



The Newsletter of the CMC Pikes Peak Group

May, 2020 | No. 267

COVID-19 and Colorado Mountain Club Programming

- All official CMC gatherings, including events, trips, and schools remain postponed for the time being. [Update page.](#)
- Visit the [Colorado Mountain Club Online University](#)! There are videos ranging from 2-15 minutes on a variety of topics so outdoor enthusiasts of all ability levels and sports can brush up on old skills and pick up some new ones.
- Remember that the Trail & Timberline publication is at cmc.org (scroll to the bottom of the home page.)

The Pikes Peak Group in Pictures

Unofficial Weston Pass Ski Trip



And since there aren't many trips going on, here are some **bowls** that Dean Waits turned on his lathe:



And a **rolling library ladder** that Dave Anderson made for his bookcase:



Your PPG Council

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Interested in serving on the Pikes Peak Group
Council? Please contact the Chair.

Welcome New Members!

Michael Rantis Katie Sullivan



Member Discounts

Adventure Medical Kits

Ajax Bike and Sport

American Mountaineering Museum

Atrevida Beer Co (was Great Storm)

Bentgate

Breckenridge Nordic Center

City Rock

Friction Labs

Frisco Nordic Center

Gearonimo

Gold Camp Brewing

Golden Bike Shop

Ken's Anglers

Lumiere Telluride

Moosejaw

Mountain Chalet

Mountain Equipment Recyclers

Mountainsmith

ProMotive.com

R&W Rope

ROCK'n & JAM'n

Rocky Bob's Fly Fishing Rods

Summit Terragraphics

The Custom Foot

The Mountaineers Books

The Trailhead

TrailRunner Magazine

Vagabond Ranch Huts

Wilderness Exchange Unlimited

Shop Local

Shop Local and Support our Businesses

We want to give a big shout-out to those special shop owners and their employees that mean so much to us. During these stressful times please remember to patronize these businesses when possible. Some may be closed or doing take out; be sure to check their website. Our good friends at Mountain Chalet, Mountain Equipment Recyclers, Gearonimo, Atrevida Beer Company, City Rock, Gold Camp Brewing, Trails End Taproom, and others. And when this social distancing era clears, you want to get out and give back with some trail work, keep an eye on Rocky Mountain Field Institute, RMFI.org, as one of our newest PPG members. Jennifer Peterson certainly will be looking forward to that day. Also working on the trails will be Friends of the Peak, friendsofthepeak.org.

Please stay SAFE!



POCKET STEWARDSHIP

The Colorado Mountain Club is committed to protecting and improving public lands. Pocket Stewardship is an easy way for volunteer leaders to incorporate stewardship work into their trips and field days. We've outlined a few easy ways that you can help give back to Colorado's public lands today!



GIVE A LEAVE NO TRACE TALK



REMOVE LOOSE ROCKS FROM TRAIL



REMOVE DOWNED TREES FROM TRAIL



PICK UP TRASH



NATURALIZE ILLEGAL CAMPSITES



DECONSTRUCT CAMPFIRE RINGS

DO: Talk about the Seven Principles of Leave No Trace at the start of the trip. Make it interactive! Assign a different topic to each participant, or create a LNT trivia challenge!

DO NOT: Assume that everyone already knows the LNT principles.

DO: Remove any loose rocks on the trail tread surface. Be aware of your surroundings and where you're placing the removed rocks.

DO NOT: Kick rocks onto other trails or people below you, or dig up any partially exposed rocks.

DO: Remove trees on the trail that can be safely lifted by hand. Report any larger trees obstructing the trail in the RIMS Mobile App.

DO NOT: Attempt to remove larger trees that cannot be safely lifted by hand, or use tools to remove any trees.

DO: Pack it in, pack *more* out! Spend about 15 minutes picking up trash at the trail head, climbing area or along the trail. Report hazardous materials as you find them in the RIMS Mobile App.

DO NOT: Pick up any potentially hazardous materials, chemicals, or drug lab paraphernalia.

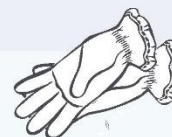
DO: Naturalize sites that are within 100 feet of a water source. Cover the impacted area with natural materials, such as logs, branches, leaves, pine needles, etc. Naturalize social trails leading to the site. Pick your battles; a site that is minimally impacted has a better chance of recovering than a well-established site.

DO NOT: Overdo it! Large piles of debris can create pine beetle habitat and fuel for forest fires.

DO: Remove campfire rings within 100 feet of a water source, as well as any duplicate fire rings within a single campsite. Make sure the pit is cold to the touch. Disperse rocks, placing them fire scar side down. Pack out any partially burned trash. Scatter remaining ashes.

DO NOT: Inadvertently scatter hot embers.

RECOMMENDED SUPPLIES



WORK GLOVES



TRASH BAGS



REPORT WITH RIMS!

Prior to the trip, remind all participants to download the CMC RIMS Mobile App and complete the online training for full monitoring features. Report your Pocket Stewardship activities and any unresolved issues using the app. Prioritize large and widespread issues, especially anything that poses a hazard to other users. Be sure to take pictures!

More information at www.cmc.org/app

Marge Regel's 50 Years of Memories with the CMC

Remembering "1968 to 2020"

As I write this about what has changed in 52 years, it's going to be bits and pieces of my opinions. For better or worse, it is what it is. Huron Peak, 3 miles up and 3 miles down – no trail. Trails above and below timberline were often faint or non-existent.

I read about the CMC in the "Empire Magazine". I lived in Denver a couple of years without a car. Walked and biked a lot. After I read about the CMC, called and the lady said anyone could join. Folks car pooled from 13th and Fox to the Rocky Mtn News parking lot which was empty on weekends. Asked my boss if I could work early on weekends, he OK'ed it. So from 1st and Broadway Vollmer's Bakery I got my bones down there.

I only did A & B hikes the first couple years and thought it was kind of funny to drive long distances just for easy hikes. As time progressed and learning of the great history of the CMC I began to take all the training so I could do all the great trips that needed extra skills. I learned how to X-C ski on Washington Park Lakes. We'd set a track, throw our poles to the side then kick and glide, get the balance and technique down as you were supposed to do 80% of the work with your legs. What Fun! Great experiences on all trips and most classes were free, taught by volunteers to train us and show us the way. It was also emphasized that everyone should learn all the skills to lead or be able to lead if anything really went wrong on a trip. I think today there's too much let the leader lead and have all the responsibility. I was fortunate to meet Ray Phillips in 1968 as he wrote a Condensed Guide to the Fourteener's and it became my guide for many years as I did a lot by myself. A revised version was written about 10 years later. Anyhow most weekends we hiked as that's what we liked to do. It took me awhile to realize that people had done this for years all over the world.

The gear and clothes we wear today has changed and the difficulty of many trips have also, requiring more skills, although it's just fun if you walk, as it's still a great thing to do. No one has to do advanced trips to still really enjoy what's out there, just being out there has it's rewards. In the early years no one at the beginning of a trip would ask what time will we be back, as no one was in a hurry to get back.

I climbed 14 of the 14er's before realizing people kept track of them, but having pictures of them with the dates was enough. I did them all but never recorded as it didn't make me any difference. Many were done as repeats and also led a few as I like the challenge and it was always different. Don't envy climbers today as there is a different challenge, they seem to like records for motivation. Exploring new places is my cup of tea.

In fact, just met a fellow in Palmer Park who had climbed Culebra Peak the day before, was still tired and paid some ungodly amount to do it. We paid a couple of bucks in the old days, access and cost have changed. We talked a bit and he had 14 left to do. Asked him if he had a favorite and it was Mt Sneffels. Told him that was my last 14er, did it because I was there, the weather was good and did not have to do it with my friends.

I could write four more pages but we all have memories of great trips and friends we've made along the way. So a little more and I'll sign off! Magda King gave a talk at Grand West Outfitters on Academy Blvd. She'd climbed 7 of the highest in the world. Asked her what had changed the most as guided trips are so prevalent today on higher peaks. She said something like you can't compare guided trips to those we do on our own. "It's apples to oranges – not comparable – my quote."

My friend Clara, 25 years older than me, were supposed to meet at 9 am at Johnson Village to climb Mt Antero. At 11 she wasn't there so I left (we didn't have cells). Went by White Mtn, as was in my truck and wanted to collect minerals anyway. She hiked up Mt Antero and asked someone if they'd seen a white truck and yes they had over near White Mtn. Later called her and we figured out what happened; asked her if we could do it again. Next weekend we drove up 3 miles, hiked up and had lunch on the south knob of Antero. Looking at the most spectacular fall colors and had two little fox kits join us. She fed one a little bread, said she shouldn't but it was too late. We smiled and were so glad the fox visit happened.

What can I say. Didn't get this in for the PPG's 100th Anniversary but hope you have enjoyed it. The CMC is the best club I've belonged to and too many to thank for all the good times.

Marge Regel

Some of Marge's International Trips with the CMC

New Zealand in Fall of 1989 We stopped in Queenstown as the bus driver thought we would like to see bungee jumping as that was the only place it was being done in the world. As Polly Gaskill (Gudy's daughter) and I were walking back across the bridge where they jumped, she asked me if I would do it and I said yes, would you, she said maybe if I had a few drinks. Would you really? she asked again. I said yes, but wouldn't pay for it. WOW! She then collected \$2 from every one and I ended up doing a bungee jump! Great place and Gudy heard the group that was flying around the world was going to do a one-way ride on the original train with gas lights, etc. She arranged for our group to take it the other way, it was a short trip but so worth it. So many great memories on club trips and only one day of rain on the South Island.

Mt Everest Oct 1990 Three weeks and 24 miles with awesome scenery and weather. For me one highlights was landing in Lukla at 11,000' on a short runway. If you didn't land properly, you'd hit the vertical mountain in front of you. We all stood in the aisle to see the landing and town folks were all over to watch it.

We did a loop trip up Goko Rei Valley, Kala Patkar 18,500' and down the Khumbu Valley back to Lukla then back to Kathmandu. So many great happenings and no pressure to hurry anywhere. They bought a little ram and had a porter bring it along on a rope for 3 days and then we said we didn't care if we didn't have meat so they sold it at next available stop.

Copper Canyon Mexico 2005 Train ride into Copper Canyon, we got off somewhere and had a two day trek down to the river and I stayed at that point. Next day others crossed the river and did another trek, but I was lucky to see our guides try to pull the burros across the stream or river as they would eat and not go anywhere. On the way down at the 3 mile point we camped at a warm spring and couldn't put up tents as the ledge was too narrow. We picked some fruit off trees but were told later that each tree was owned by someone so it was a no/no... total 6 mile one way trek and we only had to carry our day packs. Hiked to some cliff dwellings on way out...beautiful scenery and food.

Peru (forgot the date) but Greg Long set up the trip for me with 20 other people. We flew into Lima and Cuzco, the next day from there we had a four day trek to Machu Pichu. Had one day of rain and it was hard to see where to walk as 3-4 inches of water covered the steep steps of the trail. I fell off and landed on a big soft bush. Looked up 10-15 feet and said I have to get back up there as no one else was around at the time. Other days the trail was so crowded that different groups got mixed because of the difficulty so people paused and others went by. It's a difficult trek as it's steep, up and down many times a day, but beautiful and worth the effort to finally see Machu Pichu. Bought a book about it but still haven't read it. Then we were supposed to fly to a mining town Puerto Maldonado but there was lots of rain and couldn't fly out of Cusco until noon. When we got to the mining town had a change of plans, we were down to 8 people and took a small boat ride down river to an Eco Lodge which was open air with mosquito netting around our beds. Had a night tour to identify critters that birds would eat if it were daytime. We also got on a really small wooden boat with just a rudder in back to steer and took turns going out on the lake to see the Caiman eyes staring back at us. Did a daytime tour out of Cusco somewhere along the way. I had eight days and on my one free day in Cusco was sick all day, think it was because I drank spring water the day before on the tour.

Iceland 2012 Hut to Hut trip We had a little extra time so did the Blue Lagoon and some of us took a half day boat ride to a small island close by and learned about its history. There were trails and signage to inform us what we were seeing. Every day on the trek was a wonder and we actually roasted hotdogs on Hekla Volcano that blew up 2 years earlier. The rock was red hot 3 inches below our feet and the guide dropped a few hotdogs if she was holding them too close. Our feet were warmed but the surface was hard. The black desert was knee deep in ash from the volcano and Marilyn said the plants in bloom weren't there two years before when she first did the trek. Viewed all waterfalls one or two days. We shared one big Hut with a caretaker. The leader made all the food with a helper and we took turns on cleanup. Artic Fox lived under one big lodge and they were charcoal in color. If their kits came out, we could pick them up, so cute, they would be killed later as Artic Fox kill the birds and birdwatching tourism is big business in Iceland.



Pikes Pique

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Pikes Pique is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

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CLASSIFIED ADVERTISING

Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page - \$30, ½-page - \$60

WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

David Anderson, editor
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The deadline for submissions is the 14th of each month.

Use the above contact information for corrections and comments as well.