



The Newsletter of the CMC Pikes Peak Group

November, 2019 | No. 262

Pikes Peak Group Annual Dinner – November 2

The Pikes Peak Group Annual Dinner Features Matt Carpenter



Matt Carpenter in the 2011 Pikes Peak Marathon
His 6th marathon win in a row and 12th marathon win overall

If you stop by the Colorado Custard Company in Manitou Springs, Colorado, chances are you will be served by the owner, Matt Carpenter. He bought the Custard shop in 2012 and enjoys his time serving up cold treats and listening to what his “custardmers” have been doing in his home town. For many that includes biking, hiking, and running on the trails in and around Manitou, including the notorious Manitou Incline. Places Matt calls home. Places where he trained to become what many consider the best high altitude runner in the world.

Matt is the current course record holder of the Pikes Peak Ascent and Marathon with times of 2:01:06 and 3:16:39 set in 1993. In 2001 he became the first person to win the Ascent and Marathon on back to back days. He repeated this feat in 2007. He is also the record holder of the fastest times for a flat marathon held at altitude – 2:52:57 at 14,350' and 3:22:25 at 17,060'. In 2004, at his first 50-mile race, he broke the course record by over 40 minutes. At the 2005 Leadville Trail 100 he lowered the course record by over 90 minutes to 15:42:59. He ran his last race in 2011 winning the Pikes

Peak Marathon for the 6th year in a row, bringing his total Marathon wins to 12 to go along with his 6 wins in the Pikes Peak Ascent.

Matt now runs for enjoyment, but he still likes to push his limits on occasion. On September 1st he celebrated 7 years of running every day for at least 1 hour. Matt likes to tell people he met his wife, Yvonne, at the Barr – the Barr Trail, that is. They have a daughter, Kyla, who is a senior at Manitou Springs High School.

For the annual Colorado Mountain Club dinner Matt will be talking about how he got started in running while living in Mississippi. He will discuss some of the things that happened that took him from the Gulf Coast to the mountains of Colorado and then around the world including Kenya, Mexico, Nepal, and Tibet. He will talk about his training and some of his more noteworthy races and how the adventures along the way influenced his life and his business.

“Go out hard; when it hurts, speed up...”

Please join us on Saturday, November 2, for the Pikes Peak Annual Dinner at the Masonic Hall, 1150 Panorama Drive, corner of Panorama and Fontmore. Cost is \$10 for members, \$35 for non-members. Register at cmc.org.

Leaders & Instructors – Photos Needed!

Please upload photos from your trips, schools, and classes throughout the year for the annual dinner slideshow by October 15 to this [Google Drive](#) or email them to [Sarah Hettenbach](#).



Your PPG Council

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719-659-0345, at_90@yahoo.com

Interested in serving on the Pikes Peak Group
Council? Please contact the Chair.

Welcome New Members!

William Beiner Jay Minton
Caitlin Lyons Drew Romigh
Rebecca Lyons Jennifer Windsor
Sean Lyons



PPG Council Position Opening

Interested in joining the PPG Council? The Programs position is being vacated and needs a replacement. For more information, please contact [Bill Allen](#) or [Kristen Buckland](#).

Member Discounts

Adventure Medical Kits	Mountain Chalet
Ajax Bike and Sport	Mountain Equipment Recyclers
American Mountaineering Museum	Mountainsmith
Atrevida Beer Co (was Great Storm)	ProMotive.com
Bentgate	R&W Rope
Breckenridge Nordic Center	ROCK'n & JAM'n
City Rock	Rocky Bob's Fly Fishing Rods
Friction Labs	Summit Terragraphics
Frisco Nordic Center	The Custom Foot
Gearonimo	The Mountaineers Books
Gold Camp Brewing	The Trailhead
Golden Bike Shop	TrailRunner Magazine
Ken's Anglers	Vagabond Ranch Huts
Lumiere Telluride	Wilderness Exchange Unlimited
Moosejaw	

Mount Princeton 2020



**February 14–16,
2020**

Save the date! More information to follow in the December *Pikes Pique*.
Questions? Call or text Christie Lee, 719-243-1821.

The Pikes Peak Group in Pictures

Pikes Peak Group Program



Dean Waits packed 'em in at his Lost Creek Wilderness presentation in the Barrel Room at Ivywild

Dome Rock trip



L-R: Missy Starks, Peter Scanolon, Emmele Nicholas, Ute Szilard, Denise Snow, Greg Long, Julie Kiley, and Bryan Scott in front of Dome Rock (SWA). Photo credit Tom Mowle.

Farish Hike



L-R: Harry, Rebecca, Ute, Missy, Jim, Emmele, Susan, Angie, Sonja

Backpacking the Lost Creek Wilderness



Pikes Peak and Denver Group CMC members enjoyed a fall backpacking trip from the Lost Park Trailhead into the Lost Creek Wilderness area the first weekend in October. The group saw lots of fall colors as they drove to the trailhead before hiking in and camping in the Indian Creek Meadows area on Saturday. Sunday, the group climbed to the top of Bison Peak to enjoy the fantastic rock formations and vista views of the surrounding area. Finding ice in water bottles in the morning was a reminder that winter is coming...

Upcoming PPG Classes

Wilderness First Aid (WFA) with CPR/AED in Colorado Springs

Starts October 19

This two-day, eighteen-hour ECSI accredited course presents dynamic instruction devoted to teaching you how to respond to medical emergencies in remote settings where definitive medical care is not readily available. Day one consists of classroom presentations and hands-on training on a variety of medical situations that may be encountered in the backcountry and wilderness areas, including CPR. Day two continues with classroom presentations followed by realistic scenarios in the field that simulate the type of medical situations people face in wilderness settings, when calling 911 is not an option. This course satisfies a requirement for trip leaders. The sessions are on 19 October from 8:00 am to 3:45 pm and on 20 October from 8:00 am to 3:45 pm. Your comprehensive textbook and a field guide will be distributed during the first session. You will receive your WFA with adult CPR/AED certification card emailed to you upon satisfactory course completion. Cost: \$80 for Leaders, \$90 for PPG members, and \$95 for all others.

PPG ARCPro Introduction to Self-Rescue Class

Starts October 26

Ever wondered how you might react if your climbing partner were injured? What about if you were injured—would you be able to get down safely as a team? In the PPG ARCPro Intro to Self-Rescue Class, you will learn tips and techniques to deal with unpleasant situations in the mountains. Whether you are an alpine climber seeking endless ridgelines, looking to break into multipitch ice this year, or a seasoned rock climber with regular days at our local crags- this course is for you! The Self-Rescue Class offered by Pikes Peak Group is a key element of our Advanced Rock Climbing Program. Students are given the skills, along with practice, to deal with many of the situations that can occur in a climbing scenario. This class does not deal with any of the medical components and implications of an injury-based rescue; that is far beyond the scope of the program. This class teaches participants the safety components and transitions that can assist a climbing team to extricate themselves from a number of situations. Prerequisites: Your climbing experience does not need to be extensive at all. In fact, we recommend that even rookie climbers begin their career with this knowledge. Participants should have basic rock climbing knowledge and skills, such as those gained by taking our BMS- Colorado Rock Climbing class. We encourage all levels of climbers to register- to learn new skills and to brush-up on rusty ones. Cost: \$95, \$65 for Leaders.

PPG High Altitude Mountaineering School

Starts October 30

HAMS is a course designed for those climbers who want to go beyond the 14ers to take on high altitude (15,000' plus) and glaciated mountains. Classroom sessions will take place on Wednesdays 10/30, 11/13, 12/4, 12/11, and 12/18 and include such topics as equipment, medical concerns, nutrition and menu planning, fitness and training, organizing an expedition, and group dynamics. Field sessions are tentatively scheduled for 1/11, 1/26, 2/8-9, and 2/29-3/1; they will cover such topics as roped travel, crevasse rescue, climbing alpine ice, and winter camping. A graduation climb of Mt. Rainier will take place at the end of the course. Completion of Basic Mountaineering School (all modules) or equivalent, plus experience putting those skills into practice in the field are prerequisites for the course. Cost: \$175.

PPG Basic Mountaineering School - Wilderness Fundamentals

Starts November 4

The Wilderness Fundamentals class is an introduction to important skills and backcountry knowledge to enable participants to independently plan and safely implement a day's outing in the great outdoors—away from civilization and all it provides. Class lecture covers the fundamentals of choosing back country gear (the Ten Essentials), trip planning, nutrition, conditioning, Leave No Trace (LNT) conservation practices, mountain weather, safety, emergency planning protocol (what to do when things go wrong), and a case study of a recent, Colorado wilderness accident. This class is a pre-requisite for many of our other PPG courses and will provide participants with a copy of *Mountaineering: Freedom of the Hills* that will be referenced in other courses! Make sure you have this one under your belt. Cost: \$45 for PPG members, \$55 for all others.

November PPG Trips

Jake and Elwood's Short Loop

Saturday, 11/2/2019

Moderate B

Leader: Eric Hunter, 719-266-9647, EHunterCMC@gmail.com

Trail Mileage 9, Elevation Gain 1000, Driving Distance 230. Location: St Elmo, CO. Details: This is a short loop trail going out the Alpine Tunnel Trail from the ghost town of Hancock past Jake and Elwood's Spring to Tunnel Pass, then down the road over the Palisades and back up and over Williams pass back to Hancock. This is all near St Elmo. This trip is primarily for Pikes Peak and Pueblo Group members. All others will be waitlisted. Nat Geo Map 130. Register with leader.

Quandary Peak-14,265'

Saturday, 11/2/2019

Moderate B

Leader: Britt Jones, 719-661-4777, britt@globalreality.biz

Trail Mileage 7, Elevation Gain 3500, Driving Distance 200. Location: Have you been a summer only hiker? Are you new to climbing 14ers in winter-ish conditions? Come give it a go on Quandary Peak. Quandary Peak is in the Tenmile Range just south of Breckenridge, CO. We will climb the [Standard East Ridge route](#). Details: We will meet at the Safeway at 5:15am to carpool. 3275 W Colorado Ave.

Section XVI SnackLuck

Saturday, 11/2/2019

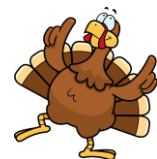
Moderate B

Leader: Y Mason, youdew@aol.com

Trail Mileage 6.25, Elevation Gain 1300. Location: Section XVI is located one mile west of the intersection of 26th and Lower Gold Camp Road in Colorado Springs, CO. Details: This is an enjoyable hike especially for new club members. SnackLuck: Hikers are encouraged to bring enough of their favorite snack to share with eight other hikers. We will hike up to a nice overlook and enjoy the views while sharing snacks the group collectively brings. Leader will provide paper plates, utensils, napkins, and a trash bag. This is the second SnackLuck of its kind since 2017. Notes: Registered hikers will receive specific meet-up details via email several days prior to the hike. No rabbits please.



To register for classes or trips,
go to www.cmc.org



Raspberry Mountain Loop

Saturday, 11/9/2019

Moderate C

Leader: Eric Hunter, 719-266-9647, EHunterCMC@gmail.com

Trail Mileage 11, Elevation Gain 1500, Driving Distance 80. Location: Catamount Ranch Open Space, Colorado Springs, CO. Details: This is long loop hike connecting Catamount Ranch Open Space to a historic CCC Camp, over Raspberry Mountain and back through Catamount Ranch Open Space. This hike will pass historic sites and interesting features. This trip is intended for Pikes Peak and Pueblo Groups primarily. All others will be waitlisted. Nat Geo Map 137. Register with leader.

Catamount Falls - Dog Friendly

Saturday, 11/9/2019

Moderate B

Leader: Audrey Burkart, 719-510-0481, arburkart10@ole.augie.edu

Trail Mileage 6.4, Elevation Gain 1700. Details: We will hike from the pond in Green Mountain falls up to Hondo Avenue. This road will lead us to Catamount Falls Trail. We will follow this to the South Catamount Reservoir. From here we will take a snack break, enjoy the scenery, and return. On the way back we will take Thomas trail and then weave back through the neighborhood along Boulder street to the pond. Friendly dogs are welcome, but must be leashed for this hike.

Barr Trail to the Top of the Incline

Saturday, 11/23/2019

Difficult B

Leader: Y Mason, youdew@aol.com

Trail Mileage 8, Elevation Gain 2200. Location: Barr Trail is located in Manitou Springs, CO. Details: Please register with leader. Pikes Peak Group Members have priority to register for this hike. All others will be waitlisted. Let us avoid the crowds climbing The Incline and hike via Barr Trail to the top of The Incline, which is actually quite a nice trek. (We will *not* be climbing The Incline). Option to rehydrate and re-nourish at a Manitou Springs eatery, weather permitting. Rabbits (fast-paced hikers) need not register for this hike. Moderate pace (2 mph). Notes: Registered hikers will receive specific meet-up details via email several days prior to the hike.

Conservation Corner

Thank you to everyone who has helped repair and build trails with the Pikes Peak Group or any of the other great conservation groups in town! We had 39 volunteers help out on four different work days/weekends!

National Forest Motorized Travel Planning Comments due 11/4

The Pike / San Isabel National Forest has released the [Draft Environmental Impact Statement](#) for revisions to what motor vehicle use will be allowed in the National Forest. It offers three real alternatives (C, D, and E) for a system of designated roads, trails and areas by class of vehicle and season of use. The public has until Nov 4th to provide comments and feedback at [their portal](#).

Individual comments are strongly encouraged!

If you have any questions, please email Tom Mowle, Conservation & Stewardship Chair, at tommowle@yahoo.com.

Waldo Canyon Planning

Planning for new trails in the Waldo Canyon area is also underway. Learn more about the planning [here](#), and attend the next public meeting, rescheduled for **January 22, 2020**, from 6-8:30 PM at the Westside Community Center gym, 1628 W Bijou St, CS.



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Pikes Pique

November, 2019 | No. 262

Pikes Pique is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

PIKES PEAK GROUP CONTACT INFORMATION:

CMC Pikes Peak Group
P.O. Box 2435
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cmcppgrp@gmail.com
[CMC PPG web page](#)

CLASSIFIED ADVERTISING

Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page - \$30, ½-page - \$60

WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

David Anderson, editor
danderso@uccs.edu

The deadline for submissions is the 14th of each month.

Use the above contact information for corrections and comments as well.