



# Pikes Pique

The Newsletter of the CMC Pikes Peak Group

## Pikes Peak Group Annual Cookout – June 5<sup>th</sup>

### Third Annual Pikes Peak Group Cookout: June 5<sup>th</sup>, 3:00–7:00 pm

Please join us again this year for a cookout at Cheyenne Mountain State Park in southern Colorado Springs.

There is no cost for the food and beverages. We will be grilling hamburgers, veggie burgers, and hotdogs. We will also have sides and beverages to include sodas, water, and beer from Bristol Brewery. Please do not bring hard liquor (e.g., vodka, tequila, etc.) as this is prohibited by the park. We will have a few games including having horseshoe pits available to us. We encourage you to bring any additional lawn games that might be enjoyed as well!

The entrance to the park is across from the main gate of Fort Carson. From the junction of S Academy Boulevard and Hwy 115, proceed south and take a right on State Park Road. *Note that the park has a \$7 dollar per vehicle admission fee.* We advise carpooling from the Safeway parking lot at S Academy and Hwy 115, or finding a member with a state parks pass.



The pavilion has ample parking. Kids are welcome, and there is a playground next to the pavilion. There are new and clean bathrooms for men, women, and families next to the pavilion.



Once past the ranger station (after paying the fee), stay on the main road and turn right at the well-marked sign for the Prairie Skipper Point group picnic area:



The pavilion has picnic tables with benches. Feel free to bring your own chairs if you want something more comfy.

Please sign up for the cookout at [cmc.org](http://cmc.org) so we may better prepare for the number of members that will be attending. If you are not able to sign up, or procrastinate until the last minute, please come anyway as we will have plenty of food.

## Your PPG Council

### Chair – Collin Powers

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### Past Chair – Rick Keetch

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### BMS Director – Mike Erickson

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### Assisting – Christie Lee

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### SESI – Christie Lee

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Mary Mourar

719-633-2614, marym525@yahoo.com

Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

## Welcome New PPG Members!

Nancy Briley

Chris Bushong

Angela Case

Jenny Johnson-Carreiro

Tyler Jones

Greg Jorstad

Glen Luther

Warren Paul

Regina Reeve

Brian Stigner

Melissa Waymire

Cord Waymire

Adam Waymire

Josh Waymire



### BMS Alpine Snow Mountaineering



Students and instructors from the recently completed BMS Alpine Snow Mountaineering class. Weather impacted the field days but we were still able to successfully complete the class. With all the late season snow, we hope to complete several climbs before it all melts.

### Pikes Peak Wilderness First Aid



The Wilderness First Aid students and instructors are happy to complete their makeup session on May 7<sup>th</sup> after the sudden snow storm on April 16<sup>th</sup> forced that session to be cancelled. Standing L-R: Steve (instructor), Roger, Collin, Gary, Thad, Paul, Jairo, Tad (instructor), Paul (instructor), Front row L-R: Dan, Ed, Teresa, Debbie; Not pictured: Chris, Mike (instructor), Scott (instructor), Sharon (instructor) Meg (instructor)



## Upcoming PPG Classes

### **PPG ARCPro Traditional Lead Climbing Class**

Starts June 6

The Traditional Lead Climbing Class is part of the PPG Advanced Rock Climbing Program. In this class, students will be introduced to the principles and techniques of placing gear on a “traditional” rock climb. This class builds upon many of the concepts and skills taught in the PPG ARCPro Gear and Anchors Class. By the end of the final field session, students will perform “mock” trad leads—backed up by a top-rope belay. Students will be evaluated for their gear placements and their understanding of key principles of how to ensure safety while leading a traditional climb. Prerequisites: Successful completion of BMS Rock Climbing, the Sport Leading Class, and the PPG ARCPro Gear and Anchors class, or approval from ARC Program directors. The cost for this class is \$95. For more details, please contact [Collin Powers](#) or [Scott Kime](#).

### **Basic Mountaineering School (BMS) – Wilderness Backpacking**

Starts June 8

Pre-Requisites: PPG BMS Colorado Wilderness Fundamentals & Colorado Wilderness Land Navigation. There are two class lectures. Our discussions include finding the right backpack, systems review including sleeping systems, cooking systems, clothing systems, ultra-light techniques, tents, trip planning, team composition, group dynamics, and site selection. We will do a gear check prior to the overnight to make sure you are properly equipped. Classroom dates are 08 and 15 Jun. There is a CMC Rating Trip (overnight) on 18 and 19 Jun that is designed to reinforce principals and techniques discussed in class. The cost for this class is \$38. For more details, please contact [Tony Eichstadt](#).

### **PPG Rock Scrambling Class**

Starts July 9

The objectives of the Rock Scrambling class are to: Improve students’ ability to move safely and efficiently on Class 3 routes, to provide students the opportunity to gain confidence when climbing with exposure, and to have fun! There will be a half-day instructional session at a local crag on July 9 and a full-day climb along a high ridge on July 10. Prerequisites: Students must have basic mountaineering knowledge, skills and experience, such as that taught in the CMC BMS Wilderness Fundamentals class. Students should have experience hiking Class 2 alpine routes and know how to equip themselves with the essentials for a day in the mountains. Students must be fit enough to climb a Colorado 14er at a moderate pace. The cost for this class is \$45. For more details, please contact [Hoot Gibson](#).

### **PPG ARCPro Intro to Multipitch Concepts Class**

Starts August 9

Students will learn introductory level techniques applicable to climbing multipitch routes, including: preparation, anchors, belaying, cleaning gear, belay transitions, descending, and climbing with a 2-person team. Prerequisites: Students should have basic rock climbing skills, such as taught in our BMS Rock Climbing or the equivalent, to include belaying and climbing communication. Leading skills are not necessary. It is also recommended for participants in this class to take the ARCPro Gear and Anchors Class prior to this class, as we will have you placing trad gear and building trad anchors in this class. This class will be beneficial to anyone looking to climb multipitch routes- to include leaders and followers. The cost for this class is \$75. For more details, please contact [Collin Powers](#) or [Scott Kime](#).

### **Pikes Peak Intro to Mountain Biking Basics**

Starts September 7

Learn the gear, maintenance, safety, and entry level techniques for basic mountain biking. Mountain biking is a great way to enjoy the wilderness with a little more skill and finesse, of getting out for a short outing after work, and for building cardio before a big climb. There will be two classroom sessions and three field sessions for the mountain biking class. The cost is \$60. There are also rental costs if you don’t own the gear. The mountain biking classroom dates are 07 and 08 Sep, and the field dates are 10, 17, and 24 Sep. A strong fitness level to go on a full day technical bike ride is required for the field sessions as this will not be casual riding. The field sessions will be progressive in nature to build on skills. For more details, please contact [Eric Hunter](#).

### **PPG ARCPro Sport Lead Climbing Class**

Starts September 11

This two-day class will teach participants the skills needed to safely lead sport climbs; to include setting up a top-rope anchor, cleaning the anchor and rappelling down, along with some more advanced sport climbing skills. On day 1 we will focus on the safety components and transitions of leading sport climbs and cleaning/rapping sport climbs, then on day 2 students will practice leading, will learn movement techniques, how to fall safely (with some practice taking real falls), and advanced leader belaying. It is designed for the climber who has climbed top-rope style, but who would like to advance into being a fully “independent climber” able to put up ropes at the start of a climb, and safely take down ropes at the end of a climb. Prerequisites: Participants are expected to either be graduates of BMS Rock or have experience with good climbing belay skills, good climbing communications, and a good working knowledge of knots and the climber’s safety system. Your experience does not need to be extensive, but this is not an introduction to climbing class. The cost for this class is \$75. For more details, please contact [Collin Powers](#) or [Scott Kime](#).

## Upcoming PPG Classes (continued)

### Pikes Peak Intro to Technical Canyoneering

Starts September 14

If you have completed the Intro to Desert Trekking & Canyoneering *and* Basic Mountaineering School Rock Climbing courses, here is a chance to take those skills to the next level. Come learn the proper gear, safety, and techniques for technical canyoneering. There are many nuances to this environment that should warrant a safe approach such as provided by this class. The course cost is \$130. The classroom session is on 14 Sep. There are two evening field session to cover some basics and evaluate fitness levels scheduled for 15 and 22 Sep. Then we go on a four-day trip to the desert scheduled for 02 Oct through 05 Oct. This year's desert trip is planned for the San Rafael Swell in Utah. A strong fitness level to go on daily full day hikes with scrambling and rappelling on high exposure in hot terrain, squeezing through narrows, and hiking all day in loose sand and deep water is required for the field sessions. The field sessions will be progressive in nature to build on skills. Attendance at the classroom session and local field sessions will be required to attend the Utah trip. Prerequisite: Completion of both BMS Rock Climbing course *and* Intro to Desert Trekking & Canyoneering course is required! A [city parks permit](#) to rock climb is also required and must be obtained prior to the course. For more details, please contact [Eric Hunter](#).

### Pikes Peak Intro to Desert Trekking and Canyoneering

Starts September 21

If you have only been hiking in the high altitude for your spring, summer, and fall there is another world out there. When you have climbed enough peaks to wonder what other environments might be out there, the next step for you may be desert terrain. Come learn the proper gear, safety, and entry level techniques for basic desert trekking and basic canyoneering. There are many nuances to this environment that should warrant a safe approach such as provided by this class. The course cost is \$90. The classroom session is on 21 Sep. There is a one day field session in Colorado Springs to cover some basics and evaluate fitness levels scheduled for 25 Sep. Then we go on a five day trip to the desert scheduled for 28 Sep through 02 Oct. This year's desert trip is planned for the San Rafael Swell in Utah. A strong fitness level to go on daily full day hikes with scrambling on moderate exposure in hot terrain, squeezing through narrows, and hiking in loose sand is required for the field sessions. The field sessions will be progressive in nature to build on skills. Attendance at the classroom session and local field session will be required to attend the Utah trip. For more details, please contact [Eric Hunter](#).

### Pikes Peak Trip Leader Training

Starts September 22

This course provides the necessary training and satisfies part of the requirement of becoming a CMC trip leader for the Pikes Peak Group. (Completion of a Wilderness First Aid course and CPR course are the other requirements of becoming a trip leader.) The classroom sessions are on 22 September and 29 September. The field session on the morning of 2 October will be scheduled as a CMC trip. The cost for this class is \$25. For more details, please contact [Paul Schoell](#).

### PPG ARCPro Crack Climbing Class

Starts October 8

This class will focus on crack-climbing techniques for climbing finger to fist-sized cracks, along with touching on chimney and off-width techniques. The class is led by Jes Meiris, our PPG ARC Program Technical Director, assisted by the program directors. We will not be teaching any gear placement or lead climbing in this class; we will focus on climbing techniques while on a top-rope belay. Prerequisites: Students should have basic rock climbing skills, such as taught in our BMS Rock Climbing or the equivalent, to include belaying and climbing communication. Leading skills are not necessary. The cost for this class is \$75. For more details, please contact [Collin Powers](#) or [Scott Kime](#).

### PPG ARCPro Self Rescue Class

Starts October 18

Ever wondered how you might react if your climbing partner were injured? What about if you were injured? Would you be able to get down safely as a team? In the PPG ARCPro Self-Rescue Class, you will learn tips and techniques to deal with unpleasant situations in the mountains. Whether you are an alpine climber seeking endless ridgelines, looking to break into multipitch ice this year, or a seasoned rock climber with regular days at our local crags, this course is for you! The Self Rescue Class offered by Pikes Peak Group is a key element of our Advanced Rock Climbing Program. Students are given the skills, along with practice, to deal with many of the situations that can occur in a climbing scenario. This class does not deal with any of the medical components and implications of an injury-based rescue; that is far beyond the scope of the program. This class teaches participants the safety components and transitions that can assist a climbing team to extricate themselves from a number of situations. The class is led by ARC Pro Technical Director, Jes Meiris, who climbs, guides and teaches for a living. The cost for this class is \$95. For more details, please contact [Collin Powers](#) or [Scott Kime](#).



To register for classes or trips,  
go to [www.cmc.org](http://www.cmc.org)



## Upcoming PPG Classes (continued)

### Pikes Peak WFA (Wilderness First Aid)

Starts October 22

This two-day, sixteen-hour ECSI accredited course consists of instruction devoted to medical evaluation and treatment in the wilderness setting where definitive medical care is not readily available. Day one consists of classroom presentations and practicals on the variety of situations you might encounter in the backcountry and wilderness areas. Day two continues with a short classroom presentation followed by almost a full day of practical, hands-on training in the field. This course satisfies a requirement for trip leaders. The sessions are on Saturday 22 Oct and Sunday 23 Oct from 8:00 am to 3:00 pm. A comprehensive textbook and a field guide are included and you will receive your WFA card. **Note:** This course does not teach CPR, which is taught in a separate two-hour class (with separate sign up required) at the same location right after the completion of the WFA course. The cost for this course is \$70. For more details, please contact [Paul Schoell](#).

### Pikes Peak CPR Training

October 23

Knowing CPR can be life-saving! Did you know the number four cause of death in the backcountry is heart attack? If you never had CPR training or it's been a while, this two-hour American Heart Association accredited training is for you. It includes the latest classroom instruction and hands-on training in CPR/AED for the Adult/Child/Infant (choking conscious and unconscious). This class satisfies a requirement for trip leaders. A CPR card good for two years will be issued upon completion. The cost for this class is \$25. For more details, please contact [Paul Schoell](#).

## June PPG Trips

### Jones Park

Friday, 6/3/2016

Moderate B

Leader: Nancy Altmansberger, 719-471-9549

Trail Mileage 10, Elevation Gain 1800. Details: We will hike up Bear Creek Trail to Jones Park and return the way we came. We won't be doing the normal Seven Bridges loop because we may not be able to get to the hub parking lot. They are doing a lot of work on the North Cheyenne Canyon Road this summer. CMC members only. A limited number of friendly, well behaved dogs may come on a first come, first served basis. Please register with leader by phone.

### Pancake Rocks

Thursday, 6/9/2016

Moderate B

Leader: Carol Schmitz, 719-339-4851, [cmarieschmitz@gmail.com](mailto:cmarieschmitz@gmail.com)

Trail Mileage 6.2, Elevation Gain 1200, Driving Distance 65. Location: Carpooling - Meet at 8:30 a.m. at Red Rocks Safeway, Colorado Springs. We can pick up people in Woodland Park at the Park and Ride at 9:00 a.m. Details: The Pancake Rocks hike is part of the Ring the Peak Trail. We will have lunch on the cool rock outcrop on top, great views both south and west towards Cripple Creek.

### Green Mtn Falls - Crystal Lake Hike

Saturday, 6/11/2016

Moderate B

Leader: Christie Lee, 719-243-1821, [Christie80905@gmail.com](mailto:Christie80905@gmail.com)

Trail Mileage 6.5. Details: Steep at times to lake. May be snow so bring yak trax or microspikes and poles. Contact leader at least two days prior to the trip.

### Tarryall Peak (11,780 ft)

Saturday, 6/11/2016

Moderate C

Leader: Denise Snow, 719-687-9576, [denisedansnow@q.com](mailto:denisedansnow@q.com) (No tickets left)

Trail Mileage 11.2, Elevation Gain 3420. Location: We will start at the Spruce Grove TH. Details: Starting at the Spruce Grove TH in the Lost Creek Wilderness, we will hike to the top of Tarryall Peak. There are great rock formations to see along the way. The last 20 feet is a Class 2+ scramble to the incredible 360-degree view summit.

### Raspberry Mountain

Friday, 6/17/2016

Moderate B

Leader: Nancy Altmansberger, 719-471-9549

Trail Mileage 7, Elevation Gain 1100, Driving Distance 50. Details: Also called the Sleeping Giant. At the top, we will have 360-degree views to see Mt. Pisgah, the west side of Pikes Peak, North Catamount Reservoir, and the Sangre de Cristo and Sawatch Mountains. This is a fun hike. The hike will start just south of Divide. There is a short scramble to get to the top. CMC members only. A limited number of well behaved, friendly dogs are welcome. Please register with leader by phone.



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## June PPG Trips (continued)

### Sentinel Point (12,527 ft)

Friday, 6/17/2016

Moderate B

Leader: Denise Snow, 719-687-9576, [denisedansnow@q.com](mailto:denisedansnow@q.com)

Trail Mileage 6, Elevation Gain 2700. Location: We will start from the trailhead parking as listed in the directions. Details: Sentinel Point stands like a sentinel on the western end of the Pikes Peak massif, and its aesthetic summit block is visible from many vantage points in the region. Although so close to the front range it offers a very wilderness feeling, and a short scramble to its highest point with incredible 360-degree views.

### Breckenridge 13er

Saturday, 6/18/2016

Moderate B

Leader: Christie Lee, 719-243-1821, [Christie80905@gmail.com](mailto:Christie80905@gmail.com)

Details: Explore route to Breckenridge 13er; snow reports will decide which 13er to attempt. Bring microspikes and poles. Contact leader at least two days prior to the trip.

### Lost Creek Summer Solstice Loop

Saturday, 6/25/2016

Difficult D

Leader: Eric Hunter, 719-273-1018, [ehunter67@yahoo.com](mailto:ehunter67@yahoo.com)

Trail Mileage 26, Elevation Gain 2800, Driving Distance 200. Location: Lost Creek Wilderness, near Lake George, CO. Details: This is a very strenuous hike and a very full day. We will hike east from Lost Park following the Wigwam Trail to a secondary trail that follows Lost Creek southeast to its first underground passage. We will then climb the ridge to the McCurdy Park Trail and follow that east to the Goose Creek Trail. From there we will hike north to Wigwam Park and hike the Wigwam Trail west to complete our loop. This hike will get into some very remote areas and interesting features. The off trail section is very rugged and abrasive with sharp drop offs.

### South Crestone Lake Hike

Saturday, 6/25/2016

Moderate B

Leader: Denise Snow, 719-687-9576, [denisedansnow@q.com](mailto:denisedansnow@q.com) (No tickets left)

Trail Mileage 10, Elevation Gain 3000. Location: We will start from the trailhead parking as listed in the directions. There is [camping and lodging](#) in or near Crestone. Details: This is a hike to the very scenic South Crestone Lake. The trailhead is just south of Crestone and the lake is at the foot of Mount Adams. The trail provides spectacular views of the San Luis valley.

### Lovell Gulch Trail Project #5

Saturday, 6/25/2016

Moderate

Leader: Thomas Mowle, 719-216-3932, [tommowle@yahoo.com](mailto:tommowle@yahoo.com)

Trail Mileage 1.5, Elevation Gain 200. Location: North of Woodland Park. Details: Trail work. Open to the public. Ages 16+; under 18 must be accompanied by parent/guardian. Day hike. Bring your lunch. The Pikes Peak Group is continuing to help the National Forest with maintenance on Lovell Gulch Trail #706 near Woodland Park. This year we will be working on the area around the main stream crossing, and some eroding slopes on the "stem" of the trail. At the final workday, we will be doing restoration work. Volunteers will have about a 3/4-mile hike to the work area, carrying tools. Volunteers must bring work clothes and gloves, water, snacks, sunscreen, and hat. This is open to the public; if you are a CMC member, please log on to register. Once the project is full, we will not be able to accommodate any additional volunteers unless additional leaders/tools are recruited. This is for safety's sake—to retain a safe crew leader to volunteer ratio—and due to the number of tools available. Please cancel if needed to make room for others, and join the wait list if the trip is full. Notes: Additional workdays on 7/23, 8/27, and 9/17.

## Conservation Corner

### Sign up Now for Lovell Gulch Trail Work!

This summer the Pikes Peak Group of the Colorado Mountain Club will be continuing stewardship on the Lovell Gulch Trail near Woodland Park in partnership with the Forest Service. We will be working on the area north of the main stream crossing, and also a steep section between there and the trailhead. We provide all the tools and training—no experience needed. Age 16 and over; under 18 must be accompanied by a parent or guardian. Please sign up at [www.cmc.org/stewardship](http://www.cmc.org/stewardship) or for the individual dates at 5/21, 6/25, 7/23, 8/27, and 9/17.

### National Forest Travel Management Planning Starts Soon

It appears that the Pike-San Isabel National Forest is going to put off its Forest Planning process until 2020. However, they likely will be starting a round of Travel Management Planning this summer. The full scope of this process is not yet defined, but it likely will include decisions about opening or closing routes to some or all motorized traffic, and may also offer an opportunity to suggest that some non-system routes be adopted as designated trails. If you'd like to be involved in the Travel Management Process, please contact Tom Mowle at [tom@rampartprosolutions.com](mailto:tom@rampartprosolutions.com) or 719-216-3932.



## PPG Library Presentation

On June 14 from 6 to 7pm at Cheyenne Mountain Library, 1785 S 8<sup>th</sup> St, PPG's Dean Waits, Membership Chair, and Kristen Buckland, Public Relations Director, will be discussing proper planning, weather, choosing local hiking trips, and much more on how to enjoy safely our beautiful mountains, and also what the CMC has to offer. Be sure and come by to hear their ideas.

## Member Trip Photos



Gill Trail on 4/22/16 along South Platte River in Cheeseman Canyon outside of Deckers.  
Jim Thieme and Nancy Altmansberger (leader).



Bear Creek and Buckhorn Trail hike on 5/6/16.  
Nancy Frazier, Julie Wiley, Susan Wood. Nancy Altmansberger leader.

## Pikes Pique

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*Pikes Pique* is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

### PIKES PEAK GROUP CONTACT INFORMATION:

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#### Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page - \$25, ½-page - \$50

#### Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page - \$30, ½-page - \$60

### WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

David Anderson, editor  
[danderso@uccs.edu](mailto:danderso@uccs.edu)

The deadline for submissions is the 14<sup>th</sup> of each month.

Use the above contact information for corrections and comments as well.