



April 2015 | No. 211

# Pikes Pique

## The Newsletter of the CMC Pikes Peak Group

### Pikes Peak Group Monthly Program – April 21<sup>st</sup>

#### Will Mayo Presents: *Climbing as a Means to Step Outside the Banalities of the Daily Grind*

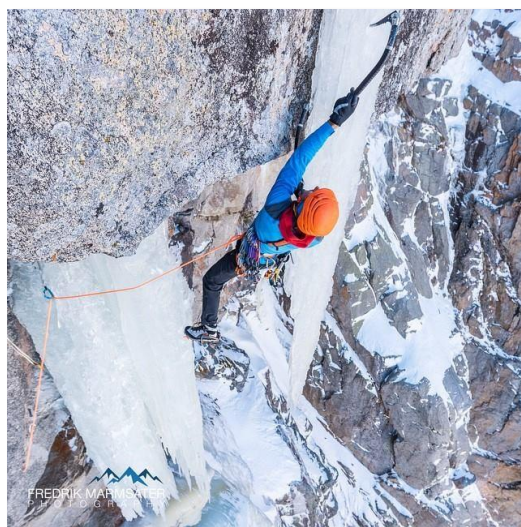
**Please note the change in time: 6:30pm, and venue: Mountain Chalet, 226 North Tejon Street.**

While thinking about speakers for our monthly program I read a Facebook post with one of Will Mayo's leading-edge climbs and thought to myself: "I need to ask Will to come speak to our club before he gets so big that small non-profits are not in his realm." So I stopped what I was doing and quickly sent out a blast to Will, and to my surprise he quickly wrote back committing to the date. I ran into Will about a year ago in some climbs outside Colorado Springs and noted he is one of the most humble yet strongest climbers both mentally and physically. Little did I know at the time that he was one of the leading Alpinist in the United States today.



Growing up in Vermont, Will Mayo was fascinated by ice. Watching icicles form on the eaves of a roof is one of his earliest memories. He played hockey and was passionate about skiing as a youth, but then he discovered ice climbing as a freshman at the University of Vermont. "I quit the hockey team, started skiing only with alpine touring gear to get to ice climbs, and delved headlong into ice climbing," Mayo said. Now a resident of Erie and one of America's premier ice climbers, Mayo was awarded Climbing Magazine's Golden

Piton Award last month for pioneering routes on the Black Wall of Mount Evans in October. Will has so many first ascents I didn't even attempt to list here but, check out his [blog](#). He is also the winner of prestigious climbing awards, including the 2015 Mugs Stump Award for an attempt at the unclimbed North Face of the Ogre II in Pakistan and the 2014 Golden Piton Award for ascents on the Silhouette Buttress of Mount Evans.



Recently, Will has been climbing with Anna Pfaff, where they sent a giant, long-standing traditional mixed project on the Cholesterol Wall above Ten Mile Pond in Gros Morne National Park outside of Rocky Harbour, Newfoundland. Apocalypse Now (W17/M9 traditional 220 meters), was one of the few remaining "king lines" of the area that had yet to be climbed.

Will has also been raising the bar in Colorado where he redpointed what may be the hardest sport mixed route in the United States: *The Mustang* (M14) in East Vail, Colorado. The route links existing routes and some new ground for an extraordinary 60-meter pitch, including a 30-meter horizontal roof traverse.

*Continued on next page*

## Your PPG Council

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Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

## PPG Monthly Program – (continued)



Will Mayo also redpointed *The Ghost* (M10/WI6), a traditionally protected mixed climb at over 13,000 feet on the Black Wall, near Mt. Evans. The route is his second early-season new route of the year, and his third difficult mixed climb on the same cliff in the past 13 months.

Lastly, Will has made his presence felt in Colorado Springs, completing a new route, *The Existensionalist*, which was an extension of an earlier route called *The Nihilist*, created by Erik Wellborn and redpointed by Mayo and Phil Wortmann a couple of months ago. The

longer route travels 87 horizontal feet along the roof of the Ghetto, an abandoned mining tunnel above Colorado Springs. It took Mayo nearly 23 minutes to climb it. Wow, I get tired after about 30 seconds of horizontal climbing! I can't even fathom climbing horizontally for 23 minutes!

Will has been speaking professionally for years and focuses on his philosophical take on climbing as a cathartic means to step briefly outside the banalities of the daily grind, experience something abstract yet transformative, and thereby paradoxically allow for a more productive and engaged existence within the more concrete bounds of our society.

Please join us as we are **changing our venue** and being invited by the new owners of the Mountain Chalet, Jim and Elaine Smith, at **226 North Tejon Street**. This awesome presentation will begin promptly at **6:30pm**.

Roger Kilcoyne, Programs Chair

## Welcome New PPG Members!

Andrew Jenkins

Bill Elliott

Cathy Hillyard

Erin Moeller

James McGuffey

Jillian Henriques

Joy Cipoletti

Kay Elliott

Laura Ryan

Mark Hines

Peter Reaves

Russell Fellers

Sheila Soroushian

Travis Uminski

Audrey Burkart

Carol Lavoie

Emily Powell

James Dahn

Jeff Favour

Joseph Leach

Karren Weldon

Kim Van Toor

Marjorie Chisholm

Nate Chisholm

Ron Sering

Ryan Proctor

Skylar Mackay





## PPG Classes

### **Trip Leader Training** March 26, April 2, 4, 2015

CMC trips are the heart and soul of the club and as a member; leading trips can be your most important and rewarding CMC activity. To get started with this activity, free up your schedule to take the Trip Leader Training course, which is one of two required courses necessary to obtain the CMC trip leader certification. Completion of this course along with Wilderness First Aid (WFA) will allow you to lead trips through the CMC. (It is suggested that if you are a current leader and it has been five or more years since you attended this course, that you re-take it to refresh your skills at no cost.) Some of the topics covered are: CMC leader and trip requirements, leader skills, group dynamics, emergency procedures, and website operation. There will be two evening classroom sessions and a half-day field session. The cost of this course is \$25. For details (and if you are a current leader wishing to re-take this course as a refresher), please contact Paul Schoell at [4paul2@gmail.com](mailto:4paul2@gmail.com).

### **Basic Mountaineering School (BMS) – Colorado Land Navigation** April 1, 8, 11, 2015

Discussions in the two classroom sessions include maps, compass, orienteering, estimating distance, interpreting map symbols, properly reading topo contour lines, learning about declination, sighting, taking a bearing, and technologies such as GPS. You'll also participate in class exercises using a map and compass. There is a CMC Rating Trip which is designed to reinforce principals and techniques discussed in class. You'll be given a map with markers; your team's job will be to find them. There will be an optional CMC Wilderness Trip to hone your orienteering skills. The cost of this course is \$38. For details, please contact Tony Eichstadt at [teichstadt@comcast.net](mailto:teichstadt@comcast.net).

### **Wilderness First Aid (WFA)** April 9, 16, 18, 2015

To enhance your safety on all trips, the Pikes Peak Group continues to offer a Wilderness First Aid course. This sixteen-hour course is accredited by the Emergency Care and Safety Institute and consists of instruction devoted to medical evaluation and treatment in situations where definitive medical care is not readily available. This comprehensive and nationally recognized WFA course is taught over two evenings of classroom presentations and activities followed by a full day of practical training in the field. It's highly recommended that all members take this course to ensure they know and understand what to do in a wilderness medical situation. Completing a WFA course is a requirement for those desiring to lead CMC trips. Because most trip leaders do not repetitively practice the principles and procedures of dealing with medical situations, current trip leaders should also take this course to renew their WFA training. Participants will receive a comprehensive textbook and their WFA card. The member cost of the course is \$50 (\$40 for leaders). For details please contact Paul Schoell at [4paul2@gmail.com](mailto:4paul2@gmail.com). (**Note:** Although CPR training is not part of the WFA curriculum, accredited CPR training is available immediately following the WFA course for those that would like this additional training. A *separate sign up* is required for the April 18, 2015 CPR course.)

### **CPR Training** April 18, 2014

Knowing CPR (Cardiopulmonary Resuscitation) can be life-saving. So as a benefit to the community, the Pikes Peak Group is offering a CPR training course for everyone. If you never had CPR training, or if it's been a while, this two-hour American Heart Association accredited course is for you. It includes the latest classroom instruction and hands-on training in CPR/AED for the Adult/Child/Infant (choking, conscious, and unconscious). Upon completion, participants will receive their CPR card. The member cost of the course is \$25 (\$30 for non-members) and the number of participants is limited. For details please contact Paul Schoell at [4paul2@gmail.com](mailto:4paul2@gmail.com).

### **Basic Mountaineering School (BMS) – Colorado Alpine Snow Mountaineering** April 28, 30, May 2, 3, 2015

Discussions in our classroom sessions include evaluating weather and snow conditions, terrain and avalanche risk assessment, gear, trip planning, using crampons and proper climbing techniques, snow travel including proper use of ice axe, self-arrest, glissading, determining slope angles, and route finding. We will demonstrate and practice snow anchors and rope techniques if time allows. There is a CMC Rating Trip which we typically do at Pikes Peak Glen Cove which is designed to reinforce principles and techniques discussed in class. You will attend both days. There will be an optional CMC Wilderness Trip to hone your snow travel skills. The cost of this course is \$58. For details, please contact Michael Erickson at [Michael.Erickson@yahoo.com](mailto:Michael.Erickson@yahoo.com).



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)



## PPG Classes (continued)

### **Basic Mountaineering School (BMS) – Colorado Rock Climbing** May 21, 27, 30, 31, 2015

This course has one class lecture and one indoor climbing session. There are also 2 field sessions, which we typically do at Red Rock Canyon Open Space and Castlewood Canyon. Our discussions include belaying, climbing knots, communications, rappelling and rappel backup, climbing gear, the different types of rock climbing, rope management including coiling, care and inspection, and climbing techniques. There will be an optional CMC Wilderness Trip to hone your rock climbing skills posted at a later date. The cost of this course is \$58. For details, please contact Michael Erickson at [Michael.Erickson@yahoo.com](mailto:Michael.Erickson@yahoo.com).

### **Basic Mountaineering School (BMS) – Colorado Wilderness Backpacking** June 10, 17, 20-21, 2015

Classroom discussions include finding the right backpack, reviews of sleep, cooking, and clothing systems, ultra-light techniques, tents, trip planning, team composition, group dynamics, and Leave No Trace site selections. We'll do a gear check prior to the overnight to make sure you are properly equipped. There is a CMC Rating Trip (overnight) that is designed to reinforce principals and techniques discussed in class. The cost of this course is \$38. For details, please contact Tony Eichstadt at [teichstadt@comcast.net](mailto:teichstadt@comcast.net).

## April PPG Trips

### **Chautauqua Mountain Palmer Lake**

Saturday, 4/4/2015

Moderate B

Leader: Dean Waits, 719-445-0263, [dwaits24@gmail.com](mailto:dwaits24@gmail.com)

Trail Mileage 6.5 miles, Elevation Gain 1700 feet. Location: The trailhead for this hike is on Old Carriage Road in Palmer Lake, Colorado. However, we will meet at the Monument Park and Ride to drive to Palmer Lake. The Monument P&R is reached by Exit 161 on I-25 in Monument and is East of I-25. Leader will be in a blue Toyota 4Runner. We will depart from the Monument Park and Ride at 7:45 a.m. That should allow us to depart from the trail head in Palmer Lake by 8:00 a.m. Details: This is a loop hike on established trails. The first mile is a tough climb of 1100 feet to the top of Chautauqua Mountain. The hike proceeds to the SW along the ridge top of Chautauqua Mountain with excellent views of Pikes Peak and numerous interesting rock formations. We will then drop down to the Upper Palmer Reservoir and proceed North over the ridge into the Ice Cave Creek drainage. The Ice Cave Creek drainage is known for its outstanding rock formations. We will follow the Ice Cave Creek Trail back to the Lower Palmer Reservoir and then back to the trailhead.

### **Pikes Peak Group Leaderfest**

Wednesday, 4/22/2015

Leader: Y Mason, [youdew@aol.com](mailto:youdew@aol.com)

Location: The first 2015 Pikes Peak Group Leaderfest for Trip Leaders will be held at Rudy's Barbecue on the SE corner of Highway 24 and 31st Street starting at 7:00 p.m. Details: Please reserve your place at the table *no later than* Sunday, April 20, 2015. In order to provide enough food for everyone, *all* Pikes Peak Group Trip Leaders who plan on attending this event are highly encouraged to sign up online. Please, no walk-ins.

### **Rampart Wildlands–Winding Stairs logging camp** Saturday, 4/25/2015

Moderate

Leader: Thomas Mowle, 719-216-3932, [tommowle@yahoo.com](mailto:tommowle@yahoo.com)

Trail Mileage 9, Elevation Gain 2200. Location: Palmer Lake. Details: We will hike from Palmer Lake to the ruins of a logging camp off old Winding Stairs Road. This will be 100% on unmaintained trails (or old roads). We will hike past Upper Reservoir and up the inlet for views across Ice Cave Creek, then continue up the ridgeline past more overlooks. The ruins are well west on old Winding Stairs, almost all the way to the Forest Roads. On the return, we will probably take the heavily-eroded old Winding Stairs all the way back to Upper Reservoir. Along the way, we will likely do a bit of service to better mark a trail/road junction. No dogs, please.

### **Section XVI Palmer Loop**

Saturday, 4/25/2015

Moderate A

Leader: Y Mason, [youdew@aol.com](mailto:youdew@aol.com)

Trail Mileage 6, Elevation Gain 1,200. Location: The Section 16 trailhead is located 1 mile west of 26th Street and Gold Camp Road. Details: This trail climbs north and then west thru a heavily forested area. Along the trail there are nice eastern views of The Springs. We will take a short snack break at the top while admiring south-southwestern views before trekking back to the cars along a fairly gentle ridge and thru more forested area. Although this hike is scheduled during "Spring", foot traction devices and rain gear are encouraged! The hike will begin at 8:30 a.m., so please arrive at the trailhead a few minutes early.

## State CMC News

### **New! Mountain Skills Adventure Camp for Adults (Bonus: Wilderness First Aid option) June 28–July 2, 2015**

Join us at the base of the Sangre de Cristo Mountains in Southern Colorado for summer camp.

The focus will be on mountain hiking skills, Safety, map & compass/navigation, Leave No Trace®, hiking equipment tips and tricks. Get certified in Wilderness First Aid (16-hour course) or spend those two days hiking the Sangres on CMC trips. Includes meals, basic camp sites, and all instruction.

CMC Members: \$450 | Nonmember Guests: \$500 | Active CMC Trip Leaders: \$400 [Sign up today!](#)

### **FEATURED ADVENTURE TRAVEL TRIP**

#### **May 21-25, 2015 [Moab Mountain Bike/Hike Adventure - MMBHA](#)**

Our base camp outside Moab, UT is the perfect spot hike and mountain bike. There is no set itinerary, but each day we help participants to connect with other participants and find a ride or hike that best suits them. All meals are served at a common time to build community and for convenience. There is typically live music and a facilitated drum circle each night. There are often yard games that can be played at the main camp. All Levels of hikers are welcome. Mountain bikers should be comfortable on 4x4 roads. Novice bikers are welcome though they may choose to hike most days.

**CMC offers 20 trips around the globe every year! See all of our Adventure Travel trips at [cmc.org/adventuretravel](http://cmc.org/adventuretravel) Check back often, as new trips are posted throughout the year!**

### **Volunteers Needed in the CMC Office or Remotely**

CMC has a variety of volunteer jobs—and those who volunteer often say how much they enjoy working with our staff! We have a number of projects that can be completed from your home computer, so distance isn't a barrier. Contact [brendaporter@cmc.org](mailto:brendaporter@cmc.org) for more information.

### **MEMBERSHIP UPDATES**

#### **Membership Expiration Changing to the End of the Month**

In order to stream-line our membership processes, your membership will automatically now expire on the last day of the month in which you joined/renewed.

#### **Renew Your CMC Membership On-line**

Remember you can renew your membership anytime during the year—at your own convenience on your member dashboard at [cmc.org](http://cmc.org). Note: CMC is moving all members' expiration dates to the end of the month in which they initially joined, in order to streamline renewal communications. Questions? Contact [office@cmc.org](mailto:office@cmc.org).

#### **Life Membership in the CMC**

What a great deal! You pay one time and your membership lasts for the rest of your life! You don't have to remember to renew every year. Plus, your membership keeps on working to provide meaningful, local connections between people who love the mountains. Call or email the CMC office to find out more!

#### **Go Green in the CMC!**

In an effort to reduce our carbon footprint, CMC now offers a variety of "paperless" options that you can choose, including the Trail & Timberline magazine. Go to your member profile to choose the on-line T&T to reduce mail and printing footprint.

### **Member Discounts**

Don't forget about the discounts you can receive as a CMC member:

[Adventure Medical Kits](#)  
[Ajax Bike and Sport](#)  
[American Mountaineering Museum](#), Golden  
[Bent Gate](#), Golden  
[Breckenridge Nordic Center](#), Breckenridge  
[Frisco Nordic Center](#), Frisco  
[Golden Bike Shop](#), Golden  
[High Mountain Lodge](#), Winter Park  
[Ken's Anglers](#)  
[Moosejaw](#)  
[Mountain Chalet](#), Colorado Springs

[Mountainsmith](#)  
[Neptune Mountaineering](#), Boulder  
[ROCK'n & JAM'n](#)  
[Rocky Mountain Popcorn Factory](#)  
[Summit Terragraphics](#)  
[The Custom Foot](#), Englewood  
[The Mountaineers Books](#)  
[The Trailhead](#), Buena Vista  
[TrailRunner Magazine](#)  
[Vagabond Ranch Huts](#)  
[Wilderness Exchange Unlimited](#), Denver



For details visit the [Member Benefits](#) section of the CMC web site.

## Mt Princeton 2016

### Annual CMC Mt Princeton Hot Springs Resort Weekend

How great it is to be a Colorado Mountain Club Member: we can hike, ice climb, climb 14ers, mountain bike, snowshoe, backcountry and downhill ski, explore and travel. Heck given all of the weekly and monthly trips and events listed on the CMC Website, each of us could be "out there" pretty much everyday of the week!



Having said this, you should consider signing up for the Pikes Peak Group sponsored Annual Mount Princeton Hot Springs Resort Weekend in February 2016. A weekend filled with multiple opportunities to spend hours in the Sawatch Range backcountry skiing, snowshoeing, and hiking, followed by soaking to your heart's and body's content in The Resort's cascading

thermal pools, exercise pool, relaxation pool, and in Caulk Creek, my favorite! Also, for an additional fee you may make arrangements with The Resort to take advantage of any of multiple spa services during your stay.

Since 2002, PPG's very own Getty Nuhn—who was initially assisted by Diane Pugh and now Becky Zenthoefer—has been organizing and planning this event for CMC members, and although Getty admits that she has been making this annual trek to Mount Princeton Hot Springs since the mid 1990s, she continues to enjoy offering this special one-of-a-kind event to all CMC Members and their guests.

This reasonably priced weekend includes a shared or single room (for a few extra dollars), two drinks (choice of beer, wine, or soft drink) on Friday evening during the Welcome Reception, two delicious dinner buffets, two wonderful and fulfilling breakfast buffets, and all the soaking time in the pools or creek that you can embrace. To top that off, on both Saturday and Sunday mornings our PPG Leaders generously offer to lead snowshoeing excursions (this year we enjoyed two-three feet plus of snow!), backcountry skiing, and hiking.

The next enjoyable and relaxing weekend at Mount Princeton Hot Springs Resort will be posted for signup on the CMC Website this October. Why not join the many CMC Members who "Save the Date" to enjoy great food, good company, snowshoeing, backcountry skiing, hiking, soaking, and swimming each year? You too will look forward to returning for this event year after year.



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## Pikes Pique

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Pikes Pique is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

### PIKES PEAK GROUP CONTACT INFORMATION:

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[cmc.org/About/CMCGroups](http://cmc.org/About/CMCGroups)

### CLASSIFIED ADVERTISING

#### Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

#### Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page - \$30, ½-page - \$60

### WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next Pikes Pique newsletter.

Please send to:

David Anderson, editor  
[danderso@uccs.edu](mailto:danderso@uccs.edu)

The deadline for submissions is the 14<sup>th</sup> of each month.

Use the above contact information for corrections and comments as well.