



March 2017 | No. 232

# Pikes Pique

## The Newsletter of the CMC Pikes Peak Group

### Pikes Peak Group Monthly Program – March 21

#### John Anderson Presents: Culturally Modified Trees

Please join us at 6:30 p.m. on March 21<sup>st</sup> for our monthly program at the Mountain Chalet, 226 N. Tejon St. John Anderson will talk about the modification of trees by the indigenous people of the Pikes Peak region.



This presentation is based on the book written by John Wesley Anderson and published by the Old Colorado City Historical Society (OCCHS). The Ute Indian Prayer Trees of the Pikes Peak Region is not just a story about Culturally Modified Trees; it's about the advanced culture of the deeply spiritual people behind the trees. The Ute were among the indigenous people of the Pikes Peak Region who skillfully modified trees for navigational, spiritual, burial, medicinal, nutritional and educational purposes. The Ute name for Pikes Peak was Tava, meaning the Sun Mountain. Tava was the most sacred of all the Shining Mountains for the Ute believed the Creator allows the day to start there first and each day is a gift from the Creator. The Ute believe that anything created by the hands of the Creator has a spirit, including a horse, an eagle, a bear, a person or a tree.

John Anderson is an author, artist, and historian. He retired from Lockheed Martin in 2012 to launch a small consulting business, allowing him the freedom to pursue his love of history, writing, and the arts. Although John has travelled around the world, including several adventures on a catamaran sailing the Caribbean, three corporate security assignments into a combat zone on the Horn of Africa, and landing on an aircraft carrier at sea in the Pacific Ocean, he remains most fascinated by the rich history and art discovered in his own back yard in the American Southwest.



John will bring copies of his book for sale and signing, and copies can be purchased at the [OCCHS gift shop](#) in Old Colorado City.

## Your PPG Council

**Chair** – Collin Powers  
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### At Large:

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719-659-0345, at\_90@yahoo.com

Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

## Welcome New PPG Members!

Soledad Anglada  
Patrick Buchwald  
Teresa Castagna  
Tim Catron  
Kristen Davis  
Bob Doyle  
Genine Doyle  
Michael Galuardi  
Pauline Knott  
Sage Lippur  
Hans Lippur

Ty Medler  
Taylor Mueller  
Dana Parvin  
Kaitlin Piosa  
Cathy Poral  
Jeanne Rice  
Zachary Robinson  
Mike Scott  
Kyle Spinuzzi  
Joshua Walker



## Your PPG Council Needs You!

We sincerely appreciate all of our Pikes Peak Group members who selflessly volunteer their time and effort leading trips, instructing classes, promoting the Club, and serving on the Council. Have you been a member for a while? Have you benefited from our classes? Have you had fun on trips? Why not consider giving a little back? Our Programs chair position is currently vacant. Come join us for a meeting and see what the Council is about. Sign on as an At Large member and participate in decision making and voting. Think about filling that vacant position. We would love your help! Feel free to contact the Chair, or really, anyone on the Council.

## Leaderfest – April 26

### CALLING ALL PPG INSTRUCTORS AND TRIP LEADERS!

Our semi-annual information and appreciation meeting will be held on April 26<sup>th</sup> starting at 6:30 p.m. , this time at Old Chicago, 4110 N Academy Blvd. On top of the usual good food, drink, and camaraderie, we'll have a guest speaker, to be announced soon. Please sign up for this event on the [CMC web site](#) by clicking on the Calendar button and selecting Leaderfest, April 26, so we will know how many people to expect. We would hope that all of our PPG Leaders and Instructors will join us. For additional information, contact Britt Jones, PPG Outings Chair, 719-661-4777.



the PPG  
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## PPG Basic Mountaineering School – 2017



Are you seeking to increase your skills and safety in backpacking and climbing 14ers, perhaps even thinking about moving up to the more challenging aspects of snow, rock, and ice climbing? Then consider the courses we have to offer in the 2017 Basic Mountaineering School. This is the perfect way to develop the alpine mountaineering skills you need to tackle anything the Colorado Rocky Mountains can throw at you!



Our Pikes Peak Group offers two tracks, depending on your level of adventure:

### PPG BMS Wilderness Trekking Certificate

- ♦ Wilderness Fundamentals
- ♦ Wilderness Land Navigation
- ♦ Wilderness Backpacking

### PPG BMS Alpine Mountaineering Certificate

- ♦ Alpine Snow Mountaineering
- ♦ Rock Climbing
- ♦ Ice Climbing

More detailed information for these classes is available in this newsletter and on the [cmc.org](http://cmc.org) web site under Calendar, Classes.

(You must complete the Wilderness Trekking Certificate sequence and an Avalanche Level I course to be eligible to graduate from the Alpine Mountaineering sequence.)

Taught by volunteer instructors who have a passion for sharing their knowledge and skills, each module focuses on a different aspect of Colorado mountaineering. We cover gear, nutrition, weather, trip planning, and all the detailed information pertinent to the activity. Courses usually consist of two to three evening classroom sessions, and one or two field sessions (the backpacking class includes an overnight trip). Our instructor–student ratios are typically 1:2 to 1:3. Best of all, BMS introduces you to a fine group of like-minded folks who share the same love of mountaineering that you do. Think new climbing buddies!

With these certificates under your belt, you will open yourself to a world of new mountaineering possibilities. As well, you will be eligible for CMC trips that have a BMS prerequisite. If you have even higher aspirations, the Alpine Mountaineering Certificate gives you the credentials to enroll in our High Altitude Mountaineering School (HAMS).

For further information, email BMS Co-directors [Matt Foster](mailto:Matt.Foster@cmc.org) or [Tom Mulcahy](mailto:Tom.Mulcahy@cmc.org).



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)





# Potpourri

## SUPER BOWL SUNDAY BARR CAMP TRIP



L-R: Mike Campbell, Ted Maynard, Dean Waits, Pam Taylor, Andy Lyons and Mike Flora



## BARR CAMP OVERNIGHT TRIP



L-R front row: Robin Mino, Chris Mattingly, Karl Ford, Cindy Molina, Barbara Newsome, Dean Waits (Leader), Ariana Antonio; Back row: Andy Lyon, Steve Raney, Heri Molina and Glenn Barr

For the third year we've hiked to Barr Camp to enjoy some tranquility, fun, and games. Each year is a bit different. We left Barr TH in shorts and t-shirts, to arrive at high 20's at Barr Camp. This year's plan was stay two nights and leave early Saturday morning for Pikes Peak. If you've never been to Barr Camp, you're missing a very special experience. There are caretakers, Ashley, Nathan, and Zach, to prepare breakfast and supper; all you can eat, pancakes and spaghetti. Just the right stuff. Nine folks reached the summit and the world famous donut shop. As the forecast so quickly can change in the mountains; we were in luck, chances for snow and rain showers were lessened and pushed into the afternoon. Returned to the TH and the Manitou shuttle by noon.

## INTRO TO BACKCOUNTRY SKIING CLASS

Breckenridge Nordic Center – January 8



Photos courtesy Jackie Crouch



## NEW MEMBER ORIENTATION

Red Rock Canyon Open Space – January 21



L-R: Ted and Pam Taylor, Mike Cromwell (Leader), Tim Catron, Steve Stowell, Diane McOmie, Randy Ayers, Sarah Stowell, Kyle Spinuzzi, Kim Wetzel (Leader), Zack Robinson, Kristen Davis, and Gary Zieske  
Photo courtesy Dean Waits (Leader)

## PPG Advanced Rock Climbing Program

For those of you interested in furthering your climbing knowledge and skill set, we have planned this year's PPG Advanced Rock Climbing Program (ARC Pro) classes and invite you to participate. The classes are now posted on the [CMC website](#) and registration is open. Below are the dates of the classes with a brief description of each:

**March 15, 18, 19 – Gear and Anchors Class:** An introduction to the principles, techniques and gear used to build safe, reliable climbing anchors, including top-rope, multipitch, and rappel anchors. This class applies to all climbing disciplines and is a foundational class for traditional leading. Includes instruction and practice placing traditional climbing protection. Beneficial to non-leaders and leaders alike. The only prerequisite is completion of BMS Rock or the equivalent skills in basic climbing safety systems.

**April 1, 2 and October 28, 29 – Self-Rescue Class:** Teaches techniques to help you get out of various scenarios where things have gone wrong. Includes skills useful in single and multi-pitch environments. Useful knowledge for leaders and non-leaders. Students are always welcome to take this class multiple times as a refresher, as these skills can get rusty when not used or practiced regularly. We also try to tailor the class to the individual student's ability level and desire to advance in skills.

**May 6, 7 – Crack Climbing Class:** Will teach you techniques to climb various sized cracks. Two full days of guided climbing practice. No leading required. Especially beneficial to trad leaders, as many trad climbs involve crack climbing.

**June 20, 24, 25 – Traditional Leading Class:** A class to help you get started at leading trad climbs, students advance to doing "mock leads" with a top-rope back-up belay. You should take the Gear and Anchors Class prior to this one, and have experience with leading sport climbs. If you haven't already been leading, you should probably take the Sport Leading Class before this one.

**August 10, 12, 13 – Multipitch Concepts Class:** Techniques for climbing multipitch routes, including leading and following. This class will probably be most beneficial to experienced trad leaders. It is recommended that you take the Gear and Anchors Class and Trad Leading before this one, as this class involves students leading trad climbs and building their own multipitch anchors. This class can also be tailored to the individual student's ability level and could be taken more than once to further advance your skills.

**August 26, 27 – Sport Lead Climbing Class:** For those who want to learn how to lead sport climbs safely. Includes setting up and cleaning top-rope sport route anchors. The only prerequisite is BMS Rock or equivalent.

Feel free to contact [Scott Kime](#) or [Collin Powers](#) with any questions you have regarding class content or your suitability for a class. Some of the classes have some special gear requirements, which you can find in the class postings on the [cmc.org](#) website.

Our next class is coming up in only a few weeks, so sign up soon or at least mark your calendars if you're interested!

## Upcoming PPG Classes

### PPG Basic Mountaineering School – Colorado Wilderness Fundamentals

Starts February 28

There are two class lectures covering the topics of gear, trip planning, nutrition, conditioning, conservation practices such as Leave No Trace, the Ten Essentials, weather evaluation, safety, emergency planning protocol, and case studies of wilderness accidents. There is a CMC Rating Trip designed to reinforce principals and techniques discussed in class. This class is a prerequisite for many of our other courses and will provide a copy of Freedom of the Hills that will be referenced in other courses. Make sure you have this one under your belt!

### PPG ARCPro Gear and Anchors Class

Starts March 11

In Gear and Anchors, students will learn about the various types of rock protection, including: natural protection, passive protection (nuts, hexes) and active protection (cams); and how to place and incorporate pieces of protection into anchors. We will discuss climbing anchors, to include top-rope, belay, and rappel anchors. The student will learn the concepts of building a safe climbing anchor to include placement and evaluation of protection, fall forces, direction of pull, rigging methods and knots for anchoring. By the end of the final field session, participating students will be expected to be able to build trad anchors that meet an instructor-team evaluation for gear placement and anchor safety. They will rappel off of anchors they have built and rigged. Prerequisites: Registrants should have already taken BMS Rock Climbing, or have the equivalent basic rock climbing skills. Please contact the leaders for any questions as to your suitability for this class and the ARC Program in general.

## Upcoming PPG Classes (continued)

### **Pikes Peak Trip Leader Training**

Starts March 20

This course provides the necessary training and satisfies part of the requirement of becoming a CMC trip leader for the Pikes Peak Group. (Completion of a Wilderness First Aid course, a CPR course, and practice trip leading are the other requirements for becoming a trip leader.) The classroom sessions are on 9 and 23 March from 6:30 pm to 9:00 pm. The field session on the morning of 26 March will be scheduled as a CMC trip. Prerequisite: Must have taken BMS Wilderness Fundamentals and Land Navigation or posses equivalent demonstrable knowledge/experience and be a PPG member for at least one year.

### **PPG Basic Mountaineering School – Colorado Wilderness Land Navigation**

Starts March 29

There are two class lectures. Our discussions include maps, compass, orienteering, estimating distance, interpreting map symbols, properly reading topo contour lines, learning about declination, sighting, taking a bearing, and technologies such as GPS. You'll also participate in class exercises using a map and compass. There is a CMC rating trip which is designed to reinforce principals and techniques discussed in class. You'll be given a map with markers. Your team's job will be to find them.

### **PPG ARCPro Self Rescue Class**

Starts April 1

Ever wondered how you might react if your climbing partner were injured? What about if you were injured- would you be able to get down safely as a team? In the PPG ARCPro Self-Rescue Class, you will learn tips and techniques to deal with unpleasant situations in the mountains. Whether you are an alpine climber seeking endless ridgelines, looking to break into multipitch ice this year, or a seasoned rock climber with regular days at our local crags- this course is for you!

### **Pikes Peak WFA (Wilderness First Aid)**

Starts April 22

This two-day, sixteen-hour ECSI accredited course consists of instruction devoted to medical evaluation and treatment in the wilderness setting where definitive medical care is not readily available. Day one consists of classroom presentations and practicals on a variety of situations you might encounter in the backcountry and wilderness areas. Day two continues with a short classroom presentation followed by almost a full day of practicals and hands-on training in the field. This course satisfies a requirement for trip leaders. The sessions are on Saturday, 22 April and Sunday, 23 April from 8:00 am to 3:00 pm. A comprehensive textbook and a field guide are included and you will receive your WFA certification. Note: This course does not teach CPR, which is taught in a separate two-and-a-half-hour class (with separate sign-up required) at the same location after the completion of the WFA course.

### **Pikes Peak CPR Training**

April 23

Knowing CPR can be life-saving! Did you know the number four cause of death in the backcountry is heart attack? If you never had CPR training or it's been a while; this two-and-a-half-hour American Heart Association accredited training is for you. It includes the latest classroom instruction and hands-on training in CPR/AED for the Adult/Child/Infant (choking, conscious and unconscious). This class is taught at 3:15 pm on April 23 and satisfies a requirement for trip leaders. A CPR card good for two years will be issued upon completion.

### **PPG Basic Mountaineering School – Colorado Alpine Snow Mountaineering**

Starts April 25

Prerequisite: Wilderness Fundamentals. There are two class lectures. Our discussions include evaluating weather and snow conditions, terrain and avalanche risk assessment, gear, trip planning, using crampons, proper climbing techniques, snow travel, including proper use of ice axe, self-arrest, glissading, determining slope angles, and route finding. We will demonstrate and practice snow anchors and rope techniques if time allows. There is a CMC rating trip which we typically do at Pikes Peak Glen Cove which is designed to reinforce principals and techniques discussed in class. You will attend both days.

### **PPG ARCPro Crack Climbing Class**

May 6

This class will focus on crack-climbing techniques for climbing finger- to fist-sized cracks, along with touching on chimney and off-width techniques. We will not be teaching any gear placement or lead climbing in this class; we will focus on climbing techniques while on a top-rope belay. Prerequisites: Students should have basic rock climbing skills, such as taught in our BMS Rock Climbing class or the equivalent, to include belaying and climbing communication. Leading skills are not necessary.

### **PPG Basic Mountaineering School – Colorado Rock Climbing**

Starts May 25

Prerequisite: Wilderness Fundamentals. There is one class lecture and one indoor climbing session. Our discussions include climbing gear, rating a climb, the different types of rock climbing, reviewing climbing knots, rope management including coiling, care and inspection, anchors, communications, climbing techniques, belaying, rappelling, and building an auto-block. There are two CMC Rating Trips which we typically do at Red Rock Canyon Open Space and Castlewood Canyon. We may also go to 11-Mile Canyon depending on the weather.



## March PPG Trips

### Cross Country Ski Leadville Shelter Dog Shuffle

Saturday, 3/4/2017

Moderate III

Leader: Eric Hunter, 719-266-9647, [EHunterCMC@gmail.com](mailto:EHunterCMC@gmail.com)

Trail Mileage 6, Elevation Gain 100, Driving Distance 250. Location: Leadville, CO. Details: This is a fun skijor event (race is before the event) to benefit the Leadville Animal Shelter. Experienced racers are on hand to help train and mediate the event. The event includes ski, snowshoe, run, or walk. For skiers, skinny track skis or skate skis recommended. You can bring your own dog as well. Bringing your own climbing harness is recommended. Cost is \$20 per event and all proceeds go to benefit the Leadville Animal Shelter. Event takes place at the Leadville Golf Course. Register with leader.

### PPG Wilderness Fundamentals Field Day (A)

Saturday, 3/4/2017

Easy A

Leader: Matthew Foster, 719-352-8164, [matthewmfoster@gmail.com](mailto:matthewmfoster@gmail.com)

Trail Mileage 4, Elevation Gain 500. Details: This is the Field Day for the PPG Basic Mountaineering School class on Colorado Wilderness Fundamentals. We will go for a short hike in the Red Rock Canyon Open Space (3 to 4 miles) and then meet at the Gazebo. During the hike we'll review everyone's 10 Essentials and Leave No Trace principles, and answer questions.

### Cheyenne Mountain State Park

Saturday, 3/11/2017

Moderate A

Leader: Christie Lee, 719-243-1821, [Christie80905@gmail.com](mailto:Christie80905@gmail.com)

Details: Contact leader at least two days prior to the trip to confirm meeting place and time.

### Cross Country Ski Leadville Mineral Belt Trail

Saturday, 3/11/2017

Moderate III

Leader: Eric Hunter, 719-266-9647, [EHunterCMC@gmail.com](mailto:EHunterCMC@gmail.com)

Trail Mileage 12, Elevation Gain 500, Driving Distance 250. Location: Leadville, CO. Details: Cross-country, classic, backcountry, or skate this wonderful tour around the Historic Leadville Mining District. We will follow the groomed trail as far out as we can manage. The entire loop is 11.6 miles. We will ski at least a good portion of this out and back, but we will try to complete the loop. Many historic sites are noted along [the route](#). Nat Geo Map 109. Register with leader.

### Cheyenne Mountain State Park

Saturday, 3/18/2017

Moderate A

Leader: Christie Lee, 719-243-1821, [Christie80905@gmail.com](mailto:Christie80905@gmail.com)

Details: Contact leader at least two days prior to the trip to confirm meeting place and time.

### BC Ski French Gulch

Saturday, 3/18/2017

Moderate III

Leader: Eric Hunter, 719-266-9647, [EHunterCMC@gmail.com](mailto:EHunterCMC@gmail.com)

Trail Mileage 10, Elevation Gain 1600, Driving Distance 220. Location: Breckenridge, CO. Details: In Breckenridge, this tour starts along the road accessing summer cabins and continues up French Gulch toward French Pass. Once past the summer cabins, more off trail travel is permitted, but avalanche terrain now prevails. Full avalanche gear and training will be required for this trip. NNN-BC cross-country gear will be fine, but cable binding backcountry gear will be better. Nat Geo Map 109. Register with leader.

### PPG Wilderness Fundamentals Field Day (B)

Saturday, 3/18/2017

Easy A

Leader: Dean Waits, 281-352-2236, [dwaits24@gmail.com](mailto:dwaits24@gmail.com)

Trail Mileage 4, Elevation Gain 500. Details: This is the Field Day for the PPG Basic Mountaineering School class on Colorado Wilderness Fundamentals. We will go for a short hike in the Red Rock Canyon Open Space (3 to 4 miles) and then meet at the Gazebo. During the hike we'll review everyone's 10 Essentials and Leave No Trace principles, and answer questions.

### BC Ski Fooses Creek

Saturday, 3/25/2017

Moderate III

Leader: Eric Hunter, 719-266-9647, [EHunterCMC@gmail.com](mailto:EHunterCMC@gmail.com)

Trail Mileage 10, Elevation Gain 2000, Driving Distance 240. Location: Monarch Pass, CO. Details: This is a moderate out and back ski into the North Fooses Creek Road near Monarch Pass. We will stay to the main road following the power line as far as everyone can go, have lunch, then return by the same route. We may explore some of the side roads along the way. NNN-BC cross-country gear will be fine, but cable binding backcountry gear will be better. We will avoid avalanche terrain. Nat Geo Map 130. Register with leader.



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)



## Earth Corps 2017



Introducing Earth Corps 2017! Earth Corps is a field studies program run by the Rocky Mountain Field Institute (RMFI) in partnership with the University of Colorado, Colorado Springs to provide motivated, environmentally conscious undergraduate students the opportunity to live and learn in the incredible natural classroom of the Colorado wilderness. Earth Corp students spend a month living, working, and learning in the remote Willow Lake Basin of the Sangre de Cristo Mountains. Students will have long hours of very demanding physical labor at altitudes of 11,000-14,000+ feet, working effectively as a team, exercising the highest level of commitment and perseverance, and make enduring friendships, all while earning 4 upper-division Geography and Environmental Studies credits. Applications for this award-winning, for-credit program happening July 14 through August 12, 2017 are now being accepted. [Learn more and apply.](#)

## Member Discounts

Adventure Medical Kits  
Ajax Bike and Sport  
American Mountaineering Museum  
Bentgate  
Breckenridge Nordic Center  
City Rock  
Friction Labs  
Frisco Nordic Center  
Gold Camp Brewing  
Golden Bike Shop  
Great Storm Brewery  
Ken's Anglers  
Lumiere Telluride  
Moosejaw  
Mountain Chalet

Mountain Equipment Recyclers  
Mountainsmith  
Neptune Mountaineering  
ProMotive.com  
R&W Rope  
ROCK'n & JAM'n  
Rocky Bob's Fly Fishing Rods  
Summit Terragraphics  
The Custom Foot  
The Mountaineers Books  
The Trailhead  
TrailRunner Magazine  
Vagabond Ranch Huts  
Wilderness Exchange Unlimited

## Pikes Pique

March 2017 | No. 232

*Pikes Pique* is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

### PIKES PEAK GROUP CONTACT INFORMATION:

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Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page - \$30, ½-page - \$60

### WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

David Anderson, editor  
[danderso@uccs.edu](mailto:danderso@uccs.edu)

The deadline for submissions is the 14<sup>th</sup> of each month.

Use the above contact information for corrections and comments as well.