

# **Member Photos**



Jim Thieme, Linda Cherry, Diane Jones, Nancy Frazier, and Melissa Cholewa atop Raspberry Mountain on 6/17/2016.

(Photo courtesy Nancy Altmansherger)



Ray Bernhardt, Peter Scanlon, Lyn Wareham-Morris, Denise Snow, Leader and Darren Funk-Neubauer, LIT atop Sentinel Pt 12,527 west of Pikes Peak. (Photo courtesy Dean Waits.)



Jim Thieme, Mark Hoffman, Nancy Altmansberger, Debra Kephart, Melissa Cholewa, and Keith Marcantel at Pancake Rocks on 7/1/2016. (Photo courtesy Nancy Altmansberger.)



Nancy Frazier and Carol Gaskill in Crowe Gulch on the way to Crystal Creek Reservoir on 7/15/16. (Photo courtesy Nancy Altmansberger.)

## **Your PPG Council**

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**SESI** – Christie Lee 719-635-2336, christie80905@gmail.com

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Mary Mourar 719-633-2614, marym525@yahoo.com

Interested in serving on the Pikes Peak Group Council? Please contact the Chair.

# **Goings On**

### Mile High Youth Corps Hiring for Fall



We are looking for young adults age 18–24 for our fall forestry season, running from August through November. Earn a paycheck and scholarship while performing trail building and environmental conservation work across southern Colorado! Chainsaw crew members earn an additional S-212 wildland fire equivalency certification. Learn more and apply today!

## CMC - MER Noon Event Aug 5th



Join us Friday, August 5<sup>th</sup> at Mountain Equipment Recyclers, 1024 South Tejon, in Colorado Springs to kick off our month of being the featured nonprofit! There will be free grilled burgers for the first 40 guests (starting at 11:30) and 10% off anything in the store if you mention the Colorado Mountain Club! We will be there over the lunch hour to discuss our programs and volunteer opportunities. There will also be great prizes given away including a free one year individual CMC membership.

For the entire month of August, CMC will receive a percentage of sales in the store. In addition, MER always accepts gear donations on our behalf with 50% of those sales given back!

Stop by August 5<sup>th</sup> and all of August to support us!

# **Upcoming PPG Classes**

#### **PPG ARCPro Intro to Multipitch Concepts Class**

Starts August 9

Students will learn introductory level techniques applicable to climbing multipitch routes, including: preparation, anchors, belaying, cleaning gear, belay transitions, descending, and climbing with a 2-person team. Prerequisites: Students should have basic rock climbing skills, such as taught in our BMS Rock Climbing or the equivalent, to include belaying and climbing communication. Leading skills are not necessary. It is also recommended for participants in this class to take the ARCPro Gear and Anchors Class prior to this class, as we will have you placing trad gear and building trad anchors in this class. This class will be beneficial to anyone looking to climb multipitch routes- to include leaders and followers. The cost for this class is \$75. For more details, please contact Collin Powers or Scott Kime.

#### **Pikes Peak Intro to Mountain Biking Basics**

Starts September 7

Learn the gear, maintenance, safety, and entry level techniques for basic mountain biking. Mountain biking is a great way to enjoy the wilderness with a little more skill and finesse, of getting out for a short outing after work, and for building cardio before a big climb. There will be two classroom sessions and three field sessions for the mountain biking class. The cost is \$60. There are also rental costs if you don't own the gear. The mountain biking classroom dates are 07 and 08 Sep, and the field dates are 10, 17, and 24 Sep. A strong fitness level to go on a full day technical bike ride is required for the field sessions as this will not be casual riding. The field sessions will be progressive in nature to build on skills. For more details, please contact Eric Hunter.

#### **PPG ARCPro Sport Lead Climbing Class**

Starts September 11

This two-day class will teach participants the skills needed to safely lead sport climbs; to include setting up a top-rope anchor, cleaning the anchor and rapping down, along with some more advanced sport climbing skills. On day 1 we will focus on the safety components and transitions of leading sport climbs and cleaning/rapping sport climbs, then on day 2 students will practice leading, will learn movement techniques, how to fall safely (with some practice taking real falls), and advanced leader belaying. It is designed for the climber who has climbed top-rope style, but who would like to advance into being a fully "independent climber" able to put up ropes at the start of a climb, and safely take down ropes at the end of a climb. Prerequisites: Participants are expected to either be graduates of BMS Rock or have experience with good climbing belay skills, good climbing communications, and a good working knowledge of knots and the climber's safety system. Your experience does not need to be extensive, but this is not an introduction to climbing class. The cost for this class is \$75. For more details, please contact Collin Powers or Scott Kime.

#### **Pikes Peak Intro to Technical Canyoneering**

Starts September 14

If you have completed the Intro to Desert Trekking & Canyoneering and Basic Mountaineering School Rock Climbing courses, here is a chance to take those skills to the next level. Come learn the proper gear, safety, and techniques for technical canyoneering. There are many nuances to this environment that should warrant a safe approach such as provided by this class. The course cost is \$130. The classroom session is on 14 Sep. There are two evening field session to cover some basics and evaluate fitness levels scheduled for 15 and 22 Sep. Then we go on a four-day trip to the desert scheduled for 02 Oct through 05 Oct. This year's desert trip is planned for the San Rafael Swell in Utah. A strong fitness level to go on daily full day hikes with scrambling and rappelling on high exposure in hot terrain, squeezing through narrows, and hiking all day in loose sand and deep water is required for the field sessions. The field sessions will be progressive in nature to build on skills. Attendance at the classroom session and local field sessions will be required to attend the Utah trip. Prerequisite: Completion of both BMS Rock Climbing course and Intro to Desert Trekking & Canyoneering course is required! A city parks permit to rock climb is also required and must be obtained prior to the course. For more details, please contact Eric Hunter.

### Pikes Peak Intro to Desert Trekking and Canyoneering

Starts September 21

If you have only been hiking in the high altitude for your spring, summer, and fall there is another world out there. When you have climbed enough peaks to wonder what other environments might be out there, the next step for you may be desert terrain. Come learn the proper gear, safety, and entry level techniques for basic desert trekking and basic canyoneering. There are many nuances to this environment that should warrant a safe approach such as provided by this class. The course cost is \$90. The classroom session is on 21 Sep. There is a one-day field session in Colorado Springs to cover some basics and evaluate fitness levels scheduled for 25 Sep. Then we go on a five-day trip to the desert scheduled for 28 Sep through 02 Oct. This year's desert trip is planned for the San Rafael Swell in Utah. A strong fitness level to go on daily full day hikes with scrambling on moderate exposure in hot terrain, squeezing through narrows, and hiking in loose sand is required for the field sessions. The field sessions will be progressive in nature to build on skills. Attendance at the classroom session and local field session will be required to attend the Utah trip. For more details, please contact Eric Hunter.

# **Upcoming PPG Classes** (continued)

#### **Pikes Peak Trip Leader Training**

Starts September 22

This course provides the necessary training and satisfies part of the requirement of becoming a CMC trip leader for the Pikes Peak Group. (Completion of a Wilderness First Aid course and CPR course are the other requirements of becoming a trip leader.) The classroom sessions are on 22 September and 29 September. The field session on the morning of 2 October will be scheduled as a CMC trip. The cost for this class is \$25. For more details, please contact Paul Schoell.

### **PPG ARCPro Crack Climbing Class**

Starts October 8

This class will focus on crack-climbing techniques for climbing finger to fist-sized cracks, along with touching on chimney and off-width techniques. The class is led by Jes Meiris, our PPG ARC Program Technical Director, assisted by the program directors. We will not be teaching any gear placement or lead climbing in this class; we will focus on climbing techniques while on a top-rope belay. Prerequisites: Students should have basic rock climbing skills, such as taught in our BMS Rock Climbing or the equivalent, to include belaying and climbing communication. Leading skills are not necessary. The cost for this class is \$75. For more details, please contact Collin Powers or Scott Kime.

#### **PPG ARCPro Self Rescue Class**

Starts October 18

Ever wondered how you might react if your climbing partner were injured? What about if you were injured? Would you be able to get down safely as a team? In the PPG ARCPro Self-Rescue Class, you will learn tips and techniques to deal with unpleasant situations in the mountains. Whether you are an alpine climber seeking endless ridgelines, looking to break into multipitch ice this year, or a seasoned rock climber with regular days at our local crags, this course is for you! The Self Rescue Class offered by Pikes Peak Group is a key element of our Advanced Rock Climbing Program. Students are given the skills, along with practice, to deal with many of the situations that can occur in a climbing scenario. This class does not deal with any of the medical components and implications of an injury-based rescue; that is far beyond the scope of the program. This class teaches participants the safety components and transitions that can assist a climbing team to extricate themselves from a number of situations. The class is led by ARC Pro Technical Director, Jes Meiris, who climbs, guides and teaches for a living. The cost for this class is \$95. For more details, please contact Collin Powers or Scott Kime.

#### Pikes Peak WFA (Wilderness First Aid)

Starts October 22

This two-day, sixteen-hour ECSI accredited course consists of instruction devoted to medical evaluation and treatment in the wilderness setting where definitive medical care is not readily available. Day one consists of classroom presentations and practicals on the variety of situations you might encounter in the backcountry and wilderness areas. Day two continues with a short classroom presentation followed by almost a full day of practical, hands-on training in the field. This course satisfies a requirement for trip leaders. The sessions are on Saturday 22 Oct and Sunday 23 Oct from 8:00 am to 3:00 pm. A comprehensive textbook and a field guide are included and you will receive your WFA card. **Note:** This course does not teach CPR, which is taught in a separate two-hour class (with separate sign up required) at the same location right after the completion of the WFA course. The cost for this course is \$70. For more details, please contact Paul Schoell.

Pikes Peak CPR Training October 23

Knowing CPR can be life-saving! Did you know the number four cause of death in the backcountry is heart attack? If you never had CPR training or it's been a while, this two-hour American Heart Association accredited training is for you. It includes the latest classroom instruction and hands-on training in CPR/AED for the Adult/Child/Infant (chocking conscious and unconscious). This class satisfies a requirement for trip leaders. A CPR card good for two years will be issued upon completion. The cost for this class is \$25. For more details, please contact Paul Schoell.



To register for classes or trips, go to www·cmc·org





## **August PPG Trips**

**Mt Ouray (13971 ft)** Friday, 8/5/2016 Moderate C

Leader: Darren Funk-Neubauer, 719-597-2397, darren.funkneubauer@csupueblo.edu

Trail Mileage 6, Elevation Gain 3275, Driving Distance 230. Location: Meeting location will depend on participants and be announced closer to the trip. Trip leader lives in Colorado Springs. Details: Mt Ouray is the 58<sup>th</sup> highest peak in Colorado and offers great 360° views of all the major mountain ranges in Colorado. We will follow the Class 2 West Ridge route as described on 14ers.com. The hike begins from the Marshall Pass trailhead located about 19 miles from Poncha Springs (junction of US 50 and 285). Note that Mt Ouray is nowhere near the town of Ouray. Notes: We will drive down on Friday afternoon and camp near our vehicles at the trailhead for an early morning start on Saturday. Participants must have tents (or the ability to sleep in their vehicles), and be self-sufficient campers. Recent experience hiking Class 2 routes on 13ers or 14ers is required for this trip. Please ask if you are not sure if this trip is appropriate for you.

**Leader's Choice 13er** Saturday, 8/6/2016 Moderate B

Leader: Christie Lee, 719-243-1821, Christie80905@gmail.com

Trail Mileage 7. Details: Contact leader at least two days prior to the trip.

Runs-Down-Fast Mtn 11,048, Pt 11,639, Mt Almagre Loop 12,367 Saturday, 8/6/2016

Difficult D

Leader: Eric Hunter, 719-273-1018, ehunter67@yahoo.com

Trail Mileage 16, Elevation Gain 5000. Location: Cheyenne Cañon, Colorado Springs, CO. Details: This is a strenuous loop hike from the hub parking lot in Cheyenne Cañon. We will hike up Seven Bridges Trail to Trail 720 to the Forester Trail. Then we will hike off trail up the face of Runs-down-fast Mountain and summit. From there we will hike across the west ridge and up to unnamed Point 11,639 and summit, then across the southwest ridge and up to Mount Almagre. From here we will hike down the secondary trail paralleling North Cheyenne Creek and cross the Forester Trail and come down the Pipeline Trail and Seven Bridges Trail. There are many wonderful views of Cheyenne Cañon, historical sites, and The Springs throughout this trip.

### **Glacier National Park Backpack**

Sunday, 8/10/2016

Difficult D

Leader: Donna Gail Schneider, 719-685-4700, donnagail@mesanetworks.net

Trail Mileage 89, Elevation Gain 18,643, Driving Distance 2072. Details: Glacier National Park, one of the natural wonders of the world, is best known for its carved jagged peaks, emerald lakes, diverse plants, abundant wildlife, and beautiful valleys. We will be hiking through some of Glacier's most scenic areas during this 89-mile, 9-day trek. The hike will be strenuous with a total elevation gain of 18,643 ft and loss of 14,283 ft. Multi-day backpacking experience and adequate fitness level is required. Pace will be moderately slow to keep the group together and safe from wildlife encounters. We will pack food for the first two nights only and stage a vehicle at an overlook with food supplies for 6 days. The 3<sup>rd</sup> night we will camp at Many Glacier and enjoy a restaurant dinner, breakfast the following morning, and a nice warm shower to prepare and rejuvenate us for the next 6 days of our wilderness adventure. This is *not* a CMC adventure trip. Leader and participants will pay their own costs. Approximate cost of trip is \$400. Does not include gas, food, or incidentals. Participants provide own transportation or arrange carpool with other participants. Leader will be driving to N. Dakota to visit family, post Glacier.

Sentinel Point Friday, 8/12/2016 Moderate C

Leader: Nancy Altmansberger, 719-471-9549

Trail Mileage 12, Elevation Gain 2800, Driving Distance 70. Details: From Horsethief Park we will hike to the Sentinel Point Ridge. We will have great views but no Class C scrambling. CMC members only. A limited number of well-behaved, friendly dogs are welcome. Please register with leader by phone.

**Leader's Choice 13er** Saturday, 8/13/2016 Moderate B

Leader: Christie Lee, 719-243-1821, Christie80905@gmail.com Details: Contact leader at least two days prior to the trip.

Pitkin Lake HikeSaturday, 8/13/2016Moderate B

Leader: Denise Snow, 719-687-9576, denisedansnow@q.com

Trail Mileage 10, Elevation Gain 3000. Location: We will start at the Pitkin Creek TH near exit 180 off of I-70 in Vail. Details: Although the trail to Pitkin Lake is steep and slippery with dry silt and "ball-bearing rocks" in places, the scenery is stunning. Two beautiful waterfalls entice you along a winding trail that leads to Pitkin Lake, set against a dramatic backdrop of glacier carved granite.

## **August PPG Trips** (continued)

**Democrat, Lincoln, and Bross** 

Saturday, 8/13/2016

Moderate D

Leader: Debbie Sheinman, 719-635-7720, sheindk@yahoo.com

Trail Mileage 7, Elevation Gain 3600, Driving Distance 200. Location: *Please note:* I will be camping at Kite Lake Campground the night before this hike. If you wish to come with me and camp at Kite Lake, please let me know before the hike. Democrat, Lincoln, and Bross are near Alma, Colorado in the Ten Mile Mosquito Range. We'll begin our hike at Kite Lake Campground at 6:00 am. We'll hike up Democrat's East Ridge Route, taking the trail north to the remains of the Kentucky Belle Mine. From there we'll continue up the increasingly rocky trail to the sadde between Democrat and Cameron at about 13,380 feet. We'll continue up through the boulder field heading west, past some old mine ruins to the summit. After a very short summit stop, we'll return to the saddle via the same trail heading east toward Cameron. We will again encounter a rocky trail which at first has many switchbacks and then follows a ridgeline. If time and weather allow, participants may want to hike up to Cameron's hight point. From there we'll continue on to Lincoln traveling via a very wide saddle at about 13,860 ft. We'll hike up through the rocks (involving a bit of scrambling) to Lincoln's summit. After a summit stop on Lincoln, we'll retrace our route to the saddle between Cameron and Lincoln. From there we'll turn south to Bross hike the old road/trail to Bross's very wide summit. We'll return to Kite Lake via the scree-filled trail, switchbacking down the ridge to the south and west. Please prepare for this hike by completing some other high altitude hikes beforehand. Details: For those of you who wish to drive up to the trailhead the day of the hike, you will need a four wheel drive vehicle to reach Kite Lake Trailhead. Directions are listed on the cmc.org site. Register with leader.

Hizer Trail to Barr Trail Saturday, 8/20/2016 Moderate B

Leader: Christie Lee, 719-243-1821, Christie80905@gmail.com

Trail Mileage 8.2. Details: Contact leader at least two days prior to the trip.

Goodwin Lakes Backpack Saturday, 8/20/2016 Moderate C

Leader: Eric Hunter, 719-273-1018, ehunter67@yahoo.com

Trail Mileage 10, Elevation Gain 2500. Details: Come enjoy an overnight to one of the more exceptional canyons in the Eastern Sangre de Cristos. We will hike up the Rainbow Trail from the Commanche/Venable TH and on up the Goodwin Lake Trail past abandoned and active beaver ponds and up to the first lake. We will find a good spot to camp overnight below Eureka Peak.

Stanley Canyon Friday, 8/26/2016 Moderate B

Leader: Nancy Altmansberger, 719-471-9549

Trail Mileage 6, Elevation Gain 1500. Details: From the Air Force Academy, we will hike into Pike National Forest, up rugged Stanley Canyon, through the meadows, and on to the reservoir. This is a fun and pretty hike. CMC members only. A limited number of well-behaved, friendly dogs may come on a first come, first served basis. Please register with leader by phone.

**Leader's Choice 13er** Saturday, 8/27/2016 Moderate B

Leader: Christie Lee, 719-243-1821, Christie80905@gmail.com Details: Contact leader at least two days prior to the trip.

Gold Camp Path, Mt Kineo, Seven Bridges, Columbine Trail Loop Saturday, 8/27/2016

Difficult D

Leader: Eric Hunter, 719-273-1018, ehunter67@yahoo.com

Trail Mileage 17, Elevation Gain 4000. Location: Cheyenne Cañon, Colorado Springs, CO. Details: This is a loop hike connecting Gold Camp Path to an unnamed secondary trail, to the Penrose Trail, to High Drive, then another unnamed secondary trail above Bear Creek to the Buckhorn cutoff, up Cap'n Jacks to Mt Kineo, over Mt Kineo, then down Seven Bridges and down the Columbine Trail. The secondary trails involve some bushwhacking and dropoffs on loose scree slopes. Wonderful views of Cheyenne Cañon, Bear Creek, and The Springs throughout this trip.

Mays Peak Lollipop Saturday, 8/27/2016 Moderate B

Leader: Y Mason, youdew@aol.com

Trail Mileage 9, Elevation Gain 2100. Location: Mays Peak is located within North Cheyenne Canyon. Details: Specific meetup and hike details will be emailed to registered hikers a few days prior to the hike. Bushwhacking on *steep* terrain will be involved. Notes: *Moderate* pace overall, however the pace could become more "one foot in front of the other" especially while bushwhacking up steep terrain. Highly encourage bringing lots of water, snacks/edibles, a first aid kit, sun protection, and rain gear along with other items that will keep you comfortable. The canyon can be quite warm. For those who have knees that can be uncooperative during hiking adventures, hiking poles are encouraged. *Be prepared* for anything.

## August PPG Trips (continued)

Lovell Gulch Trail Project #7

Saturday, 8/27/2016

Moderate

Leader: Thomas Mowle, 719-216-3932, tommowle@yahoo.com

Trail Mileage 1.5, Elevation Gain 200. Location: North of Woodland Park. Details: Trail work. Open to the public. Ages 16+; under 18 must be accompanied by parent/guardian. Bring your lunch. The Pikes Peak Group is continuing to help the National Forest with maintenance on Lovell Gulch Trail #706 near Woodland Park. This year we will be working on the area around the main stream crossing, and some eroding slopes on the "stem" of the trail. At the final workday, we will be doing restoration work. Volunteers will have about a ¾-mile hike to the work area, carrying tools. Volunteers must bring work clothes and gloves, water, snacks, sunscreen, and hat. If you are a CMC member, please log on to register. Once the project is full, we will not be able to accommodate any additional volunteers unless additional leaders/tools are recruited. This is for safety's sake—to retain a safe crew leader to volunteer ratio—and due to the number of tools available. Please cancel if needed to make room for others, and join the wait list if the trip is full. Notes: Additional workday on 9/17.

**Pikes Peak from Crags** 

Sunday, 8/28/2016

Moderate D

Leader: Paul Kozlowski, 719-684-9408, paul.kozlowski@hotmail.com

Trail Mileage 14, Elevation Gain 4100, Driving Distance 60. Details: Let's hike from Crags Trailhead to Devil's Playground to Pikes Peak summit, all on trail. Great photo opportunities plus World-Famous Donuts available at summit. Return by same route. Moderate pace with stops. *No rabbits!* High-altitude conditioning required. Register with leader.

## **A-Frame Maintenance**



A great big *thanks* to Bob Hostetler and Mike Beeson for doing some cleanup at the A-Frame. They picked up several bags of trash and also did some reconnaissance on its condition to set the stage for work to be done in the future.

# Pikes Pique

August 2016 | No. 226

Pikes Pique is the monthly newsletter of the Pikes Peak Group of the Colorado Mountain Club. It is a forum for enhancing skills for backcountry travel in the Colorado mountains and communicating information, news, and upcoming events to members and interested parties.

The purpose of the CMC is to unite the energy, interest, and knowledge of the students and lovers of the mountains of Colorado; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature, art, recreation; to stimulate public interest in our mountain areas; to encourage the preservation of flora, fauna, and natural scenery; and to render readily accessible the alpine attractions of this region.

#### PIKES PEAK GROUP CONTACT INFORMATION:

CMC Pikes Peak Group P.O. Box 2435 Colorado Springs, CO 80901 cmcppg@yahoo.com cmc.org/About/CMCGroups

### CLASSIFIED ADVERTISING

#### Members:

- Text: \$2 per line, \$10 minimum
- Ads: ¼-page \$25, ½-page \$50

#### Non-members:

- Text: \$3 per line, \$15 minimum
- Ads: ¼-page \$30, ½-page \$60

#### WE WANT TO HEAR FROM YOU!

Have a fun story or trip you want to share? Please submit your articles, along with pictures, to be considered for publication in the next *Pikes Pique* newsletter.

Please send to:

David Anderson, editor danderso@uccs.edu

The deadline for submissions is the 14<sup>th</sup> of each month.

Use the above contact information for corrections and comments as well.