling, was slower than our ascent. But everyone made it safely and happily. We made it back to the trailhead by 11am, with everyone being in high spirits we decided to spend some time at a coffee shop in Estes Park where we had tea, coffee, smoothies and chai. Then we all returned to our respective meeting points and were able to kick-back for the remainder of the Sunday.

Kim has now successfully completed all of the requirements for LIT and is now a leader for CMC (see article in newsletter). Many thanks to Scott and Kim for making this hike happen, and to the wonderful group we had in attendance! Happy Hiking!

Photos by Scott Farquhar



Happy Hikers



Lunch Guest  
Photo by Kim Cunningham



# Trip Reports – Tour de Greyrock 5/30/15

By Scott Farquhar

*"What is the Tour de Greyrock?" I hear you ask (ok I just imagine I hear you asking). Well, the Tour de Greyrock is what I call this hike because it goes off trail to summit four peaks in the area around Greyrock, while pretty much avoiding the crowds on the main peak! It is the second time I have participated on this hike, but it is such a classic that I believe it warranted another write up in the newsletter.*

Stats; 9.7 miles, 3500 ft elevation gain, Time on trail 9 hours  
Leader: Steve Martin, Co-leader Terri Gerard,

Based on a scouting trip, Steve Marin knew the snow was wet, deep and basically lousy at higher altitudes. This would have made the Castle Rock Trip planned for May 30th unsafe and unpleasant. However since the weather was predicted to be outstanding, Steve and Terri decided to make a change in venue to a "classic" hike at lower elevation. Due to the trip distance and elevation gain the group started out at the Greyrock trailhead early. We walked up on the main trail then cut off on the Meadows trail. Along the way we were rewarded with views of Greyrock to the east. Near the high point on this trail the group cut off trail to the west and scrambled to the 7,180 ft summit of "Southwest Greyrock". The sun was shining, the sky was blue and the views were great, after enjoying the view and snapping a few photos the group moved on in anticipation of things to come.



A view of Greyrock from the Meadows Trail



Striking a pose below the Aiguille

Photos by Scott Farquhar

# Trip Reports – Tour de Greyrock (cont.)

After coming down off the summit Steve steered us back on trail. We descended on trail down to the large meadow just south-west of Greyrock. Here instead of continuing to follow the Meadows Trail to the intersection of the Greyrock Trail, and the throngs of people hiking it on a weekend, the group cut off trail and contoured below the “Aiguille du Greyrock”. The group then climbed up a drainage between the Aiguille and “North Greyrock” to a saddle between the two summits. After a short rest to catch our breath (and take a few more photos) we contoured on the west side of a ridge to avoid a false summit. Southwest of the summit we made the final class 3 scramble up to the top of “North Greyrock”. From the 7681 ft summit we took in the 360 ° views and looking down on the top of Greyrock we all agreed (aiguilled?) how great it was to be out “on our own” in such a wonderful place.

Steve reminded us we still had two peaks to go so after soaking in the view we retraced our steps back down to the saddle then made our way up a ridge toward the Aiguille. After a bit of scrambling we reached the base of the pinnacle. Here the group did a bit of “non-technical” class 4 climbing on the north side of the shear tower to the 7456 ft summit of the Aiguille. On top there were high fives all around as we congratulated each other on the climb. Once again we marveled at the view before settling in to have a bit to eat.



Photo by  
Scott Farquhar

Scrambling up the  
Aiguille.



# Trip Reports – Tour de Greyrock (cont.)

The climb down the tower was exciting and thankfully uneventful. Once down off the pinnacle the group descended straight down towards the meadow. We skirted around the wet sections of the meadow, stopping only to take photos of some of the many wildflowers. After crossing the meadow we intersected the Greyrock Trail and followed it to the bench below the summit of Greyrock. After saying hello to a couple of fellow Fort Collins CMC members that had been doing some technical climbing, we continued on trail for a bit before heading south-east up towards the summit of “South Greyrock”. At our final summit even though it was only 7309 ft we were rewarded with great views directly down the Poudre Canyon as well as views of the mountains to the west and the city to the southeast.



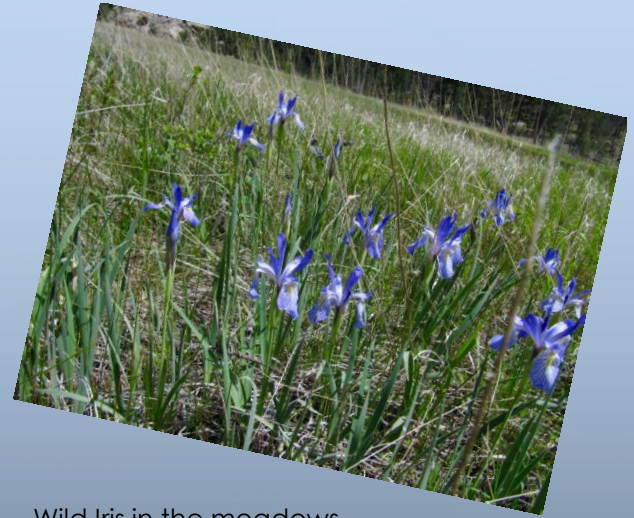
Photos by  
Scott Farquhar

What climbs “up” must  
climb “down”.



# Trip Reports – Tour de Greyrock (cont.)

Once the group had taken in the views completely we started directly downhill to the northwest. After descending a bit over 600 ft we intersected the main Greyrock trail. From here the group walked on trail with the crowds down to the trailhead, but the crowds did not bother this group of happy hikers. No, they were still entranced by fond memories of the day's experiences on "The Tour de Greyrock"!



Wild Iris in the meadows



Photos by  
Scott Farquhar

One of the many views of  
the Rockies during the day.

# Meeting the CMC State Staff Members

Now that we have met all the Fort Collins Council Members I am starting a new series on meeting the State Staff Members. This month covers Sarah Gorecki the Director of Publishing

## Sarah Gorecki, State Director of Publishing



Sarah Gorecki  
Director of Publishing

### 1. Can you provide a bit of your background?

*I joined the CMC in November 2009. From 2009 to 2014, I served as Development Director, transitioning into a new role as Director of Publishing in April 2014. Prior to CMC, I spent two years as the Deputy Director of Colorado Environmental Coalition and five years at the Colorado Fourteeners Initiative, doing everything from designing fourteenner trails to managing field crews and raising project funds. I earned my bachelor's degree in philosophy from Colorado College in 1995, and a masters degree in nonprofit management from Regis University. I'm an avid telemark skier, hiker, fourteenner climber, nordic skier, trail runner, and cyclist. I participate on many of these activities as a member of the Denver Group.*

### 2. Can you outline your responsibilities as Director of Publishing?

*My responsibilities as Director of Publishing are to publish CMC Press guidebooks (we have 46 titles in print and come out with 4 to 5 new books each year), to keep CMC Press books up to date and in print, and to publish Trail & Timberline magazine, which comes out quarterly.*