



## Joy Cipoletti Memorial Hike



Good grief it's hot. The sun is pounding down on my head, settling on my shoulders and sneaking pounds into my pack. Part of the reason I came on this hike was to get away from the heat. Yet, every hike must start somewhere, and ours starts in the foothills overlooking the San Luis Valley and the Great Sand Dunes National Park. At least the view is pretty. We are almost floating above the valley below. The wildflowers are out, and I am surprised to see so many this early in the hike.

Our group is beginning the climbing to the valley below Ellingwood. It promises to be beautiful, challenging, reflective, and yes—hot. At least for a while. We are here hiking to remember a friend who touched all our lives at different points. I try to remember the first time I met Joy. I'm pretty sure it was during a backcountry ski class. I know that many of the experiences I shared with her involved skiing. She had just begun to learn, and it was not easy for her. I admired her determination and her positive attitude. We skied with one another for the next couple of years, and I know one of the last trips I spent

with her was attending instructor training for our backcountry ski class. By then she was instructing as well. She was amazing. I loved going on trips with her since I knew she would be prepared. She was someone I could depend on, the kind of person you want to experience the outdoors with.

The hike was tough but beautiful. Somewhere along the way I forgot about the sun, the climb, and even my sorrow. I love doing this. Joy loved doing this. The sweating, the challenge, the views, the beauty, the sound, and the smell. The way the world changes around you as you climb. When I stopped to take a picture, I could almost imagine Joy doing the same thing right behind me. She would have loved the strawberries that we found.

That evening we sat and watched the ripples along the surface of the lake disrupt the perfect reflection of Mt. Ellingwood. The familiar sounds of mosquitoes, falling water, and other hikers blended into a peaceful and familiar soft white noise. It was mesmerizing, relaxing; like watching and listening to a campfire. The thunderstorms passed for the moment, and the weather was perfect. Clear and calm and achingly beautiful. Then suddenly, the lake's reflection came into almost perfect focus, and I nearly cried. I missed my friend, but she would have loved this spot. She would have reveled in the beauty and the moment. As I stared at the mountain on the water, I just tried to remember her joy. I was glad we came to sit with her a while.

Author and photo credit – Laneha Everett

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Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

## Welcome New Members!

Kristina Carroll  
Claire Coudray  
Chris Da Silva  
Byron Foley  
Kourtnei Guzanowski

Caleb Hillhouse  
Izabela Kamionka  
Slavek Kamionka  
Thomas Wilson



## Member Discounts

Adventure Medical Kits

Ajax Bike and Sport

American Mountaineering Museum

Atrevida Beer Co (was Great Storm)

Bentgate

Breckenridge Nordic Center

City Rock

Friction Labs

Frisco Nordic Center

Gearonimo

Gold Camp Brewing

Golden Bike Shop

Ken's Anglers

Lumiere Telluride

Moosejaw

Mountain Chalet

Mountain Equipment Recyclers

Mountainsmith

ProMotive.com

R&W Rope

ROCK'n & JAM'n

Rocky Bob's Fly Fishing Rods

Summit Terragraphics

The Custom Foot

The Mountaineers Books

The Trailhead

TrailRunner Magazine

Vagabond Ranch Huts

Wilderness Exchange Unlimited

## HAMS Starts in October

The Pikes Peak Group High Altitude Mountaineering School will start in October. This is a course designed for those climbers who want to go beyond the 14ers to take on high altitude (15,000' plus) and glaciated mountains. Classroom sessions will take place on Wednesdays 10/27, 11/3, 11/17, 12/1, and 12/15 and include such topics as equipment, medical concerns, nutrition and menu planning, fitness and training, organizing an expedition, and group dynamics. Field sessions are tentatively scheduled for 1/9, 1/23, 2/12-13, and 2/26-27; they will cover such topics as roped travel, crevasse rescue, climbing alpine ice, and winter camping. A graduation climb of Mt. Rainier will take place at the end of the course. Completion of Basic Mountaineering School (all modules) or equivalent, plus experience putting those skills into practice in the field are prerequisites for the course. Cost for the class is \$175. For information and to get the registration code, contact Greg Long at (719) 659-0345 or e-mail to [at\\_90@yahoo.com](mailto:at_90@yahoo.com). Register online at [cmc.org](http://cmc.org).

the PPG  
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# Upcoming Pikes Peak Group Classes

## **PPG ARCPro Sport Lead Climbing Class**

Starts September 11

This two-day class will teach participants the skills needed to safely lead sport climbs; to include setting up a top-rope anchor, cleaning the anchor and rappelling or lowering down, along with some more advanced sport climbing skills. On Day One, we will focus on the safety components and transitions of leading sport climbs and cleaning/rappelling sport climbs, then on Day 2 students will practice leading, will learn movement techniques, how to fall safely (with some practice taking real falls), and advanced leader belaying. It is designed for the climber who has climbed top-rope style, but who would like to advance into being a fully "independent climber" able to put up ropes at the start of a climb, and safely take down ropes at the end of a climb. Prerequisite: Participants are expected to either be graduates of BMS Rock or have experience with good climbing belay skills, rappelling, good climbing communications and a good working knowledge of knots and the climber's safety system. Your experience does not need to be extensive, but this is not an introduction to climbing class. Cost: \$50 for Leaders, \$80 for all others.

## **Pikes Peak Intro to Technical Canyoneering**

Starts September 15

Have you completed Intro to Desert & Canyoneering *and* BMS Rock? Take those skills to the next level. Learn proper gear, safety, and technique for technical canyoneering. There are many nuances warranting the safe approach provided by this class. The classroom session will be in Colorado Springs on 15 Sep from 6:00p to 9:30p. There are two evening field session in Colorado Springs to cover some basics and evaluate fitness levels on 16 and 23 Sep. Then we go on a four day trip to the desert scheduled for 03 through 06 Oct. This year's desert trip is planned for San Rafael Swell in Utah. A strong fitness level to go on daily full day hikes with scrambling and rappelling on high exposure in hot terrain, squeezing through narrows, and hiking all day in loose sand and deep water is required for the field sessions. The field sessions will be progressive in nature to build on skills. Attendance at the classroom session and local field sessions will be required to attend the Utah trip. Prerequisite: Completion of both BMS Rock Climbing *and* Intro to Desert & Canyoneering is required! A [city parks rock climbing permit](#) is also required. *Note:* This course is not intended for those already going into technical slot canyons as it is introducing the basic concepts. To get the registration password, please contact the instructor with your prior course completion and experience in both canyoneering and rock climbing. Cost: \$250 for PPG members and Leaders, \$300 for all others.

## **PPG BMS - Wilderness Fundamentals**

Starts September 20

The Wilderness Fundamentals class is an introduction of important skills and back country knowledge to enable participants to independently plan and safely implement a day's outing in the great outdoors—away from civilization and all it provides. The class lecture via Zoom covers the fundamentals of choosing back country gear (the Ten Essentials), trip planning, nutrition, conditioning, Leave No Trace (LNT) conservation practices, mountain weather, safety, emergency planning protocol (what to do when things go wrong), and a case study of a recent Colorado wilderness accident. The mandatory field session explores the lecture concepts during an actual outing and gives students a chance to further address any questions or concerns while meeting new hiking friends and sharing ideas about gear, snacks, and hiking spots. This class is a pre-requisite for many of our other PPG courses and will provide participants with a copy of "Mountaineering: Freedom of the Hills" that will be referenced in other courses. Make sure you have this one under your belt! Cost: \$35 for PPG members, \$45 for all others.

## **Pikes Peak Intro to Desert Hiking and Canyoneering**

Starts September 22

If you have only been hiking in the high altitude for your spring, summer, and fall, there is another world out there. When you have climbed enough peaks to wonder what other environments might be out there, the next step for you may be desert terrain. Come learn the proper gear, safety, and entry level techniques for basic desert hiking and basic canyoneering. There are many nuances to this environment that should warrant a safe approach such as provided by this class. The classroom session will be in Colorado Springs on 22 Sep from 6:00p to 9:30p. There is a one-day field session in Colorado Springs to cover some basics and evaluate fitness levels scheduled for 26 Sep. Then we go on a five day trip to the desert scheduled for 29 Sep through 03 Oct. This year's desert trip is planned for the San Rafael Swell in Utah. A strong fitness level to go on daily full day hikes with scrambling on moderate exposure in hot terrain, squeezing through narrows, hiking in loose sand, and wading through water is required for the field sessions. The field sessions will be progressive in nature to build on skills. Attendance at the classroom session and local field session will be required to attend the Utah trip. Cost: \$135 for PPG members and Leaders, \$160 for all others.

**PPG ARCPro Introduction to Self-Rescue Class**

Starts September 25

Ever wondered how you might react if your climbing partner were injured? What about if you were injured—would you be able to get down safely as a team? In the PPG ARCPro Intro to Self-Rescue Class, you will learn tips and techniques to deal with unpleasant situations in the mountains. Whether you are an alpine climber seeking endless ridgelines, looking to break into multipitch ice this year, or a seasoned rock climber with regular days at our local crags, this course is for you! The Self-Rescue Class offered by Pikes Peak Group is a key element of our Advanced Rock Climbing Program. Students are given the skills, along with practice, to deal with many of the situations that can occur in a climbing scenario. This class does not deal with any of the medical components and implications of an injury-based rescue; that is far beyond the scope of the program. This class teaches participants the safety components and transitions that can assist a climbing team to extricate themselves from a number of situations. Prerequisites: Your climbing experience does not need to be extensive at all. In fact, we recommend that even rookie climbers begin their career with this knowledge. Participants should have basic rock climbing knowledge and skills, such as those gained by taking our BMS - Colorado Rock Climbing class. We encourage all levels of climbers to register—to learn new skills and to brush-up on rusty ones. Cost: \$65 for Leaders, \$95 for all others.

**Wilderness First Aid (WFA) with CPR/AED in Colorado Springs**

Starts October 7

This eighteen-hour ECSI accredited course presents dynamic instruction devoted to teaching you how to respond to medical emergencies in remote settings where definitive medical care is not readily available and to think creatively in order to make the right decisions. Two evening classroom presentations are followed by an outside field day consisting of hands-on training and realistic scenarios on a variety of medical situations that may be encountered in the wilderness setting (including CPR) where calling 911 is not an option. This course satisfies a requirement for trip leaders. You will receive your WFA with adult CPR/AED certification card emailed to you upon satisfactory course completion. Cost: \$100 for Leaders, \$115 for PPG members, \$125 for all others.

**PPG Trip Leader School**

Starts October 18

The Pikes Peak Group (PPG) Trip Leader School (TLS) provides a self-paced online curriculum (Google Classroom), a 3-hour online meeting (Zoom), and a 5-hour Leader-In-Training field trip to review important trip leader topics such as trip planning, group dynamics, situational awareness, communication skills, leadership, CMC policies, and leader liability considerations. The TLS is the first step to certification as a CMC Trip Leader. Cost: \$25.

**PPG ARCPro Introduction to Self-Rescue Class**

Starts October 23

Ever wondered how you might react if your climbing partner were injured? What about if you were injured—would you be able to get down safely as a team? In the PPG ARCPro Intro to Self-Rescue Class, you will learn tips and techniques to deal with unpleasant situations in the mountains. Whether you are an alpine climber seeking endless ridgelines, looking to break into multipitch ice this year, or a seasoned rock climber with regular days at our local crags, this course is for you! The Self-Rescue Class offered by Pikes Peak Group is a key element of our Advanced Rock Climbing Program. Students are given the skills, along with practice, to deal with many of the situations that can occur in a climbing scenario. This class does not deal with any of the medical components and implications of an injury-based rescue; that is far beyond the scope of the program. This class teaches participants the safety components and transitions that can assist a climbing team to extricate themselves from a number of situations. Prerequisites: Your climbing experience does not need to be extensive at all. In fact, we recommend that even rookie climbers begin their career with this knowledge. Participants should have basic rock climbing knowledge and skills, such as those gained by taking our BMS - Colorado Rock Climbing class. We encourage all levels of climbers to register—to learn new skills and to brush-up on rusty ones. Cost: \$65 for Leaders, \$95 for all others.

**PPG High Altitude Mountaineering School**

Starts October 27

HAMS a course designed for those climbers who want to go beyond the 14ers to take on high altitude (15,000' plus) and glaciated mountains. Classroom sessions will take place on Wednesdays 10/27, 11/3, 11/17, 12/1, and 12/15 and include such topics as equipment, medical concerns, nutrition and menu planning, fitness and training, organizing an expedition, and group dynamics. Field sessions are tentatively scheduled for 1/9, 1/23, 2/12-13, and 2/26-27; they will cover such topics as roped travel, crevasse rescue, climbing alpine ice, and winter camping. A graduation climb of Mt. Rainier will take place at the end of the course. Completion of Basic Mountaineering School (all modules) or equivalent, plus experience putting those skills into practice in the field are prerequisites for the course. Cost: \$175.

# September Pikes Peak Group Trips

## Thursday After Work Climb

Thursday, 9/2/2021

Rock Climbing

Leader: Roger Kilcoyne, 719-323-3740, [rdk9689@hotmail.com](mailto:rdk9689@hotmail.com)

Location: The location will vary depending on the week. Details: We will be climbing on Thursday evenings after work. The start time of the trip is 430pm but feel free to trickle in as your day permits. We will normally climb until dark. If the temps are too cold or the weather too rainy, we will likely climb indoors at City Rock or SCC. I will email/text the climbing location a couple of days before the trip. This is a weekly trip and if I'm out of town I will do my best to find another trip leader. This is *not* a class/school. You should have all required gear and know how to safely use it.

## Brunch-Cline! Manitou Incline + Brunch at the Top Sunday, 9/12/2021

Difficult B

Leader: Sarah Hettenbach, 785-226-3176, [hettenbach.s@gmail.com](mailto:hettenbach.s@gmail.com)

Trail Mileage 5, Elevation Gain 2000, Driving Distance 5. Location: Manitou Incline. Cheapest parking is Hiawatha Gardens, (formerly free lot), \$1/hour. Details: Sleep in on Sunday, then come join for a trip up the Incline with a bring something to share brunch just past the top of the Incline on Rocky Mountain! I'll plan to bring a Coleman stove and cook up some bacon, eggs, and hashbrowns, with participants filling in the pastries, juices, and coffees. Please bring your own camp plate, cup, and silverware to cut down on waste. A camp chair is recommended for comfort while dining! Pace will be moderate (~45 min- 1hr incline time). Please carry adequate water and snacks for the incline trip. We will descend down Barr trail afterwards with full bellies :) Notes: Registration deadline is such that we can reserve incline spots in advance. Trip leaders will make the reservations.

## 13er Double: Grizzly and Garfield

Friday, 9/17/2021

Moderate D

Leader: Joseph Petsche, 734-678-8468, [joebiker@gmail.com](mailto:joebiker@gmail.com)

Trail Mileage 8, Elevation Gain 3600, Driving Distance 260, Location: Two meetup locations:

1. 3:30pm - Colorado Springs Carpool location (Safeway parking lot, 3275 W Colorado Ave, east end.
2. 5:30pm - [La Plata Trailhead](#) meetup. Please plan to arrive before dark. Dinner together, socializing at car camping location. (Look for Red Truck.)

Details: Leader in Training Trip with Alan Bridges. Planning overnight camping near the upper trailhead to climb Grizzly and Garfield, then return Saturday afternoon. The hike is listed as Easy Class 3 on [14ers.com](#) and Class 2+ in Roach's 13ers guidebook. Itinerary: Friday. Caravan to upper trailhead to car camp in the national forest. Carpooling is optional, pending COVID updates and CMC guidance. Saturday. 5:30am start hiking. Climb Grizzly then Garfield. Return via caravan to La Plata Trailhead. [Map](#). Notes: Fire conditions: Will confirm closer to the trip.



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)

## Pikes Pique

September, 2021 | No. 282

*Pikes Pique* is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

### PIKES PEAK GROUP CONTACT INFORMATION:

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[CMC PPG web page](#)

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- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

Non-members:

- Text: \$3 per line, \$15 minimum
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### WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

David Anderson, editor  
[danderso@uccs.edu](mailto:danderso@uccs.edu)

The deadline for submissions is the 14<sup>th</sup> of each month.

Use the above contact information for corrections and comments as well.