



The Newsletter of the CMC Pikes Peak Group

April, 2019 | No. 2545

## Pikes Peak Group Program – April 16

Jane Parnell Presents *Off Trail: Finding My Way Home in the Colorado Rockies*



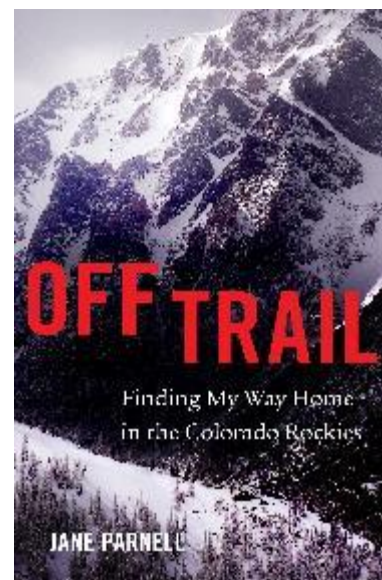
Jane (Koerner) Parnell, first woman to climb the 100 highest peaks of the state, will discuss and sign her mountaineering memoir, *Off Trail: Finding My Way Home in the Colorado Rockies*, published by University of Oklahoma Press. Longtime PPG members will remember Parnell as Jane Koerner, who under that byline has written for *High Country News*, *Mountain Gazette*, and *Outdoor Adventure*, among other publications.

Parnell's memoir spans half a century. Her personal journey dramatizes evolving gender roles from the 1950s to the present and her quest to overcome a family history of mental illness and past trauma. In the tradition of Cheryl Strayed's *Wild* and Tracy Ross's *The Source of All Things*, Parnell's mountaineering memoir shows us how, by pushing ourselves to the limits of our physical endurance and by confronting our deepest fears, we can become whole again.

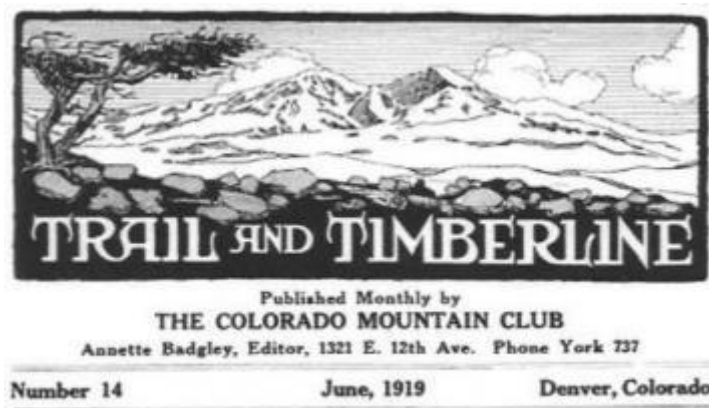
Several chapters take place in El Paso County. Isabella Bird's 1873 climb of Longs Peak with fur trapper Rocky Mountain Jim figures prominently in the book, as well as other historical figures such as British explorer and travel writer George Ruxton, who camped and hunted in the Pikes Peak area in 1847.

After Parnell's presentation, you can purchase a copy of her book for \$21 and get it signed.

Please join us for Jane's presentation at the Barrel Room at the Ivywild School Center, 1604 S Cascade Ave. The presentation starts at 6:30. Food and beverages are available, so come early!



## Happy 100<sup>th</sup> Anniversary, Pikes Peak Group!



### Pikes Peak Group 100<sup>th</sup> Anniversary Celebration

5–9 PM, Sunday, May 6  
Atravida Beer Company  
204 Mount View Lane

Free dinner, two drink tickets, T-shirt, buff, raffle prizes

[Register at cmc.org](http://cmc.org)

May 6, 2019 marks the 100<sup>th</sup> anniversary of the Pikes Peak Group. Check this and future issues of the *Pikes Pique* newsletter this year for more stories, history, and artifacts.

## Your PPG Council

**Chair** – Kristen Buckland  
419-260-7807, buckie06@hotmail.com

**Past Chair** – Vacant

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Greg Long (HAMS)  
719-659-0345, at\_90@yahoo.com

Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

## Welcome New Members!

Troy Biancone	Bobbi Leavens
Drew Burlon	Rebecca Reberry
Jenna Burlon	Neil Tubbs
Julie Haverluk	Julie Whitfield
Ann Keetch	Alison Wright



## Trip Leader Trail Status

Trip Leaders,

This month I would like to highlight Alex's Paul's recent trip where he led members snowshoeing at Tennessee Pass. Thank you, Alex, for leading a great trip.



*I have been snowshoeing for nearly 65 years, since I was five or six years old. Most of this has been solo on traditional wood frame and rawhide webbed snowshoes. However, in the CMC I have learned the joy of snowshoeing in a group where you can share trail breaking and develop a camaraderie with fellow hikers. As a trip leader I can impart some of the knowledge I have learned through experience to people new to snowshoeing. I have found several routes that exhibit different conditions; some with very deep powdery snow, some with steep terrain and some long winding single tracks through the woods. I enjoy "showing off" my traditional snowshoes and primitive gear. It all helps add excitement to the day.*

I am very pleased to announce that the Pikes Peak Group council approved a **trip leader incentive plan**. You can expect to see the details soon but in general, it has two components. First, during each calendar year, trip leaders who lead one or more trips that have cumulative participation of 25 or more participants will earn a **\$75 rebate** towards their annual membership or a CMC PPG offered class. Second, there is a **career leading incentive**. Leaders will qualify at the **Bronze, Silver, and Gold** levels after leading a trips with a career-totaling requisite number of participants. While I am still working with CMC State Office on the awards, you can expect tiered awards for each level. For example, the Bronze level will earn a custom CMC logo T-Shirt, the Silver level will earn a custom logo performance hoodie, and the Gold level will earn a custom logo jacket. Note that qualifying trips are not trips associated with PPG classes. I'm excited to implement this program starting with the 2019 calendar year. Thank you to all the trip leaders who have led trips so far this year. Your trips in 2019 will count towards both the annual and career awards. For the other leaders, get your excellent trip ideas on the calendar, and enjoy the company of our members in the mountains.

See you in the mountains,

David Kuenzli



# The PPG in Photos



## Wilderness Fundamentals Hike

Wilderness Fundamentals students braved the calm before the winter storm to explore Spruce Mountain Open Space and Windy Point while reviewing back country fundamentals like trip planning, the Leave No Trace principles, safety, first aid, gear,

what to do when things go wrong, trail etiquette, and group dynamics. The next class is May 13th - register online today!



## Fox Run Park Walkabout looking at Culturally Modified Trees

Leader Dean Waits with author John Anderson

L-R: Anna Revolinsky, Sigrid Barr, Carol and Dan Gaskill, Andy Lyon, Larry and Michelle Post, Bobbi Leavens, Ed Biery, Glenn Barr, Eddie and Randy Mack, Ken Greene



## Mt Princeton Trip

Six of us snowshoed up Highline Trail out of Mt. Princeton Hot Springs for the CMC's annual outing. Christie Lee, Leader



## Raspberry Mountain Hike

L-R: Barb, Annie, Missy, Christie (leader), Brett

the PPG  
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# Upcoming PPG Classes

## **PPG ARCPro Gear and Anchors Class**

Starts March 20

The Pikes Peak Group Gear and Anchors Class is part of the PPG Advanced Rock Climbing Program and is a prerequisite to the Trad Leading class. In Gear and Anchors, students will learn about the various types of rock protection, including: natural protection, passive protection (nuts, hexes) and active protection (cams); and how to place and incorporate pieces of protection into anchors. We will discuss climbing anchors, to include top-rope, belay, and rappel anchors. The student will learn the concepts of building a safe climbing anchor to include placement and evaluation of protection, fall forces, direction of pull, rigging methods, and knots for anchoring. By the end of the final field session, participating students will be expected to be able to build trad anchors that meet an instructor-team evaluation for gear placements and anchor safety. They will rappel off of anchors they have built and rigged. Cost: \$95; \$65 for leaders.

## **PPG Trip Leader Training**

Starts April 4

This classroom course provides Part 1 of the necessary training and satisfies some of the requirements of becoming a CMC trip leader (for the Pikes Peak Group). Currency in Wilderness First Aid and CPR/AED plus Part 2 which is practice trip leading are the other requirements for becoming a trip leader. The classroom sessions are on 4 and 11 April from 6:00 pm to 9:00 pm. Please keep the morning of 13 April open for your first practice at leading a trip. Prerequisite: Must have taken BMS Wilderness Fundamentals and BMS Land Navigation or possess equivalent demonstratable knowledge/experience (and be a PPG member for at least one year for PPG trip leader candidates). Cost: \$25 for PPG members, \$30 for all others.

## **PPG ARCPro Intermediate Self-Rescue Class**

Starts April 13

This is our next-level Self-Rescue class for those who have completed the Introduction to Self-Rescue class. We will review the basic skills from the Intro class, then move into more advanced self-rescue skills, including skills applicable to multipitch climbing, such as lowering from a top belay, hauling methods, and multipitch tandem rappels. Prerequisites: Students should have already taken BMS Rock Climbing and Introduction to Self-Rescue, or have equivalent skills. Cost: \$95; \$65 for leaders.

## **Wilderness First Aid (WFA) with CPR/AED**

Starts April 27

This two-day, eighteen-hour ECSI accredited course presents dynamic instruction devoted to teaching you how to respond to medical emergencies in remote settings where definitive medical care is not readily available. Day one consists of classroom presentations and hands-on training on a variety of medical situations that may be encountered in the backcountry and wilderness areas, including CPR. Day two continues with classroom presentations followed by realistic scenarios in the field that simulate the type of medical situations people face in wilderness settings when calling 911 is not an option. This course satisfies a requirement for trip leaders. The sessions are on 27 April from 8:00 am to 3:30 pm and on 28 April from 8:00 am to 3:30 pm. Your comprehensive textbook and a field guide will be distributed during the first session. You will receive your WFA with adult CPR/AED certification card emailed to you upon satisfactory course completion. Cost: \$90 for PPG members, \$80 for leaders, \$95 for all others.

## **PPG ARCPro Crack Climbing Class**

Starts May 4

This class will focus on crack-climbing techniques for climbing finger to fist-sized cracks, along with touching on chimney and off-width techniques. We will not be teaching any gear placement or lead climbing in this class—we will focus on climbing techniques while on a top-rope belay. Prerequisites: Students should have basic rock climbing skills, such as taught in our BMS Rock Climbing or the equivalent, to include belaying and climbing communication. Leading skills are not necessary. Cost: \$60; \$40 for leaders.

## **PPG Scrambling Class**

May 8

The objectives of the Rock Scrambling class are to: (1) improve students' ability to move safely and efficiently on Class 3/4 routes, (2) provide students the opportunity to gain confidence when climbing with exposure, and (3) have fun! Schedule: 8 May 5:30pm-8:00pm instructional session at Ute Valley Park, 11 May 7:30am-10:00am field outing on a route that will allow students to practice what they learned. Students must have basic mountaineering knowledge, skills, and experience, such as that taught in the BMS Wilderness Fundamentals class. Students should have experience hiking Class 2 alpine routes and know how to equip themselves with the essentials for a day in the mountains. Cost: \$45; \$5 for leaders.

## **PPG Basic Mountaineering School - Wilderness Fundamentals**

May 13

The Wilderness Fundamentals class is an introduction to important skills and backcountry knowledge to enable participants to independently plan and safely implement a day's outing in the great outdoors—away from civilization and all it provides. Class lecture covers the fundamentals of choosing back country gear (the Ten Essentials), trip planning, nutrition, conditioning, Leave No Trace (LNT) conservation practices, mountain weather, safety, emergency planning protocol (what to do when things go wrong), and a case study of a recent, Colorado wilderness accident. This class is a pre-requisite for many of our other PPG courses and will provide participants with a copy of *Mountaineering: Freedom of the Hills* that will be referenced in other courses! Make sure you have this one under your belt. Cost: \$45 for PPG members, \$55 for all others.



# Upcoming PPG Classes (continued)

## PPG Basic Mountaineering School - Colorado Rock Climbing

Starts May 15

There is one class lecture and active skills practice session. Our discussions include climbing gear, rating a climb, the different types of rock climbing, reviewing climbing knots, rope management, including coiling, care and inspection, anchors, communications, climbing techniques, belaying, rappelling, and building an auto-block. There are two CMC Rating Trips which we typically do at 11 Mile Canyon and Castlewood Canyon. Dates: 15 May, 6:30pm-9:00pm, 16 May 6:30pm-dark, 25 and 26 May, 7:30am-3:30pm. Prerequisite: BMS Wilderness Fundamentals. Cost: \$65.

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## April PPG Trips

### Nordic Ski Breckenridge Nordic Center

Saturday, 4/6/2019

Moderate II

Leader: Eric Hunter, 719-266-9647, [EHunterCMC@gmail.com](mailto:EHunterCMC@gmail.com)

Trail Mileage 10, Elevation Gain 500, Driving Distance 260. Location: Breckenridge Nordic Center. Details: For those who recently completed the Pikes Peak Group Intro to Backcountry Ski Course, this is a great progression to continue to build your skills. Come spend the day honing your skate or classic track skiing skills on the groomed trails of this fantastic Nordic Center. Full rentals available at the center. All skill levels welcome. We will avoid avalanche terrain. [Nordic Center Map](#). Register with leader.

### Mt Rosa

Sunday, 4/7/2019

Moderate D

Leader: Andy Lyon, 719-630-1523, [andyslyon@msn.com](mailto:andyslyon@msn.com)

Trail Mileage 13, Elevation Gain 4000, Driving Distance 10. Location: [Mount Rosa](#). Details: Stand where Lt. Zeb Pike stood (possibly) when he claimed the mountain that now bears his name would never be climbed. Mount Rosa tops out at timberline and, with mileage and elevation gain, is the physical equivalent of many a 14-er hike. We'll meet at "the Hub" parking area where Gold Camp Road and High Drive intersect, walk up Gold Camp Road, take the St. Mary's Falls trail and connect to the Mt. Rosa trail. Lunch at the top and return the same way. The summit provides a great view of the Pikes Peak area and the Sangres to the southwest. The upper part of the trail is multi-use and has been chewed up by dirt bikes so sturdy footwear is a must. Prepared guests (gear and fitness) are welcome, but no dogs.

### BC Ski Mayflower Gulch

Saturday, 4/13/2019

Moderate III

Leader: Eric Hunter, 719-266-9647, [EHunterCMC@gmail.com](mailto:EHunterCMC@gmail.com)

Trail Mileage 7, Elevation Gain 1500, Driving Distance 320. Location: Mayflower Gulch, TH, near Leadville, CO. Details: For those who recently completed the Pikes Peak Group Intro to Backcountry Ski Course, this is a great progression to continue to build your skills. This is a moderate out and back ski into Mayflower Gulch north of Fremont Pass. We will stay to the main road up to the historic cabins, have lunch, play on the slopes around the cabins, and return. We may explore some of the side roads along the way. NNN-BC cross-country gear will be okay, but cable binding backcountry gear is recommended. Avalanche gear and training is required. Nat Geo Map 109. Register with leader.

### Snow Climb - Cristo Couloir

Saturday, 4/20/2019

Moderate

Leader: Kristen Buckland, 419-260-7807, [buckie06@hotmail.com](mailto:buckie06@hotmail.com)

Trail Mileage 6, Elevation Gain 2500, Driving Distance 240. Details: This will be a snow climb of Cristo Couloir. We will descend the couloir by glissading or skiing down. If bringing skis/splitboard you must be an expert skier. Previous completion of BMS Snow and Avalanche Level 1 classes are required to register. Priority will be given to PPG members. We will leave the Springs around 5am. Crampons, mountaineering axe, helmet, beacon/probe/shovel are required. Backcountry skis/splitboard or snowshoes.

### Snowshoe Tennessee Pass Narrow Gauge Railroad Bed

Saturday, 4/20/2019

Moderate All

Leader: Eric Hunter, 719-266-9647, [EHunterCMC@gmail.com](mailto:EHunterCMC@gmail.com)

Trail Mileage 7, Elevation Gain 600, Driving Distance 300. Location: Pikes Peak Region. Details: This is a moderate out and back on the old railroad bed that went over Tennessee Pass before the tunnel was cut in. The narrow gauge route was cut in 1881 and served the D&RG until a standard gauge route was cut in 200 ft below in 1890. This old narrow gauge route serves as a wonderful easy snowshoe with many trail options to the sides. We will do as little or as much as the group feels ready for at the time. We will avoid avalanche terrain. This trip is primarily intended for Pikes Peak and Pueblo Group members. All others will be waitlisted. Nat Geo Map 109. Register with leader.



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)



# April PPG Trips (continued)

## **BMS Snow - Dead Dog Couloir Climb**

Sunday, 4/21/2019

Moderate

Leader: Kristen Buckland, 419-260-7807, [buckie06@hotmail.com](mailto:buckie06@hotmail.com)

Trail Mileage 8, Elevation Gain 4000, Driving Distance 240. Details: This is a couloir climb for recent graduates of the Pikes Peak Group BMS Snow class. Priority will be given to 2019 students. Completion of Avalanche Level 1 within the past 5 years is required. Conditions will dictate where we climb, possibly Dead Dog Couloir, Horseshoe Couloir, or Cristo Couloir. We will need to be at the trailhead at 6am so an early start from the Springs is required. Crampons, mountaineering axe, beacon/probe/shovel, snowshoes required. Contact the leader to sign up.

## **Butterknife Couloir Ski**

Friday, 4/26/2019

Moderate

Leader: Kristen Buckland, 419-260-7807, [buckie06@hotmail.com](mailto:buckie06@hotmail.com)

Trail Mileage 5, Elevation Gain 2500, Driving Distance 240. Location: North Star Mountain. Details: TH is the top of Hoosier Pass near Alma, CO. We will skin up the standard East Ridge of North Star Mountain for 2,300'. Depending on conditions we will leave skis at the top of the ridge and tag the summit. We will ski down the Butterknife Couloir to the bottom of the valley and traverse back to the highway with 300' elevation gain to get back to the cars. RT should be 5 miles, more if we tag the summit. Snow, weather, and avalanche conditions may require us to ski another mountain. Leader is AIARE PRO 1 certified. Recent (within the past 5 years) completion of Avalanche Level 1 or AIARE Companion Rescue avalanche training is required. Gear required includes a beacon, probe, shovel, AT Skis/Tele/Splitboard with skins. You must be a capable blue/black skier. The couloir is a 25% slope, similar to an easier blue resort run (less steep than Cristo Couloir). Contact the leader with your experience to sign up.

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## Conservation Corner

### **Jones Park and Waldo Canyon Planning**

The County's planning for Jones Park recreation is moving quickly: they hope to propose a plan by April, for approval in May. Learn more about the planning [here](#).

Planning for Waldo Canyon is also underway. Learn more about the planning [here](#), and attend the next public meeting, April 17 from 6-8:30 PM at the Westside Community Center gym, 1628 W Bijou St, CS.

### **Find Your Fourteener Project Fundraiser TBD**

CMC is a partner to the National Forest Foundation's [Find Your Fourteener Project](#); we expect to participate in more work on Pikes Peak later this summer. This fundraiser was postponed due to the blizzard on 3/13, so watch social media for a new date.

### **Crew Leader Training**

If you have been participating in stewardship projects and would like to train up to be a crew leader, the 8<sup>th</sup> annual RMFI and Friends of the Peak training will be April 26-28. Applications are [here](#); let [Tom Mowle](#) know if you would like the PPG to consider reimbursing the \$25 fee after you complete the training and the follow-up apprentice sessions.

### **Kit Carson-Challenger Ridge Trail Realignment Project**

Looking for a challenging, rewarding, and fun backcountry hiking adventure? Rocky Mountain Field Institute is seeking volunteers on June 15, 16, and 17 to help pack their summer trail crew's basecamp into the Willow Lake Basin of the Sangre de Cristo Mountains!

The Willow Creek Trail is a steep and strenuous five-mile hike up to the basin and the location where RMFI will base their work crews from mid-June to mid-September. Needless to say, that's a lot of equipment. Please help share the load by carrying a load on 1, 2, or all 3 days of our pack-in weekend! This will be great training for backpacking season, and you will doing it for a great cause! To boot, this trail and lake up top are gorgeous, a must-do in Colorado. Register on the [RMFI web site](#).

This effort will help RMFI get set up for a long summer of project work on the [Kit Carson-Challenger Ridge Trail Realignment Project](#). The goal of this multi-year project is to construct a safe and sustainable trail system to the summits of Kit Carson Peak and Challenger Point. Volunteers helping with the pack in will be an important part of this effort and make a lasting impact on this fragile environment that is experiencing increased visitation due to the growing popularity and allure of climbing 14,000-foot peaks.

### **2019 Trail Stewardship Schedule**

Give back and have a great time on one of these trail maintenance days:

[5/18](#): Ice Cave Creek w/Denver Group

TBD: Trail 715 w/Friends of Monument Preserve

TBD: Devils Playground: this will probably be building a new trail, not just fixing the old one!

# PPG 100<sup>th</sup> Anniversary



Pikes Peak Group Annual Dinner, 1931

## Volunteer Opportunity

The XTERRA Cheyenne Mountain State Park 24K, 12K, and 5K Race is back on April 7<sup>th</sup>. We are looking for volunteers to help with the race. All volunteers will get a cool XTERRA T-shirt, a couple of different discount coupons from local stores, and a comp entry into any of their other Colo XTERRA trail run races.

To sign up to help contact: [Victoria Seahorn](#).

## Member Discounts

Adventure Medical Kits	Mountain Chalet
Ajax Bike and Sport	Mountain Equipment Recyclers
American Mountaineering Museum	Mountainsmith
Atrevida Beer Co (was Great Storm)	ProMotive.com
Bentgate	R&W Rope
Breckenridge Nordic Center	ROCK'n & JAM'n
City Rock	Rocky Bob's Fly Fishing Rods
Friction Labs	Summit Terragraphics
Frisco Nordic Center	The Custom Foot
Gearonimo	The Mountaineers Books
Gold Camp Brewing	The Trailhead
Golden Bike Shop	TrailRunner Magazine
Ken's Anglers	Vagabond Ranch Huts
Lumiere Telluride	Wilderness Exchange Unlimited
Moosejaw	

## Pikes Pique

April, 2019 | No. 255

*Pikes Pique* is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

### PIKES PEAK GROUP CONTACT INFORMATION:

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[cmcppgrp@gmail.com](mailto:cmcppgrp@gmail.com)  
[CMC PPG web page](#)

### CLASSIFIED ADVERTISING

#### Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

#### Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page - \$30, ½-page - \$60

### WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

David Anderson, editor  
[danderso@uccs.edu](mailto:danderso@uccs.edu)

The deadline for submissions is the 14<sup>th</sup> of each month.

Use the above contact information for corrections and comments as well.