



March 2015 | No. 2010

# Pikes Pique

The Newsletter of the CMC Pikes Peak Group

## March 17<sup>th</sup> – Pikes Peak Group Monthly Program

### Jane Koerner Presents: *Isabella Bird's 1873 Climb of Longs Peak*

Our next program at **7:00 pm** on March 17<sup>th</sup> at All Souls Unitarian Church, 730 N Tejon St, will feature long-time CMC member and former Pikes Peak Board Member Jane Koerner. She will discuss Isabella Bird's 1873 climb of Longs Peak.

Jane is a long-time CMC member who recently rejoined the Pikes Peak Group. While living in Colorado Springs and serving on our board, she was the conservation chair and then the program chair. Jane also organized and led trips. She moved back to Colorado three years ago and now lives in Fairplay. She was the first woman to climb the 100 highest peaks of Colorado and has published hundreds of articles as a three-time magazine editor and freelance author. She has written about sustainable energy, public land issues, outdoor adventure, the regional consequences of climate change (based on interviews with leading scientists), and numerous other topics. Jane has also taught journalism and composition at Utah State University and Colorado Mountain College.



Jane will present the interesting story of Isabella Bird, the intrepid Victorian traveler, who is famous for her 1873 ascent of Longs Peak and her ostensible romance with the wild Estes Park mountain man, James Nugent. But Bird's importance to Estes Park and Rocky Mountain National Park is much greater than notoriety and adventure. Considering the influence of the book that

told the story of her travels in Colorado, Bird might easily merit the "Mother" of Rocky Mountain National Park. Her book sold like hotcakes, mostly in the eastern United States and in Britain, where a reading public, just becoming interested in wilderness travel and conservation, was hungry for news of

far-flung scenery. Many of her readers were, no doubt, influential and involved in the nascent conservation movement of the later 19th century.



Jane has given many presentations over the years, and her radio essays have been broadcast on Radio West, produced by Utah's primary NPR station. Also, her presentation is quite timely as 2015 is the 100<sup>th</sup> anniversary of the founding of Rocky Mountain National Park, which the CMC was instrumental in developing. The Department of Interior would not provide a map to Congress of the area to be designated without having named peaks on the map. CMC members traveled to the Arapaho Indian reservation in Wyoming and arranged for two Arapaho elders and an interpreter to join a horse expedition in the Estes Valley. The group then set out in the park on horseback and returned with the initial peaks named by the Arapahoe natives. Because of CMC's unique involvement 100 years ago, we are participating in RMNP's Centennial. Please note that the CMC has many special programs planned including hikes, climbs, snowshoes, and wildflower programs throughout 2015 which can be found at [cmc.org](http://cmc.org).

**Please note that, beginning in March, the start time of all future monthly programs will be 7:00 pm.**

## Your PPG Council

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Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

## State CMC News

### MOUNTAIN FEST – MARCH 21

Don't miss CMC's annual *free* open house with outdoor skills clinics, expo of CMC schools, open climbing wall, museum, happy hour, and more! Bring a friend to the American Mountaineering Center to learn all about the CMC.

### NEW CMC MEMBER ORIENTATION WEBINAR

March 19, 2015 6:30-7:00 pm; sign up on the CMC calendar

Learn about the many ways to get involved with the Colorado Mountain Club. We will discuss recreation, education and conservation opportunities, give an overview of trips, volunteer opportunities, and programs of the CMC, including our award-winning Youth Education Program and CMC Press. You will have the opportunity to ask questions and get contact information for your local group.

### VOLUNTEERS NEEDED IN THE CMC OFFICE OR REMOTELY

CMC has a variety of volunteer jobs – and those who volunteer often say how much they enjoy working with our staff! We have a number of projects that can be completed from your home computer, so your distance isn't a barrier. Contact [brendaporter@cmc.org](mailto:brendaporter@cmc.org) for more information.

### Membership Updates

#### MEMBERSHIP EXPIRATION CHANGED TO THE END OF THE MONTH

In order to stream-line our processes, your membership will automatically now expire on the last day of the month in which you joined/renewed.

#### RENEW YOUR CMC MEMBERSHIP ONLINE

You can renew your membership anytime during the year—at your own convenience on your member dashboard at [cmc.org](http://cmc.org).

#### LIFE MEMBERSHIP IN THE CMC

What a great deal! You pay once and your membership lasts for the rest of your life! You don't have to remember to renew every year. Plus, your membership keeps on working to provide meaningful, local connections between people who love the mountains. Email [office@cmc.org](mailto:office@cmc.org) to find out more!

#### GO GREEN IN THE CMC!

In an effort to reduce our carbon footprint, CMC now offers a variety of "paperless" options that you can choose, including the Trail & Timberline magazine. Go to your member profile to choose the on-line T&T.

## Leaderfest!

The next Trip Leader meeting will be held 7-9pm on April 22<sup>nd</sup> at Rudy's BBQ on the corner of Hwy 24 and 31st St. The focus this time will be on climbing mountains and anything we need to discuss about our trip leadership. There will be a light dinner for those who attend. If you are part of the mountaineering group effort, please attend so we can work on a schedule. Of course, safety will be a topic as well. Hope you see you there!

All interested Trip Leaders please [sign up](#) so that we may have the proper amount of food available.



## PPG Classes

### **Basic Mountaineering School (BMS) – Colorado Wilderness Fundamentals** March 11, 12, 18, 21, 2015

Wilderness Fundamentals, or “Wild Fun” as we like to call it, will be offered in March. This class will present foundational knowledge for safe travel in the Colorado Mountains. It is also the first offering of the Basic Mountaineering School (BMS) and provides the foundation for the other BMS classes. If you are new to Colorado or mountain activities in any season, please consider joining us for this class. This class (as all BMS classes) will have a focus on safety in the mountains. It consists of three classroom lectures covering the topics of gear selection, the Ten Essentials, building a first aid kit, trip planning, wilderness travel, nutrition, conditioning, conservation practices such as Leave No Trace, weather evaluation, safety, emergency planning protocol, and case studies of wilderness accidents; and a field trip designed to reinforce the principles and techniques discussed in class. Please consider joining us for this class. The cost is \$38. For details, please contact Tony Eichstadt at [teichstadt@comcast.com](mailto:teichstadt@comcast.com).

### **Trip Leader Training** March 26, April 2, 4, 2015

CMC trips are the heart and soul of the club and as a member; leading trips can be your most important and rewarding CMC activity. To get started with this activity, free up your schedule to take the Trip Leader Training course, which is one of two required courses necessary to obtain the CMC trip leader certification. Completion of this course along with Wilderness First Aid (WFA) will allow you to lead trips through the CMC. (It is suggested that if you are a current leader and it has been five or more years since you attended this course, that you re-take it to refresh your skills at no cost.) Some of the topics covered are: CMC leader and trip requirements, leader skills, group dynamics, emergency procedures, and website operation. There will be two evening classroom sessions and a half-day field session. The cost of this course is \$25. For details (and if you are a current leader wishing to re-take this course as a refresher), please contact Paul Schoell at [4paul2@gmail.com](mailto:4paul2@gmail.com).

### **Basic Mountaineering School (BMS) – Colorado Land Navigation** April 1, 8, 11, 2015

Discussions in the two classroom sessions include maps, compass, orienteering, estimating distance, interpreting map symbols, properly reading topo contour lines, learning about declination, sighting, taking a bearing, and technologies such as GPS. You'll also participate in class exercises using a map and compass. There is a CMC Rating Trip which is designed to reinforce principals and techniques discussed in class. You'll be given a map with markers; your team's job will be to find them. There will be an optional CMC Wilderness Trip to hone your orienteering skills. The cost of this course is \$38. For details, please contact Tony Eichstadt at [teichstadt@comcast.com](mailto:teichstadt@comcast.com).

### **Wilderness First Aid (WFA)** April 9, 16, 18, 2015

To enhance your safety on all trips, the Pikes Peak Group continues to offer a Wilderness First Aid course. This sixteen-hour course is accredited by the Emergency Care and Safety Institute and consists of instruction devoted to medical evaluation and treatment in situations where definitive medical care is not readily available. This comprehensive and nationally recognized WFA course is taught over two evenings of classroom presentations and activities followed by a full day of practical training in the field. It's highly recommended that all members take this course to ensure they know and understand what to do in a wilderness medical situation. Completing a WFA course is a requirement for those desiring to lead CMC trips. Because most trip leaders do not repetitively practice the principles and procedures of dealing with medical situations, current trip leaders should also take this course to renew their WFA training. Participants will receive a comprehensive textbook and their WFA card. The member cost of the course is \$50 (\$40 for leaders). For details please contact Paul Schoell at [4paul2@gmail.com](mailto:4paul2@gmail.com). (**Note:** Although CPR training is not part of the WFA curriculum, accredited CPR training is available immediately following the WFA course for those that would like this additional training. A *separate sign up* is required for the April 18, 2015 CPR course.)

### **CPR Training** April 18, 2014

Knowing CPR (Cardiopulmonary Resuscitation) can be life-saving. So as a benefit to the community, the Pikes Peak Group is offering a CPR training course for everyone. If you never had CPR training, or if it's been a while, this two-hour American Heart Association accredited course is for you. It includes the latest classroom instruction and hands-on training in CPR/AED for the Adult/Child/Infant (choking, conscious, and unconscious). Upon completion, participants will receive their CPR card. The member cost of the course is \$25 (\$30 for non-members) and the number of participants is limited. For details please contact Paul Schoell at [4paul2@gmail.com](mailto:4paul2@gmail.com).



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)





## PPG Classes (continued)

### **Basic Mountaineering School (BMS) – Colorado Alpine Snow Mountaineering** April 28, 30, May 2, 3, 2015

Discussions in our classroom sessions include evaluating weather and snow conditions, terrain and avalanche risk assessment, gear, trip planning, using crampons and proper climbing techniques, snow travel including proper use of ice axe, self-arrest, glissading, determining slope angles, and route finding. We will demonstrate and practice snow anchors and rope techniques if time allows. There is a CMC Rating Trip which we typically do at Pikes Peak Glen Cove which is designed to reinforce principles and techniques discussed in class. You will attend both days. There will be an optional CMC Wilderness Trip to hone your snow travel skills. The cost of this course is \$58. For details, please contact Michael Erickson at [Michael.Erickson@yahoo.com](mailto:Michael.Erickson@yahoo.com).

### **Basic Mountaineering School (BMS) – Colorado Rock Climbing** May 21, 27, 30, 31, 2015

This course has one class lecture and one indoor climbing session. There are also 2 field sessions, which we typically do at Red Rock Canyon Open Space and Castlewood Canyon. Our discussions include belaying, climbing knots, communications, rappelling and rappel backup, climbing gear, the different types of rock climbing, rope management including coiling, care and inspection, and climbing techniques. There will be an optional CMC Wilderness Trip to hone your rock climbing skills posted at a later date. The cost of this course is \$58. For details, please contact Michael Erickson at [Michael.Erickson@yahoo.com](mailto:Michael.Erickson@yahoo.com).

### **Basic Mountaineering School (BMS) – Colorado Wilderness Backpacking** June 10, 17, 20-21, 2015

Classroom discussions include finding the right backpack, reviews of sleep, cooking, and clothing systems, ultra-light techniques, tents, trip planning, team composition, group dynamics, and Leave No Trace site selections. We'll do a gear check prior to the overnight to make sure you are properly equipped. There is a CMC Rating Trip (overnight) that is designed to reinforce principals and techniques discussed in class. The cost of this course is \$38. For details, please contact Tony Eichstadt at [teichstadt@comcast.com](mailto:teichstadt@comcast.com).

## March PPG Trips

### **BC Ski Fooses Creek**

Saturday, 3/7/2015

Moderate III

Leader: Eric Hunter, 719-273-1018, [ehunter67@yahoo.com](mailto:ehunter67@yahoo.com)

Trail Mileage 12, Elevation Gain 2000, Driving Distance 240. Details: This is a moderate out and back ski into the North Fooses Creek Road near Monarch Pass. We will stay to the main road following the power line as far as everyone can go, have lunch, then return by the same route. We will play on the slopes at lunch. We may also explore some of the side roads along the way. NNN-BC cross-country gear will be fine, but cable binding backcountry gear will be better. We will avoid avalanche terrain. Nat Geo Map 130. 240mi. 12/2,000'. Register with Leader.

### **Cheyenne Mountain State Park**

Saturday, 3/7/2015

Moderate B

Leader: Debbie Sheinman, 719-635-7720, [sheindk@yahoo.com](mailto:sheindk@yahoo.com)

Trail Mileage 10, Elevation Gain 1300, Driving Distance 15. Location: We'll meet at Safeway - Southgate (South Nevada and Cheyenne Rd.) at 8:30 am. We'll carpool down to Cheyenne Mountain State Park on Hwy 115. For vehicles that do not have a State Park pass, admission will be \$7.00 per car. Let's see if we can hike various trails in the park - possibly 9-12 miles total length. Possible trails include: Kestral, Blackmer Loop, Cougar's Shadow, Sundance, Talon, and North and South Talon. Please bring water, food, the 10 essentials, and be prepared for mud and ice. Gaiters and micro-spikes are suggested.

### **BC Ski South Fork**

Saturday, 3/14/2015

Moderate III

Leader: Eric Hunter, 719-273-1018, [ehunter67@yahoo.com](mailto:ehunter67@yahoo.com)

Trail Mileage 12, Elevation Gain 1600, Driving Distance 260. Details: This is a moderate out and back ski into South Fork Lake Creek Road near La Plata Peak. We will stay to the main road following the creek as far as everyone can go, have lunch, then return by the same route. We can also play on some slopes at the lunch area. We may also explore some of the side roads along the way. NNN-BC cross-country gear will be fine, but cable binding backcountry gear will be better. We will avoid avalanche terrain. Nat Geo Map 127. 260mi. 12/1,600. Register with Leader.

### **Mystery Hike**

Saturday, 3/14/2015

Moderate B

Leader: Christie Lee, 719-635-2336, [Christie80905@gmail.com](mailto:Christie80905@gmail.com)

Details: Mystery hike. Set aside 4 hours for 6-7 miles. If snow, bring snowshoes. Call leader for sign up and details.

### **PPG Wilderness Fundamentals - Field Day**

Saturday, 3/21/2015

Easy A

Leader: Tony Eichstadt, 740-601-3611, [teichstadt@comcast.net](mailto:teichstadt@comcast.net)

Trail Mileage 4, Elevation Gain 500. Details: This is the field day for the PPG Basic Mountaineering School class on Colorado Wilderness Fundamentals. We will go for a short hike in the Red Rock Canyon Open Space (3 to 4 miles) and then meet at the Gazebo. During the hike we'll review everyone's 10 Essentials, Leave No Trace principles, and answer questions.

## Member Contributions



Overnight at Barr Camp, Feb 7-8. Back L-R, Karl, Jeff, Mark, and Teresa, front, Barbara, Robin and Lauren.  
(Photo courtesy Dean Waits)



Chimney Rock hike, Feb 13. David, Peter, Gary, Janet, and Patricia.  
(Photo courtesy Nancy Altmansberger)

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## Pikes Pique

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Pikes Pique is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

### PIKES PEAK GROUP CONTACT INFORMATION:

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[cmcppg@yahoo.com](mailto:cmcppg@yahoo.com)  
[cmc.org/About/CMCGroups](http://cmc.org/About/CMCGroups)

### CLASSIFIED ADVERTISING

#### Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

#### Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page - \$30, ½-page - \$60

### WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next Pikes Pique newsletter.

Please send to:

David Anderson, editor  
[danderso@uccs.edu](mailto:danderso@uccs.edu)

The deadline for submissions is the 14<sup>th</sup> of each month.

Use the above contact information for corrections and comments as well.