



July 2015 | No. 214

# Pikes Pique

## The Newsletter of the CMC Pikes Peak Group

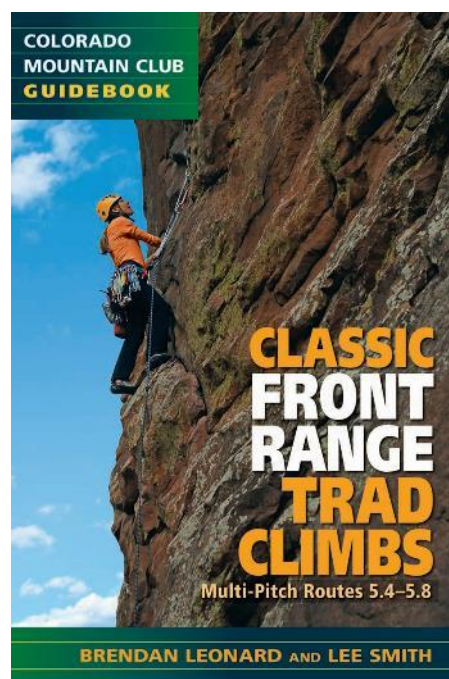
### Pikes Peak Group Monthly Program – July 21<sup>st</sup>

#### Brendan Leonard and Lee Smith Present: *Trad Climbing Slideshow*

Join us at 6:30 p.m., Tuesday, July 21<sup>st</sup>, at Mountain Chalet, 226 N Tejon St, for a free trad climbing slideshow from Colorado Mountain Club Press authors Brendan Leonard and Lee Smith of the American Mountaineering Center in Golden.

Leonard and Smith will tell stories and share beta from some of their favorite climbs from their new CMC Press guidebook, *Classic Front Range Trad Climbs: Multi-Pitch Routes 5.4–5.8*, detailing 40 multipitch routes in Lumpy Ridge, Boulder Canyon, the Flatirons, Eldorado Canyon, Elevenmile Canyon, Garden of the Gods, and other areas. They have thus far survived climbing with each other for seven years, and when they have not succeeded in summing, they have still succeeded in having fun. They think every climber could use a little adventure and are excited to share their new book. Autographed copies of *Classic Front Range Trad Climbs* will be available at the CMC member discounted price.

Brendan Leonard is a contributing editor at Climbing magazine, and has been climbing trad routes in the Front Range ever since Lee Smith showed him how to place gear. Lee Smith is a longtime Front Range climber and mountaineer, often recruiting unsuspecting climbers for their first trad route.



### CMC Member Discounts

[Adventure Medical Kits](#)  
[Ajax Bike and Sport](#)  
[American Mountaineering Museum](#), Golden  
[Bent Gate](#), Golden  
[Breckenridge Nordic Center](#), Breckenridge  
[Frisco Nordic Center](#), Frisco  
[Golden Bike Shop](#), Golden  
[High Mountain Lodge](#), Winter Park  
[Ken's Anglers](#)  
[Moosejaw](#)  
[Mountain Chalet](#), Colorado Springs

[Mountainsmith](#)  
[Neptune Mountaineering](#), Boulder  
[ROCK'n & JAM'n](#)  
[Rocky Mountain Popcorn Factory](#)  
[Summit Terragraphics](#)  
[The Custom Foot](#), Englewood  
[The Mountaineers Books](#)  
[The Trailhead](#), Buena Vista  
[TrailRunner Magazine](#)  
[Vagabond Ranch Huts](#)  
[Wilderness Exchange Unlimited](#), Denver



For details visit the [Member Benefits](#) section of the CMC web site.

## Your PPG Council

**Chair** – Collin Powers  
719-685-2470, powerscollin@yahoo.com

**Past Chair** – Rick Keetch  
719-634-1165, rakeetch@msn.com

**BMS Director** – Mike Erickson  
719-482-5062, Michael.Erickson@yahoo.com

**Co-Director** – Tony Eichstadt  
740-601-3611, teichstadt@comcast.net

**Conservation** – Tom Mowle  
719-216-3932, tommowle@yahoo.com

**Education & Training** – Eric Hunter  
719-266-9647, ehunter67@yahoo.com

**Equipment Manager** – Tom Mulcahy  
719-482-8821, thomleonmul@hotmail.com

**Membership** – Dean Waits  
719-445-0263, dwaits24@gmail.com

**Newsletter** – Dave Anderson  
719-484-9069, danderso@uccs.edu

**Outings** – Chris Mattingly  
719-268-6774, jamescmattingly@comcast.net

**Programs** – Roger Kilcoyne  
719-323-3740, rdk9689@hotmail.com

**Public Relations** – Kristen Buckland  
419-260-7807, buckie06@hotmail.com

Assisting – Neil Butterfield  
337-258-2365, neil.butterfield@yahoo.com

Assisting – Christie Lee  
719-635-2336, christie80905@gmail.com

**Safety & Leadership** – Paul Schoell  
719-440-7777, 4paul2@gmail.com

**SESI** – Christie Lee  
719-635-2336, christie80905@gmail.com

**Sergeant at Arms** – Rondi Burgess  
719-360-1010, Rondiburgess@comcast.net

**Treasurer** – Jackie Crouch  
719-231-3513, jcrouchrn@mac.com

**At Large:**

Carrie Graff  
410-507-9646, graffcd@gmail.com

Scott Kime  
719-235-0939, scott.kime@live.com

Greg Long  
719-659-0345, at\_90@yahoo.com

Yolanda Mason  
youdew@aol.com

Mary Mourar  
719-633-2614, marym525@yahoo.com

Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

## Welcome New PPG Members!

Carl Redick  
Marilyn Russ  
Patrick Lavin  
Jonathan Wiley

Brent Green  
Amy Ragsdale  
Brandon Ragsdale



At Fern Lake in RMNP on 6/9. L-R: John, Gale, Mariko, Leslie, Dean, and Jeff.  
Led by Dean Waits.

## Mountaineering Group

The Mountaineering Group attended the first Mountaineering Seminar on June 11<sup>th</sup> with 16 eager climbers. Twenty five had signed up, but flood warnings may have dampened some folks. Climbing experience varied from very little to very experienced, so the whole spectrum was present. We are starting off with a Grays and Torreys climb in July and hopefully some of the other easy to moderate 14ers will be offered throughout the summer. A trip to Chicago Basin will be offered in late July for those climbers with Class 3 experience. We will be asking Trip Leaders to offer some mountaineering type trips that appeal to the less experienced climbers in July and August so they can get their interest piqued, so to speak. This group is getting off to a great start! Contact [Chris Mattingly](#) if you would like to put your name on the list for another seminar or climb a mountain with us.

Remember that education can be acquired fairly quickly, but physical conditioning and experience takes longer to attain and needs constant "updating". Our purpose continues to be getting members on the mountains, and no matter what your fitness level is, there is a mountain for you!!



## CMC Council Member Profile

### TONY EICHSTADT



Tony on the summit of Mt Rainier

*What is your role on the CMC Council?*

Past Membership Chair and current BMS Co-Director

*What CMC activities do you teach?*

BMS Wilderness Fundamentals, BMS Land Navigation, BMS Alpine Snow, BMS Rock Climbing, and BMS Ice Climbing

*How long have you been a member?*

4.5 years

*What is your general outdoor background?*

Marathoner, triathlete, and road cyclist for many years when younger. Backpacking all over the western USA during the last 15 years. Climbed 22 of the Colorado 14ers plus Mt Rainier.

*What is your career?*

Chemical Engineer by training. Currently retired. Worked for DuPont for 36 years in manufacturing locations across the Eastern USA plus Singapore.

*Favorite outdoor activities?*

Climbing snow, ice, rock, and 14ers, and backpacking

*What is your favorite place in Colorado?*

My favorite mountain range is the San Juan's as they are absolutely spectacular. There are two camp sites on the Lost Creek where the creek emerges from under huge rock formations that are very hard to beat.

*What is your favorite local hike or local crag?*

My favorite local area to hike in the summer is on the southwest slopes of Pikes Peak (east and west forks of the West Beaver Creek, McReynolds Peak, Sheep Mountain area) as almost no one goes there. My favorite local backpacking area is the Lost Creek Wilderness. My favorite local climb is Sentinel Point in the winter from Horse Thief Park.

*What's your #1 best camp food?*

I'm not much of a camp cook. I normally eat freeze-dried food out of a bag which is pretty bland, but a little Cayenne pepper does help it out.

*What is your worst experience camping or climbing, where everything that could go wrong did?*

In 1988 while on vacation in Colorado, I took my two oldest sons up Red Cloud Peak in the San Juan's near Lake City. I had no clue what I was doing. I was much like the tourists that we all see hiking up the Barr Trail every summer. I had poor maps, no GPS, too little water, improper clothing, improper footwear, inadequate emergency gear, and we were not acclimated to the elevation. We survived but it was not pretty.

*What is your dream hike or dream climb?*

I'd like to finish climbing the Colorado 14ers. The most difficult ones in particular.

*Where are places want to hike, or climbs you want to do this summer?*

I will join several of the 14er outings that are part of the PPG Mountaineering initiative started by Chris Mattingly. I plan to climb Pyramid Peak on a CMC trip led by Mark Silas in early July and then hike into Chicago Basin on a CMC trip led by Chris Mattingly to climb Eolus, N Eolus, Sunlight, and Windom later in July. I hope to climb several other 14ers in August. In early September, I have some former work colleagues coming out to backpack in the Lost Creek Wilderness. After the backpacking trip, we will climb several of the 14ers in the Sangres. I will also hike with Eric Swab's Tuesday hiking group all summer.

*What outdoor activity are you just plain bad at, no matter how many times you try?*

I enjoy rock climbing a lot, but the fact is that I'm very uncoordinated on the rock. I've learned a lot about the technical aspects of climbing gear, ropes, knots, anchors, etc., but I still climb by brute force with poor technique and not finesse. I need to take a movement class to improve my technique. Perhaps starting rock climbing at age 60 was not optimum, but hey, it's still a blast and I figure that starting at any age is better than not starting at all!

*You have a free month to go anywhere in the world and hike or climb. Where would you go?*

I'd love to hike around Mt Blanc and in the Dolomites. I've never done any hiking or climbing in Europe.

*Best CMC trip you've been on?*

Hands down, my most enjoyable and memorable CMC trip was the 2014 HAMS climb of Mt Rainier led by Greg Long. We had a wonderful group of people on the trip who were fun to be around. We did a tremendous amount of preparation (physical, planning, gear, etc.) and we had fantastic weather for the climb. The climbing conditions and the views from the summit were spectacular. This was a "Bucket List" trip.

## Conservation Corner

### CMC Stewardship Project, Badger Flats Habitat Restoration July 27 & 28

The CMC has partnered with the Pike National Forest on the Badger Flats Habitat Restoration Project. This beautiful area, less than 50 miles from Colorado Springs, has been growing in popularity, but an extensive network of user-created routes is destroying native vegetation and fragmenting local wildlife habitat. CMC is working closely with the Forest Service to mitigate recreational impacts and provide safe, sustainable access for users. Join us for one day or two on this stewardship event to prevent further damage to these critical habitat areas.

Volunteer crews will help address wildlife habitat degradation by installing signs, constructing natural barriers and fences, re-seeding, inventorying, and closing non-system roads and trails. A camping area will be set up. Register on the [CMC web site](#) or contact the CMC Stewardship Team at [stewardship@cmc.org](mailto:stewardship@cmc.org).



PPG members on top of Hindman Dome: Bryan Scott, Denise Snow, Steve Jacob, Tom Mourar, and Trini Garza (kneeling)

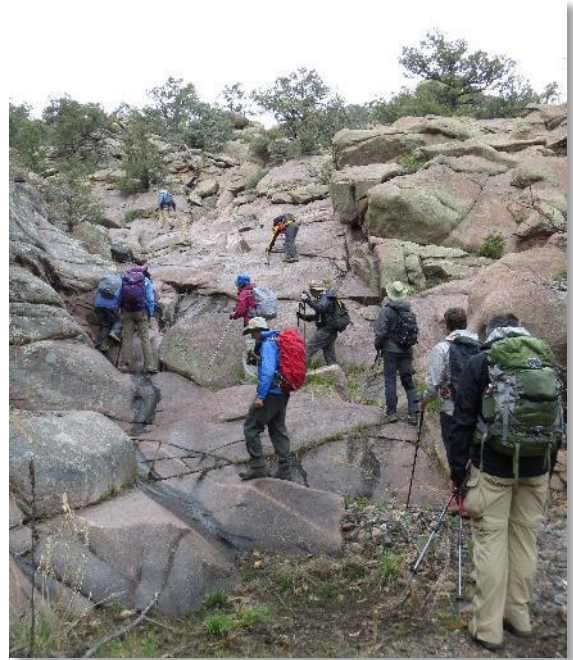
### July 8 Workshop on BLM Planning for Nearby Wildlands

One of the public lands initiatives for the CMC Conservation Department is the Bureau of Land Management's Eastern Colorado Resource Management Plan. The title doesn't sound exciting but the plan covers many interesting and unique areas within a reasonably short drive to Colorado Springs, including:

- Beaver Creek Wilderness Study Area, south side of Pikes Peak
- Booger Red, west of Cripple Creek (you got to love the name!)
- Cooper Mountain and Oil Well Flats (great mountain biking and hiking area north of Cañon City)
- Table Mountain, Badger Creek, and McIntyre Hills areas lining the sides of the Arkansas River Canyon between Salida and Cañon City

Within the Table Mountain section are many narrow canyons and highpoints with views not offered during typical CMC outings. On May 3<sup>rd</sup>, several adventuresome Pikes Peak Group members, led by Tom

Mourar, entered the wildlands via Hindman Gulch and a few even made it to the top of Hindman Dome, as shown in the photos.



Hindman Gulch route finding

Pikes Peak CMC members will have the opportunity to attend a local workshop to learn more about the management plan and included areas. Sponsored by the Wilderness Society and Wild Connections, the workshop will be on July 8<sup>th</sup> from 6 to 8 p.m. at the East Branch Library.

The workshop will begin with an overview of the BLM's resource management planning process and how citizens can become involved in the process. The overview will cover various issues, such as wilderness and roadless area protection, recreation, access to public lands, and oil and gas operations. It will also cover how citizens can make effective comments to help guide the agency's planning process. After the overview, participants will break up into smaller groups to discuss particular locations or issues of concern and will have the opportunity to draft targeted scoping comments which focus on these areas or concerns.

For further information about the BLM resource management plan, visit the [CMC Conservation Department](#) or the [Wild Connections website](#).

**What:** A Wilderness Society workshop on the BLM's Eastern Colorado Resource Management Plan

**When:** Wednesday, July 8<sup>th</sup>, 6 to 8 p.m.

**Where:** East Branch Library Community Meeting Room, 5550 N. Union Blvd., Colorado Springs



PIKES PEAK  
WANTS  
YOU!



PIKES PEAK  
WANTS  
YOU!

We need you to help us maintain trails on Pikes Peak.  
For 2015 we have crew leaders and projects set for:

### Thursdays:

St Mary's Falls: May 21 June 4, 18 July 2  
Seven Bridges: July 16, 30 Sep 10, 24  
Barr Trail: Aug 6 Aug 13 (via Longs Ranch Road) Aug 27 (via Cog)

### Saturdays:

Barr Trail: May 30 (via Cog) Aug 8 (via Longs Ranch Road) Sep 12 (via Cog), 19  
Red Rock Canyon: June 13 (toadflax removal)  
St Mary's Falls: June 20 (20th Anniversary Project, followed by Party)  
Raspberry Mountain Ring Segment: June 27  
North Slope, Mackinaw Trail: July 11  
Elk Park Knoll: July 25  
Craggs to Summit: August 22  
Severy Creek: August 29 (seed collection with RMFI)

### Sundays:

Barr Trail: Aug 9 (via Longs Ranch Road) Sep 13 (via Cog)

Sign up by going to [www.fotp.com](http://www.fotp.com)

We furnish the tools — and snacks. Please volunteer. Become a Friend of The Peak!

Friends of The Peak (FOTP) was organized in 1995 to ensure sound stewardship of Pikes Peak. We are dedicated to protecting, restoring and appreciating Pikes Peak. We work with the US Forest Service, Colorado Springs Utilities, Colorado Springs Parks and Rec, the Pikes Peak Highway, the Cog Railway, and El Paso County Parks.

We have built sediment-trapping devices, restored native alpine tundra, built new trail, and regularly restore existing trail on the Pikes Peak massif.

One of our highest priorities is the Ring the Peak trail, which is intended to completely circle the mountain. About 80% of the 100-km Ring system now exists, including the connecting segments built and maintained by FOTP. Two more connecting pieces are needed: the southwest segment and the Ute Pass segment. We are working toward closing these gaps, as well as toward official reroutes on existing trails in the Bear Creek watershed.



Between Craggs & Devil's Playground

## PPG Classes

### Pikes Peak Intro to Mountain Biking Basics

September 9, 10, 12, 19, 26, 2015

Learn the gear, maintenance, safety, and entry level techniques for basic mountain biking. Mountain biking is a great way to enjoy the wilderness with a little more skill and finesse, of getting out for a short outing after work, and for building cardio before a big climb. There will be two classroom sessions in Colorado Springs and three field sessions for the mountain biking class. The cost is \$60. There are also rental costs if you don't own the gear. The mountain biking classroom dates are 9 and 10 Sep from 6:00p to 9:30p, and the field dates are 12, 19, and 26 Sep all day. A strong fitness level to go on a full day technical bike ride is required for the field sessions as this will not be casual riding. The field sessions will be progressive in nature to build on skills. For details, please contact [Eric Hunter](#).

### Pikes Peak Trip Leader Training

September 10, 17, 20, 2015

This course provides the necessary training and satisfies part of the requirement of becoming a CMC trip leader for the Pikes Peak Group. (Completion of a Wilderness First Aid course is the other requirement to becoming a trip leader.) The classroom sessions are on 10 Sep and 17 Sep from 6:30p to 9:00p. The field session on the morning of 20 Sep will be scheduled as a CMC trip. For details, please contact [Paul Schoell](#).

### Pikes Peak Intro to Desert Trekking and Canyoneering

September 23, 27, 30–October 4, 2015

If you have only been hiking in the high altitude for your spring, summer, and fall there is another world out there. When you have climbed enough peaks to wonder what other environments might be out there, the next step for you may be desert terrain. Come learn the proper gear, safety, and entry level techniques for basic desert trekking and basic canyoneering. There are many nuances to this environment that should warrant a safe approach such as provided by this class. The course cost is \$80. The classroom session will be in Colorado Springs and is on 23 Sep from 6:00p to 9:30p. There is a one day field session in Colorado Springs to cover some basics and evaluate fitness levels scheduled for 27 Sep. Then we go on a five day trip to the desert scheduled for 30 Sep through 1-4 Oct. This year's desert trip is planned for the San Rafael Swell in Utah. A strong fitness level to go on daily full day hikes with scrambling on moderate exposure in hot terrain, squeezing through narrows, and hiking in loose sand is required for the field sessions. The field sessions will be progressive in nature to build on skills. Attendance at the classroom session and local field session will be required to attend the Utah trip. For details, please contact [Eric Hunter](#).

### Pikes Peak WFA (Wilderness First Aid)

October 8, 15, 17, 2015

This sixteen hour ECSI accredited course consists of instruction devoted to medical evaluation and treatment in the wilderness setting where definitive medical care is not readily available. Two evening presentations on the variety of situations you might encounter in the backcountry and wilderness areas followed by a full day of practical, hands-on training in the field make up this course. This course satisfies the requirement for trip leaders. The classroom sessions are on 8 and 15 October from 6:30p to 9:30p. The field session is on 17 October from 8:00a to 3:00p. A comprehensive textbook is included and you will receive your WFA card. For details, please contact [Paul Schoell](#).



The Basic Mountaineering School (BMS) Rock Climbing Class was completed on May 30 and 31 with field days in Eleven Mile Canyon and Castlewood Canyon. This class was led by Heather Ditmore and Tom Mulcahy.



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)





## July PPG Trips

### Pyramid Peak 14,018'

Friday, 7/3/2015

Difficult DII

Leader: Mark Silas, 719-748-5223, [mtnshrink@centurylink.net](mailto:mtnshrink@centurylink.net)

Trail Mileage 8.25, Elevation Gain 4500. Location: Maroon Lake Trailhead. Details: Start at 4:15 a.m. and climb in one day. Pyramid is generally considered to be one of Colorado's toughest fourteeners, with steep, loose, exposed Class 4 rock. We will climb the standard Northeast Ridge route from the Maroon Lake trailhead. Climbing helmet is required. Register with leader.

### Sentinel Point Circuit

Saturday, 7/4/2015

Difficult C

Leader: Debbie Sheinman, 719-635-7720, [sheindk@yahoo.com](mailto:sheindk@yahoo.com)

Trail Mileage 10, Elevation Gain 2900, Driving Distance 60. Location: We'll meet at Red Rocks Safeway at 31st and Colorado at 6:30 a.m. We'll carpool to the Crags/Banana Rock parking lot. Details: This is a difficult trip with a great deal of elevation gain and rock scrambling. Some Class 3 rock scrambling is part of the trip. However, the pace will be slow-moderate to casual. No hares please. Register with leader. If you wish to meet the group at the trail head, please let the leader know.

### Mountaineering Program

As we wend into summer, you'll notice an increase in trips being offered that take participants above 12,000 feet. Our thanks to the leaders who are stepping up to the challenge of offering them. If you want to climb mountains, check the [cmc.org](http://cmc.org) calendar often, because more trips will be posted. If you haven't done so, be sure to fill out [this form](#) so that leaders can qualify you for these trips, and send it as a PDF file to [Chris Mattingly](#) or fax it to him at 719-358-8094.

### Rampart Wildlands -- Sidney Harrison Crash Site

Sunday, 7/5/2015

Moderate

Leader: Thomas Mowle, 719-216-3932, [tommowle@yahoo.com](mailto:tommowle@yahoo.com)

Trail Mileage 11, Elevation Gain 2700. Details: We will complete the 4<sup>th</sup> of July weekend by hiking from Palmer Lake to the Korean-War era wreckage of Captain Sidney Harrison's L-19. Rather than returning the way we came, we will save miles and elevation by continuing to the ruins of an old cabin, then leave the trail to cross the upper stretches of Cook Creek and climb to a high point above Ice Cave Creek (this section of the trip is exploratory). We will then descend a long ridgeline to pick up trails again near the base of Dome Rock, and return from there. This will be harder, and hotter, and thirstier, than you expect; but there will also be terrific scenery. Please sign up only if you can maintain a strong pace for a long time over several significant climbs. I'd like to leave the trailhead at 7:30 a.m. so we can avoid some of the summer heat on early uphill. No dogs, cats, or pack animals.

### 14ers Grays and Torreys

Thursday, 7/9/2015

Moderate D

Leader: Chris Mattingly, 719-268-6774, [jamescmattingly@comcast.net](mailto:jamescmattingly@comcast.net)

Trail Mileage 8.5, Elevation Gain 3600, Driving Distance 140. Location: Grays and Torreys. Details: For detailed info on all trip data please go to this [website](#). This trip is open for all CMC/PPG members who have completed the [history form](#) and attended the Introduction to Mountaineering Seminar or has a sufficient level of experience. It is your option to spend the night before at the trailhead or drive to the TH in time to make the 4:30 a.m. departure. Once a climbing party has been established, we will organize vehicles and drivers accordingly. I will be gone and off the grid from May 30<sup>th</sup> to June 7<sup>th</sup>, but contact me via email and provide info and or questions and I will get back to you as quickly as I can. The pace listed says moderate, but will probably be less demanding than that. It is not a speed event, but will be safe. Lightning or other hazardous weather will dictate group pace should it need to be faster.

### Kili Training Climb - Shavano/Tabeguache

Saturday, 7/11/2015

Moderate D

Leader: David Anderson, 719-255-3154, [danderso@uccs.edu](mailto:danderso@uccs.edu)

Trail Mileage 11.3, Elevation Gain 5600. Details: This is a training climb for participants on the 2015 Kilimanjaro & Safari trip. If the roster does not fill up with Kili participants by three days prior to the trip date, other qualified participants are welcome to join. Register with leader. Mt Shavano & Tabeguache Peak - Sawatch Range. Route and TH info at [14ers.com](http://14ers.com). Boots on the trail at 5:00 a.m.; camping the night before may be at Heart of the Rockies. Carpooling and other details will be worked out as we get closer to the trip date.



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)



## July PPG Trips (continued)

### **Jake and Elwood's Long Loop**

Saturday, 7/11/2015

Moderate D

Leader: Eric Hunter, 719-273-1018, [ehunter67@yahoo.com](mailto:ehunter67@yahoo.com)

Trail Mileage 21, Elevation Gain 2700. Location: St Elmo, CO. Details: This is a long loop trail that encircles Wildcat Gulch near St Elmo. Do not be fooled as this is a very long hike and a huge undertaking. Do not expect this day to be easy. We will hike from the parking lot just outside St Elmo up Hancock Road past the town sites of Romley and Hancock and several mining history sites. We will then hike the historic Alpine Tunnel Trail past "Jake and Elwood's Spring" and turn north on Tunnel Lake Trail to Tincup Pass Road. We will then hike down the Tincup Pass Road back to St Elmo. There will be minor time for photos and exploring. Nat Geo Map 130. 200 mi. 21/2700'. Register with leader.

### **Tarryall - Lizard Rock and Beyond**

Saturday, 7/11/2015

Moderate C

Leader: Christie Lee, 719-635-2336, [Christie80905@gmail.com](mailto:Christie80905@gmail.com)

Details: Tarryall area - Lizard Rock and beyond. 8-9 mile adventure. Leave Red Rocks Safeway at 8:00 a.m. Contact leader for signup and details.

### **West Spanish Peak 13,626'**

Sunday, 7/12/2015

Moderate C

Leader: Thomas Mourar, 719-633-2614, [mtmourar@yahoo.com](mailto:mtmourar@yahoo.com)

Trail Mileage 9, Elevation Gain 2700, Driving Distance 260. Details: Enjoy views of volcanic dikes and surrounding peaks from this far southern Colorado mountain. Start hiking at Cordova pass ( 11248 ft) trailhead. Approach along the west ridge, then scramble up the rocks to the summit at 13626 ft. Must register with leader by email or phone. Notes: Departure time from Colorado Springs 5:00 a.m. Option to meet at the trailhead or nearby location for people wanting to camp or motel overnight in the area.

### **Kili Training Climb - Belford/Oxford**

Saturday, 7/18/2015

Moderate D

Leader: David Anderson, 719-255-3154, [danderso@uccs.edu](mailto:danderso@uccs.edu)

Trail Mileage 11, Elevation Gain 5800. Details: This is a training climb for participants on the 2015 Kilimanjaro & Safari trip. If the roster does not fill up with Kili participants by three days prior to the trip date, other qualified participants are welcome to join. Register with leader. Mt Belford & Mt Oxford - Sawatch Range. Route and TH info at [14ers.com](http://14ers.com). Boots on the trail at 5:00 a.m.; camping the night before may be at the TH. Carpooling and other details will be worked out as we get closer to the trip date.

### **Pikes Peak**

Saturday, 7/18/2015

Moderate D

Leader: Debbie Sheinman, 719-635-7720, [sheindk@yahoo.com](mailto:sheindk@yahoo.com)

Trail Mileage 14, Elevation Gain 3900, Driving Distance 60. Location: We'll meet at the Craggs Campground parking lot at 6:00 a.m. Driving Directions: From Colorado Springs drive west on Hwy. 24 to Divide and turn south on Hwy. 67. Drive 3½ to 4 miles south to the turn-off for the Craggs Campground (Teller Country Road 62) and turn left onto the dirt road. The sign Craggs C.G. is prominently displayed on the left-hand side of Hwy. 67. Drive another 3½ 4 miles east on the dirt road past the Mennonite Camp. The parking lot is opposite the outhouses on the right-hand side of the road. Details: This is a strenuous hike with a great deal of elevation gain and some exposure in the boulder field. Hikers should be comfortable hiking at high altitude through a steep boulder field with drop offs. The pace will be slow-moderate to casual. No hares please. Register with leader. Notes: I will be at the Craggs parking lot at 6:00 a.m. after camping in the area the night before. If you wish to carpool with me the night before the hike, please do let me know. You'll need to bring adequate supplies/materials/gear for camping.

### **St Mary's Falls**

Saturday, 7/18/2015

Moderate B

Leader: Y Mason, [youdew@aol.com](mailto:youdew@aol.com)

Trail Mileage 7, Elevation Gain 1800. Location: The trailhead is in North Cheyenne Canyon Road, past Helen Hunt Falls. St Mary's Falls Trail Number 624. Details: For carpooling purposes, we will meet at the Starsmore Discovery Visitors Center parking lot at 7:30 a.m. for a 7:35 a.m. departure to the "hub" parking lot which is past Helen Hunt Falls. The trail actually begins about a mile or so from the parking lot. The trail follows a stream thru a heavily wooded forest and gains elevation slowly at first, then becomes steeper and on scree in some spots with numerous switchbacks as we near the falls. The last switchback is a long and steep climb with the falls as a reward for your efforts. If the morning is already warm when we begin, it will feel even warmer as we hike/climb to the falls. Weather permitting we will take a snack break at the falls while enjoying the soothing sounds of the falls and the incredible views of the Broadmoor and points east. Please bring the Ten Essentials (especially a hat, sunblock and sunglasses), lots of water, rain gear, and snack food. Special note: Colorado summers are noted and famous for rapidly changing weather conditions (e.g, thunderstorms) therefore please "Be Prepared " for anything.



## July PPG Trips (continued)

### Hiser Trail

Saturday, 7/18/2015

Moderate B

Leader: Christie Lee, 719-635-2336, [Christie80905@gmail.com](mailto:Christie80905@gmail.com)

Trail Mileage 6. Details: Explore off trail a bit. Leave Red Rocks Safeway at 8:30 a.m.

Contact leader for signup and details.

### 14er - Antero or 13er - White Mtn

Saturday, 7/25/2015

Moderate C

Leader: Christie Lee, 719-635-2336, [Christie80905@gmail.com](mailto:Christie80905@gmail.com)

Details: Leave Red Rocks Safeway at 5:30 a.m. Contact leader for signup and details.

### Democrat, Lincoln, and Bross

Saturday, 7/25/2015

Moderate D

Leader: Debbie Sheinman, 719-635-7720, [sheindk@yahoo.com](mailto:sheindk@yahoo.com)

Trail Mileage 7, Elevation Gain 3600, Driving Distance 200. Location: The trailhead for Democrat, Lincoln, and Bross starts at Kite Lake approximately six miles northwest of Alma, Colorado. Details: This will be a long day above treeline. This area is also prone to thunderstorms in the afternoon. We may have to truncate or abort the hike per weather conditions. The pace will be slow-moderate to casual. No hares please. I will camp at Kite Lake the night before the hike. If you wish to carpool with me the night before, please let me know. You'll need to bring adequate materials/gear/supplies for camping. I'll check to see if there are any fees for camping or parking at Kite Lake and let you know before the hike. Register with leader.

### Conundrum Hot Springs

Saturday, 7/25/2015

Difficult B

Leader: Donna Gail Schneider, 719-201-8548, [donna.gail.schneider@gmail.com](mailto:donna.gail.schneider@gmail.com)

Trail Mileage 18, Elevation Gain 2500, Driving Distance 313. Location: Aspen, Colorado. Details: We will meet at 9:00 a.m. Saturday, July 25<sup>th</sup> at the entrance of Crystal Park on Crystal Park Rd, Manitou Springs and carpool from there, leaving any extra vehicles inside the Park. We will stay at Moritz Lodge Hostel in Aspen on Saturday, July 25<sup>th</sup> at \$74 per person (includes breakfast). Moritz Lodge books up *early spring* so if you are interested in this trip I suggest you book your hostel 'bed' through an online discount website such as booking.com, Expedia, etc., that only requires a one night minimum *as soon as possible*. I have already checked rates in the Aspen to Glenwood Springs area and the rates are double and triple or already sold out for July 25<sup>th</sup>. Do not call Moritz Lodge directly. They will tell you there is a two-night minimum. We will enjoy lunch and hanging out in Aspen for the afternoon prior to checking into the hotel. The trip will begin Sunday morning and end at the trailhead on Monday. I am requiring a signup deadline by July 15<sup>th</sup> and room reservations need to be booked. If you prefer a standard room with one queen or two queen beds at Moritz Lodge are \$143+tax. (includes breakfast). Again, book at a discount website to avoid the two-night minimum. The wildflowers along this trail will be spectacular this time of year. This is a long backpack to the hot springs. Our pace will be moderate with occasional rest stops but it is an aggressive hike and backpacking experience is required. Once at the hot springs, do not be surprised to see hikers soaking in the nude. Please note, this trip will require you to wear clothing.



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)

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## Pikes Pique

July 2015 | No. 214

Pikes Pique is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

### PIKES PEAK GROUP CONTACT INFORMATION:

CMC Pikes Peak Group  
P.O. Box 2435  
Colorado Springs, CO 80901  
[cmcppg@yahoo.com](mailto:cmcppg@yahoo.com)  
[cmc.org/About/CMCGroups](http://cmc.org/About/CMCGroups)

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- Text: \$3 per line, \$15 minimum
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### WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next Pikes Pique newsletter.

Please send to:

David Anderson, editor  
[danderso@uccs.edu](mailto:danderso@uccs.edu)

The deadline for submissions is the 14<sup>th</sup> of each month.

Use the above contact information for corrections and comments as well.