



The Newsletter of the CMC Pikes Peak Group

October, 2019 | No. 261

Pikes Peak Group Program – October 15

Happy Hour at the Barrel Room and a Ski Movie: *Ode to Muir – The High Sierra*



Summer is over and it's time to start thinking about winter activities. Let's get a jump start on these with happy hour and a great Hike, Camp, Climb, and Ski film from the Sierra Nevada Mountains in California. This film brings an important environmental message about global warming and some great snowboarding in a beautiful package by Teton Gravity Research. Jeremy Jones and Elaina Hight, two

of the world's best snowboarders, take a nine-day journey of hiking, camping, climbing, and boarding through the John Muir wilderness in California.

It's an exciting and uplifting trip as the group makes their way through this magical country. The film is beautiful and there are wonderful quotes from John Muir's writing read by the narrator as the group progresses. And the hike to lines and couloirs allow for some breathtaking snowboarding.

So come over to the Barrel Room at the Ivywild School Center, 1604 S Cascade Ave, at 5:30 Tuesday October 15th for Happy Hour. Let's say goodbye to summer with a few brews and brag to our friends about all of our summer adventures. At 6:30 we'll say hello to winter with this exceptional film by Teton Gravity Productions.

See you there. Think snow!

Pikes Peak Group Annual Dinner – November 2

Save the Date! The Pikes Peak Group Annual Dinner Features Matt Carpenter



Saturday, November 2, 2019. Masonic Hall, 1150 Panorama Drive, Corner of Panorama and Fontmore. Cost is \$10.00 for members.

Leaders & Instructors – Photos Needed!

Please upload photos from your trips, schools, and classes throughout the year for the annual dinner slideshow by October 15 to this [Google Drive](#) or email them to [Sarah Hettenbach](#).

the PPG
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Your PPG Council

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Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

Welcome New Members!

Andrea Barnes	Denise Markham
Jonathan Barnes	Samuel Martinez
Bob Fargo	Dave Maynard
Kim Lehto-Smith	Christopher Vidic
Kevin Mack	Hans Webster



PPG Council Position Opening

Interested in joining the PPG Council? The Programs position is being vacated and needs a replacement. For more information, please contact [Bill Allen](#) or [Kristen Buckland](#).

Member Discounts

[Adventure Medical Kits](#)

[Ajax Bike and Sport](#)

[American Mountaineering Museum](#)

[Atrevida Beer Co \(was Great Storm\)](#)

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[Breckenridge Nordic Center](#)

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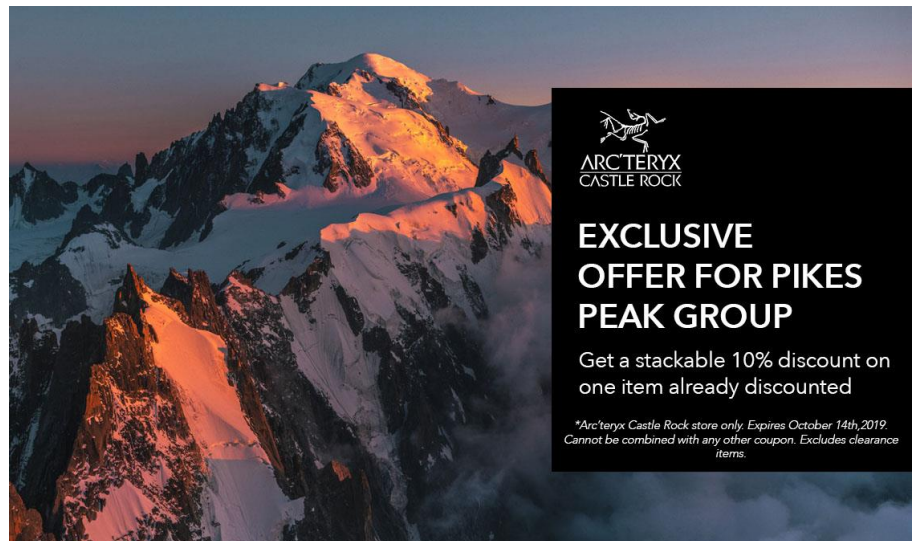
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*Arc'teryx Castle Rock store only. Expires October 14th, 2019. Cannot be combined with any other coupon. Excludes clearance items.

The Pikes Peak Group in Pictures

Evening Hike Series - Austin Bluffs and Pulpit Rock Open Space



Brittany, Ute, Bea (1st hike as a club member),
Susan, Jim, and Angie



Chris Mattingly finished his 14ers and was presented with a 14er
Finisher medallion

Wild Fun

Members of the recent Wilderness Fundamentals class enjoyed beautiful weather and a great hike in the Spruce Mountain Open Space.



(L to R): Troy R., Lisette S., Emmele N., and Susan G.

Horn Fork Basin Backpacking Trip



The Crew: Sarah, Seamus, Jason, Gretchen, Valerie, Ray, Tom, Ed,
Glenn, and Linda (photo by Matt)

Capital Peak



This photo just cries out "CMC Trips".



Ed, Sarah, Tom, and Valerie – the traverse team

Conservation Corner



Crags-Devils Playground partnership day with RMFI.
That's Anna Revolinsky with "the root".



Sarah Leavens, Bobbi Leavens, Tom Mowle, and Anna Revolinsky

CMC Conservation and Stewardship 2019

Thank you to everyone who has helped repair and build trails with Pikes Peak Group or any of the other great conservation groups in town! While our project year is done, you can find additional opportunities with groups like Friends of the Peak, Rocky Mountain Field Institute, and Volunteers for Outdoor Colorado.

Pike National Forest Motorized Travel Planning Delayed

The Pike-San Isabel National Forest has delayed the release of its final plans for changing the usage of forest roads – closing some

completely or in winter, allowing/restricting OHV travel, and changing maintenance to 4WD conditions, as well as any associated public meetings. Watch this space for further updates, but also check their [project website](#) for updates as it is entirely possible that they will release the plan and hold the public meeting in the interim between Pikes Piques.

Forest Service

By Sep 20: BLM Resource Management Plan Comments due

Many of the public lands we enjoy, especially cycling and climbing areas in Fremont and Teller Counties, are supervised by the Bureau of Land Management. BLM's final "preferred" proposal for Eastern Colorado dramatically reduces the amount of conservation in this area. For example: the 2017 preliminary plan had 122K acres of Backcountry Recreation Areas, the current version has none. The current plan recognizes only 58% of the current Areas of Critical Environmental Concern, and only 43% of what was in the 2017 preliminary plan. The current plan would only manage 1,300 acres of Lands with Wilderness Characteristics, 5% of what was in the 2017 preliminary plan and less than 1% of the total that BLM had inventoried. In the current plan, 98% of the land would be open for oil and gas drilling. The Pikes Peak Group will be drafting public comments which will be shared in the September newsletter, but individual comments are also encouraged. [Public comments](#) are being accepted through September 20. Learn more about [the plan](#) in [this article](#).

Creek Week Cleanup: 9/28 – 10/6

Help clean up our local streams by [signing up](#) for this sixth-annual event! Last year some 24 tons of debris were removed, or about 20 pounds per volunteer!

Badger Flats Cleanup: 9/28

State CMC is continuing its partnership with the National Forest in the Badger Flats area, north of US 24 between Lake George and Wilkerson Pass. This project on Public Lands Day will remove multiple large graffiti words/drawings as well as ash and trash from the surrounding areas. You can either meet at the South Park Ranger District office in Fairplay at 7:30 a.m. and carpool from there, or meet at the junction of FR896 and FR213 at 9:00 a.m. Please bring a lunch, water, sturdy boots, long pants, gloves, eye protection, sun protection and bug repellent. As it is graffiti, be warned that some words and drawings may be offensive/inappropriate to some. If you don't want to work around the graffiti, they will put you in a group working on ash and trash removal.

Third Annual State of the Outdoors

Oct 29, 11am to 1:30pm at the Colorado Springs City Auditorium, 221 E. Kiowa St. Sponsored by the Pikes Peak Outdoor Recreation Alliance, CS Chamber and Economic Development Group. Come have lunch and listen to keynote speaker Betsy Markey, Executive Director of Colorado's office of Economic Development & International Trade, and Nathan Fey, Director of the Colorado Outdoor Recreation Industry Office. Tickets are \$40 in advance and \$45 at the door. Come visit us at our booth. More information and sign up at [this link](#).

Upcoming PPG Classes

Pikes Peak Group Trip Leader Class

Starts October 3

This course provides Part 1 of the necessary training and satisfies some of the requirements of becoming a CMC trip leader (for the Pikes Peak Group). Currency in Wilderness First Aid and CPR/AED plus Part 2, which is practice trip leading, are the other requirements for becoming a trip leader. The classroom sessions are on 3 and 10 October from 6:00 pm to 9:00 pm. Please keep the morning of 12 October open for your first practice at leading a trip. Prerequisite: Must have taken BMS Wilderness Fundamentals and BMS Land Navigation or possess equivalent demonstrable knowledge/experience (and be a PPG member for at least one year for PPG trip leader candidates). Cost: \$25 for PPG members and \$30 for all others.

Wilderness First Aid (WFA) with CPR/AED in Colorado Springs

Starts October 19

This two-day, eighteen-hour ECSI accredited course presents dynamic instruction devoted to teaching you how to respond to medical emergencies in remote settings where definitive medical care is not readily available. Day one consists of classroom presentations and hands-on training on a variety of medical situations that may be encountered in the backcountry and wilderness areas, including CPR. Day two continues with classroom presentations followed by realistic scenarios in the field that simulate the type of medical situations people face in wilderness settings, when calling 911 is not an option. This course satisfies a requirement for trip leaders. The sessions are on 19 October from 8:00 am to 3:45 pm and on 20 October from 8:00 am to 3:45 pm. Your comprehensive textbook and a field guide will be distributed during the first session. You will receive your WFA with adult CPR/AED certification card emailed to you upon satisfactory course completion. Cost: \$80 for Leaders, \$90 for PPG members, and \$95 for all others.

PPG ARCPro Introduction to Self-Rescue Class

Starts October 26

Ever wondered how you might react if your climbing partner were injured? What about if you were injured—would you be able to get down safely as a team? In the PPG ARCPro Intro to Self-Rescue Class, you will learn tips and techniques to deal with unpleasant situations in the mountains. Whether you are an alpine climber seeking endless ridgelines, looking to break into multipitch ice this year, or a seasoned rock climber with regular days at our local crags- this course is for you! The Self-Rescue Class offered by Pikes Peak Group is a key element of our Advanced Rock Climbing Program. Students are given the skills, along with practice, to deal with many of the situations that can occur in a climbing scenario. This class does not deal with any of the medical components and implications of an injury-based rescue; that is far beyond the scope of the program. This class teaches participants the safety components and transitions that can assist a climbing team to extricate themselves from a number of situations. Prerequisites: Your climbing experience does not need to be extensive at all. In fact, we recommend that even rookie climbers begin their career with this knowledge. Participants should have basic rock climbing knowledge and skills, such as those gained by taking our BMS- Colorado Rock Climbing class. We encourage all levels of climbers to register- to learn new skills and to brush-up on rusty ones.

PPG High Altitude Mountaineering School

Starts October 30

HAMS is a course designed for those climbers who want to go beyond the 14ers to take on high altitude (15,000' plus) and glaciated mountains. Classroom sessions will take place on Wednesdays 10/30, 11/13, 12/4, 12/11, and 12/18 and include such topics as equipment, medical concerns, nutrition and menu planning, fitness and training, organizing an expedition, and group dynamics. Field sessions are tentatively scheduled for 1/11, 1/26, 2/8-9, and 2/29-3/1; they will cover such topics as roped travel, crevasse rescue, climbing alpine ice, and winter camping. A graduation climb of Mt. Rainier will take place at the end of the course. Completion of Basic Mountaineering School (all modules) or equivalent, plus experience putting those skills into practice in the field are prerequisites for the course.

PPG Basic Mountaineering School - Wilderness Fundamentals

Starts November 4

The Wilderness Fundamentals class is an introduction to important skills and backcountry knowledge to enable participants to independently plan and safely implement a day's outing in the great outdoors—away from civilization and all it provides. Class lecture covers the fundamentals of choosing back country gear (the Ten Essentials), trip planning, nutrition, conditioning, Leave No Trace (LNT) conservation practices, mountain weather, safety, emergency planning protocol (what to do when things go wrong), and a case study of a recent, Colorado wilderness accident. This class is a pre-requisite for many of our other PPG courses and will provide participants with a copy of Mountaineering: Freedom of the Hills that will be referenced in other courses! Make sure you have this one under your belt. Cost: \$45 for PPG members, \$55 for all others.

October PPG Trips

Chautauqua Mountain Ice Cave Creek

Saturday, 10/5/2019

Moderate B

Leader: Tony Eichstadt, 740-601-3611, teichstadt@comcast.net

Trail Mileage 6.5, Elevation Gain 1700, Driving Distance 40. Location: The trailhead for this hike is on Old Carriage Road in Palmer Lake, Colorado. However, we will meet at the Woodman Park and Ride to drive to Palmer Lake. We will depart from the Woodman Park and Ride at 7:30 am. That should allow us to depart from the trailhead in Palmer Lake by 8:00 am. Details: This is a loop hike on established trails. The first mile is a tough climb of 1100 feet to the top of Chautauqua Mountain. The hike proceeds to the SW along the ridge top

of Chautauqua Mountain with excellent views of Pikes Peak and numerous interesting rock formations. We will then drop down to the Upper Palmer Reservoir and proceed North over the ridge into the Ice Cave Creek drainage. The Ice Cave Creek drainage is known for its outstanding rock formations. We will follow the Ice Cave Creek Trail back to the Lower Palmer Reservoir and then back to the trailhead. Fall colors should be nice just above the upper reservoir and along Ice Cave Creek. No tickets left*

Crystal Lakes

Saturday, 10/12/2019

Difficult C

Leader: Eric Hunter, 719-266-9647, EHunterCMC@gmail.com

Trail Mileage 10, Elevation Gain 2800, Driving Distance 220. Location: Breckenridge, CO. Details: This is a strenuous hike from the Spruce Creek Trailhead up the old mining road past Francie's Cabin to Lower and Upper Crystal Lakes. This trail skirts along the southern slopes of Peak 10, which forms the southern edge of Breckenridge Ski Resort. This trip is primarily intended for Pikes Peak and Pueblo Group members. All others will be waitlisted. Nat Geo Map 109. Register with leader.

St Mary's Falls

Saturday, 10/12/2019

Moderate B

Leader: Y Mason, youdew@aol.com

Trail Mileage 6, Elevation Gain 1500. Location: The St Mary's Falls trailhead is located within North Cheyenne Canon Park. Details: We will begin the hike from the "4 Way" aka "The Hub" parking lot and walk a mile along Gold Camp Road, then up and over a closed railroad tunnel and continue to hike and climb through the forest to the falls. The trail is steep and eroded, especially as we near the falls. Rabbits (fast-paced hikers) need not register for this hike. Digits crossed for viewing some fall foliage along the trail.

Beaver Creek Wilderness Study Area – dogs are welcome!

Saturday, 10/12/2019

Moderate BII

Leader: John Gray, 719-369-3163, johnphoneman@gmail.com

Trail Mileage 7, Elevation Gain 1800, Driving Distance 90. Location: Well behaved dogs (dog and people friendly) and people (at least dog friendly) are welcome! Bring lunch and enjoy this fall hike. Some of the trail may be overgrown and creek crossings will slow our progress. So... don't have afternoon plans as this will take most of the day. Be sure to bring water shoes for two major creek crossings. Poles would be handy too! We will meet at the Shell gas station in Penrose at 9am at 916 CO-115, Penrose, CO 81240. Shell Phone #: (719) 372-3077. I will be driving a Silver Subaru Forester. Hope to see you then!

Staunton Ranch State Park

Saturday, 10/12/2019

Moderate B

Leader: Debbie Sheinman, 719-635-7720, sheindk@yahoo.com

Trail Mileage 12, Elevation Gain 1500, Driving Distance 200. Location: Colorado Springs participants, let's meet at the Red Rocks Safeway at 32nd and Colorado at 7:30 am and carpool up to Staunton Ranch State Park. We can then start hiking at approximately 9:00 am in the park. Denver participants, do let me know if you'd like to carpool with others from the Denver area. I'll then need your permission to share your emails for possible carpools. We'll hike via the Staunton Ranch Trail and the Bugling Elk Trail to reach Elk Falls Pond. From there we'll continue on the Chimney Rock Trail and the Elk Falls Trail to reach our destination - Elk Falls. We'll return via the Elk Falls, Chimney Rock, Marmot Passage, Scout Line, and either the Staunton Ranch or Historic Cabin Trails back to the parking lot. The trails start at about 8215 feet and will end at 9150 feet. The trails do have some shade, but will mainly be in the sun. Some trails are rocky and steep. Please remember to bring rain gear, warm layers, and plenty of food and water (2-3 liters) for a 12-mile hike. [Here's the link](#) to a description and photos of the hike on the park's website: Please contact the hike leader ahead of time should you need to cancel.

Cucharas Canyon Backpack

Saturday, 10/19/2019

Moderate C

Leader: Eric Hunter, 719-266-9647, EHunterCMC@gmail.com

Trail Mileage 8, Elevation Gain 400, Driving Distance 250. Location: Cucharas Canyon. Details: Come enjoy an overnight to one of the remote desert canyons of Colorado. We will backpack from the Wilson Crossing TH south and upstream to the Sheeps Crossing TH. This will require setting up a shuttle on day one. We will find a good spot to camp overnight about half way through the canyon. The trail through the canyon bottom is faint at best requiring many stream crossings and fighting through underbrush and tall grass. Long pants and full grain leather boots recommended. This canyon contains history from recent cattle industry, older sheep herding cultures, and much older Apishapa Phase history. Come see if we can find any or all of it. Do not let the trail mileage fool you. Travel off-trail in a desert canyon takes much more energy output than one might expect. This trip is primarily for Pikes Peak and Pueblo Group members. All others will be wait listed. Register with leader.

Mays Peak in Colorado Springs

Saturday, 10/19/2019

Moderate B

Leader: Y Mason, youdew@aol.com

Trail Mileage 6.25, Elevation Gain 1600. Location: Mays Peak is located in North Cheyenne Canon in Colorado Springs, CO. Details: A wonderful cardio workout while climbing up to Mays Peak and weather permitting your efforts will be rewarded by unobstructed 360° views of the surrounding area. Rabbits (fast-paced hikers) need not register for this hike please. Moderate (2 miles per hour) pace.



To register for classes or trips,
go to www.cmc.org



Leader: Eric Hunter, 719-266-9647, EHunterCMC@gmail.com

Trail Mileage 4, Elevation Gain 400, Driving Distance 250. Location: Apishapa Canyon. Details: Come enjoy an out and back overnight to one of the remote desert canyons of Colorado. We will backpack from the historic ranch near Buckleton Canyon south and upstream to a spire and camp near a historic shepherd cabin. The trail through the canyon bottom is faint at best requiring stream crossings and fighting through underbrush and tall grass. Long pants and full grain leather boots recommended. This canyon contains history from recent cattle industry, older sheep herding cultures, and much older Apishapa Phase history. Come see if we can find any or all of it. Do not let the trail mileage fool you. Travel off trail in a desert canyon takes much more energy output than one might expect. This trip is primarily for Pikes Peak and Pueblo Group members. All others will be wait listed. Register with leader.

*You may want to get on the waitlist in case participants cancel.

HAMS Starts in October



The Pikes Peak Group High Altitude Mountaineering School will start in October. This course is designed for those climbers who want to go beyond the 14ers to take on high altitude and glaciated mountains. Classroom sessions will include such topics as equipment, medical concerns, nutrition and menu planning, fitness

and training, organizing an expedition, and group dynamics. Field sessions will cover such topics as roped travel, crevasse rescue, climbing alpine ice, and winter camping. A graduation climb of Mt. Rainier will take place at the end of the course. Completion of Basic Mountaineering School (all modules) or equivalent, plus experience putting those skills into practice in the field are prerequisites for the course. Cost for the class is \$175. For information and to get the registration code, contact Greg Long at (719) 659-0345 or at_90@yahoo.com. Register online at cmc.org.



Pikes Pique

October, 2019 | No. 261

Pikes Pique is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

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CMC PPG web page

CLASSIFIED ADVERTISING

Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page - \$30, ½-page - \$60

WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

David Anderson, editor
danderso@uccs.edu

The deadline for submissions is the 14th of each month.

Use the above contact information for corrections and comments as well.