



October 2017 | No. 239

Pikes Pique

The Newsletter of the CMC Pikes Peak Group

Solar Eclipse Trip – Laramie Peak, WY



Glenn Barr led a group of eleven to Laramie Peak, WY to view the total solar eclipse on August 21, 2017.

Photos courtesy Glenn Barr, Joy Cipoletti, and Jennifer Schmidt.

Your PPG Council

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Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

Welcome New Members!

Stormy Burns	Heesoo Kim
Hannah Carrese	Barbara Miles
Joel Collins	Lindsey Quinlisk
Suzanne Cote	Regina Strauser
Chris Gredig	Sue Waber
TJ Hittle	Josh Waldorf
Allen Kelly	Elaine Wolf



Important – Trip Leaders

Hopefully you are aware, and if not this is a friendly reminder, that the Pikes Peak Group has a requirement that each trip leader lead at least one trip of any kind for the group every two years. The current two-year period is up on December 31, 2017. If you haven't led a PPG trip yet since January 1, 2016, then there is still time to do that before the end of this year. More than half of our trip leaders lead many more trips than that. This is not a very hard requirement to fulfill if you are an active trip leader. However, those trip leaders that don't fulfill this requirement will be removed from our trip leader list on January 1, 2018. So, don't let that happen—lead a trip!

High Altitude Mountaineering School

The PPG High Altitude Mountaineering School (HAMS) will start in October. This is a course designed for those climbers who want to go beyond the 14ers to take on high altitude (15,000'-plus) and glaciated mountains. Classroom sessions will take place on Thursdays 10/26, 11/2, 11/16, 11/30, 12/7 and include such topics as equipment, medical concerns, nutrition and menu planning, fitness and training, organizing an expedition, and group dynamics. Field sessions will be on 1/7, 1/21, 2/10-11, and 3/3-3/4; they will cover such topics as roped travel, crevasse rescue, climbing alpine ice, and winter camping. A graduation climb of Mt. Rainier will take place at the end of the course. Completion of Basic Mountaineering School (all modules) or equivalent, plus experience putting those skills into practice in the field are prerequisites for the course. Cost for the class is \$160. For information contact Greg Long at (719) 659-0345 or at_90@yahoo.com. Register online at cmc.org.



Kristin and Gretchen at Mountain Chalet's Camp Night

Upcoming PPG Classes

Pikes Peak Intro to Desert Hiking and Canyoneering

Starts September 20

If you have only been hiking in the high altitude for your spring, summer, and fall there is another world out there. When you have climbed enough peaks to wonder what other environments might be out there, the next step for you may be desert terrain. Come learn the proper gear, safety, and entry level techniques for basic desert hiking and basic canyoneering. There are many nuances to this environment that should warrant a safe approach such as provided by this class. The course cost is \$95. The classroom session will be in Colorado Springs and is on 20 Sep from 6:00p to 9:30p. There is a one day field session in Colorado Springs to cover some basics and evaluate fitness levels scheduled for 24 Sep. Then we go on a five day trip to the desert scheduled for 27 Sep through 01 Oct. This year's desert trip is planned for the San Rafael Swell in Utah. A strong fitness level to go on daily full day hikes with scrambling on moderate exposure in hot terrain, squeezing through narrows, and hiking in loose sand is required for the field sessions. The field sessions will be progressive in nature to build on skills. Attendance at the classroom session and local field session will be required to attend the Utah trip.

Pikes Peak Trip Leader Training

Starts October 5

This course provides the necessary training and satisfies part of the requirement of becoming a CMC trip leader for the Pikes Peak Group. (Completion of a Wilderness First Aid course, a CPR course, and practice trip leading are the other requirements for becoming a trip leader.) The classroom sessions are on 5 and 9 October from 6:00 pm to 8:30 pm. The field session on the morning of 14 October will be scheduled as a CMC trip. *Prerequisite:* Must have taken BMS Wilderness Fundamentals and BMS Land Navigation or possess equivalent demonstrable knowledge/experience and be a PPG member for at least one year.

Pikes Peak WFA (Wilderness First Aid)

Starts October 21

This two-day, sixteen-hour ECSI accredited course presents dynamic instruction devoted to teaching the student how to respond to medical emergencies in remote settings where definitive medical care is not readily available. Day one consists of classroom presentations and hands-on training in a variety of medical situations that may be encountered in the backcountry and wilderness areas. Day two continues with a shorter classroom presentation followed by realistic scenarios in the field that simulate the type of medical situations people face in wilderness settings, when calling 911 is not an option. This course satisfies a requirement for trip leaders. The sessions are on 21 and 22 October from 8:00 am to 3:00 pm. A comprehensive textbook and field guide are included and you will receive your WFA certification. *Note:* This course does not teach CPR, which is taught in a separate two-and-a-half-hour class (with separate sign up required) at the same location after the completion of the WFA course.

Pikes Peak CPR Training

October 22

Knowing CPR can be life-saving! Did you know the number four cause of death in the backcountry is heart attack? If you never had CPR training or it's been a while, this two and a half hour American Heart Association accredited training is for you. It includes the latest classroom instruction and hands-on training in CPR/AED for the Adult/Child/Infant (choking, conscious and unconscious). This class is taught at 3:30 pm on October 22 and satisfies a requirement for trip leaders. You will receive a CPR certification good for two years.

Ring the Peak Trail

Dispatches from the Trail

In 2016, Colorado Gov. John Hickenlooper identified the Ring the Peak Trail, a network of trails and roads that circumnavigate Pikes Peak, as one of the 16 major gaps in trails around Colorado to complete for Colorado's 16. An 8-mile gap in Teller County between Pancake Rocks and Mason Reservoir, on the south slope of Pikes Peak, remains unfinished.

Earlier this year, The Trails and Opens Spaces Coalition (TOSC) and the Friends of the Peak (FOTP) were awarded a \$100,000 grant by GOCO (Great Outdoors Colorado) to develop a RTP Master Plan. According to Susan Davies, Trails and Open Space Coalition executive director, NES, Inc., the land planning firm chosen to lead the effort, is expected to spend the a year researching and developing the plan and then turn it over to the stakeholders, to implement it.



To receive future eNewsletters from Ring the Peak, send an email indicating you would like to be added to the list to: Gigi@Bachmanpr.com.

October PPG Trips

Technical Canyoneering Trip - San Rafael Swell, UT

Sunday, 10/1/2017

Moderate

Leader: Eric Hunter, 719-266-9647, EHunterCMC@gmail.com

Trail Mileage 20, Elevation Gain 1500, Driving Distance 1000. Location: San Rafael Swell, UT. Details: This is the four day field trip for those completing the Pikes Peak Group Intro to Technical Canyoneering classroom session only. We will drive to Goblin Valley SP, UT and setup a car camp base camp. We will then hike in Goblin Valley and visit Curits Bench. On Monday we will hike Farnsworth Canyon and rappel from the arches - Class 2, B, IV plus long rappels. On Tuesday we will hike Ding & Dang Canyons as a loop - Class 3, B, IV and approximately 6 miles. Substitutions may be made to accommodate weather, road closures, etc. Further details will be provided in the class.

Carpenter Peak and Powerline Roxborough State Park

Sunday, 10/1/2017

Moderate B

Leader: Debbie Sheinman, 719-635-7720, sheindk@yahoo.com

Trail Mileage 8, Elevation Gain 2200, Driving Distance 150. Location: We'll meet at Woodmen Valley Park 'n' Ride at 8:15 a.m. We'll carpool, driving north on I-25 to Castle Rock and exit onto Highway 85. We'll drive north and east on Highway 85 to the Titan Parkway exit. We'll continue east on Titan Parkway (Route 7) and turn south onto Rampart Range Road past Roxborough Village to the entrance of Roxborough State Park. *Please note: The entry fee per car is \$7.00.* We'll hike in Roxborough State Park, completing an 8-mile loop. We'll hike up to Carpenter's Peak, continuing on the Powerline Trail, and return via the Elk Valley Trail. All travel will be on trail with many ridges and valleys, passing through foothills vegetation of grasses, scrub oak, pine, and fir trees. Please bring your 10 essentials including food and at least 2 quarts of water. If you wish to meet at the visitor center in Roxborough State Park, or if you need to cancel, please let me know ahead of time.

Beaver Creek Wilderness Study Area Hike

Saturday, 10/7/2017

Moderate BII

Leader: John Gray, 719-369-3163, johnphoneman@gmail.com

Trail Mileage 8, Elevation Gain 1200, Driving Distance 90. Location: Beaver Creek Wilderness Study Area. Details: A wonderful late season hike! Please bring your lunch. With 3 stream crossings, this hike takes longer than the 8 miles would suggest. Water shoes and poles are recommended. Well behaved humans and dogs are welcome. Notes: Please email health issues that I should be aware of like asthma, heart conditions, etc. (This is not a disqualifier.)

Jones Park Fall Colors

Sunday, 10/8/2017

Moderate B

Leader: Y Mason, youdew@aol.com

Trail Mileage 9.25, Elevation Gain 2000. Location: Jones Park is located in the most western portion of North Cheyenne Canon Park in Colorado Springs. Details: Join the group for a wonderful hike along the Seven Bridges Trail and up to Jones Park where the aspen trees might quite possibly be displaying their incredible fall colors. Specific meetup and hike details will be emailed to registered hikers several days prior to the hike. **No tickets left.**

Lizard Rock

Saturday, 10/14/2017

Moderate A

Leader: Y Mason, youdew@aol.com

Trail Mileage 5.5, Elevation Gain 1000, Driving Distance 120. Location: This seldom visited trail is located within the Lost Creek Wilderness Area (Teller County), an hour's drive west of Colorado Springs. Details: This hike is in the Tarryalls. Although this a short 5 mile/1000 feet of elevation hike and a 60 mile drive one way, the reward of hiking through this area is spectacular, especially when Mother Nature is working her magic on the aspens. Weather permitting, lunching at the Lake George Café is an option. Meetup and carpooling details will be emailed to registered hikers several days prior to the hike.

Tribute to Mary Willow Creek Trail to Dome Rock Trail Loop

Sunday, 10/15/2017

Moderate B

Leader: Y Mason, youdew@aol.com

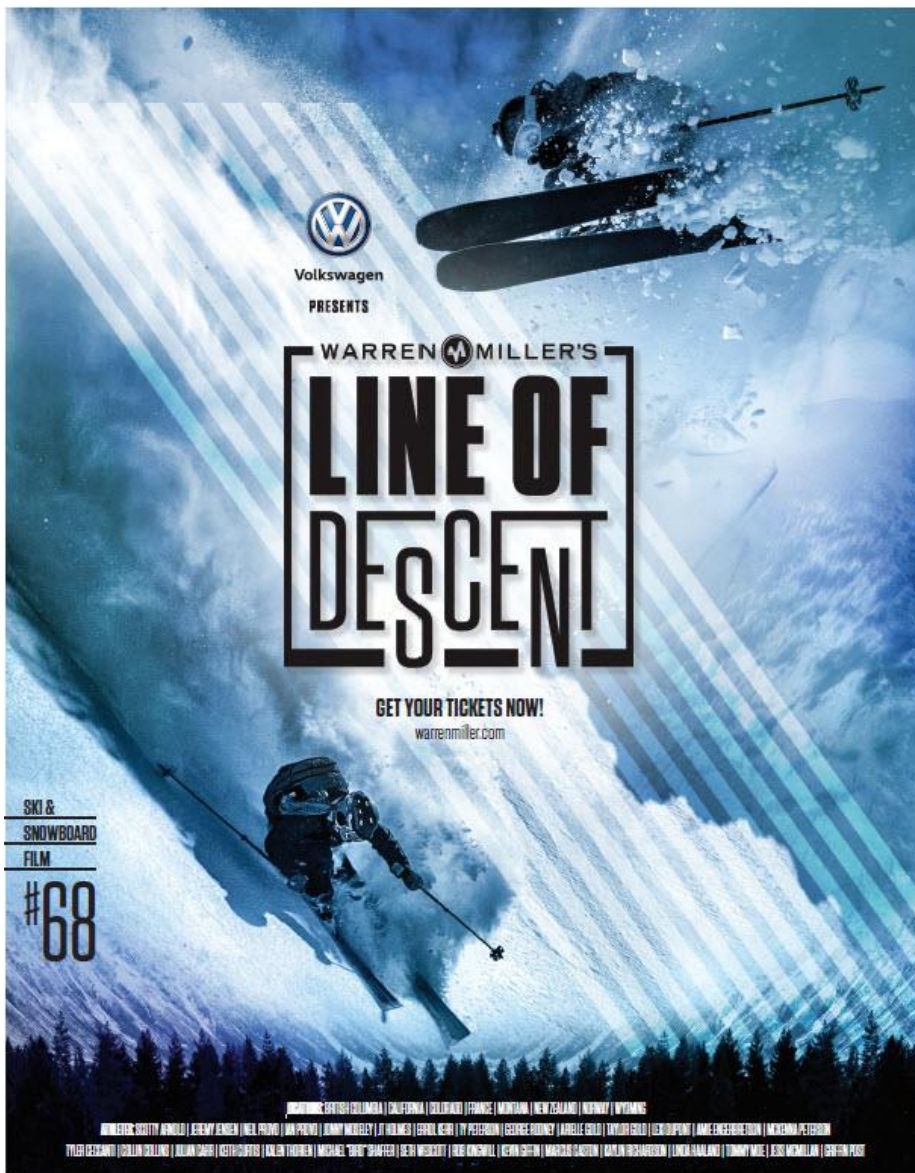
Trail Mileage 6.5, Elevation Gain 1400, Driving Distance 70. Location: This area is adjacent to the southern boundary of Mueller State Park in Teller County. A 35 minute drive west of Colorado Springs. Hike begins at the Willow Creek Trailhead to Sand Creek Trail then crossing Four Mile Creek to the Dome Rock Trail then back towards the trailhead. Expect two-plus creek crossings. Details: This hike is in memory of Mary, an avid outdoorswoman and conservation steward. Mary absolutely appreciated hiking along this trail especially during the fall. The leader is grateful to Mary's husband Tom for giving his permission to lead this hike as a tribute to Mary's love of the outdoors. Meet-up specifics will be emailed to registered hikers several days prior to the hike. After the hike there is an option to lunch at Mike's BBQ in Divide.



To register for classes or trips,
go to www.cmc.org



Upcoming Warren Miller Film



Pikes Pique

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Pikes Pique is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

PIKES PEAK GROUP CONTACT INFORMATION:

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CLASSIFIED ADVERTISING

Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page - \$30, ½-page - \$60

WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

David Anderson, editor
danderso@uccs.edu

The deadline for submissions is the 14th of each month.

Use the above contact information for corrections and comments as well.

